

Table S5: Summary of disaggregated RA-related health resource use and costs (£) for participants fulfilling the per-protocol criteria (providing full complete-cost data).

	RLC		NLC	
	Mean no. (SD)	Mean cost (SD)	Mean no. (SD)	Mean cost (SD)
Clinic visits	5	£198.24 (51.44)	5	£155.91 (68.71)
X-Rays	1.08 (1.30)	£59.34 (71.72)	1.10 (1.28)	£60.37 (70.53)
Ultrasound scans	0.07 (0.25)	£3.62 (13.73)	0.10 (0.34)	£5.37 (18.56)
Bone density scans	0.12 (0.33)	£9.24 (25.37)	0.07 (0.31)	£5.71 (23.83)
MRIs	0.04 (0.20)	£6.87 (34.11)	0.02 (0.22)	£4.24 (38.43)
Joint steroid injections	0.84 (1.12)	£1.78 (2.36)	0.56 (0.89)	£1.18 (1.88)
IM steroid injections	0.54 (0.81)	£6.34 (9.49)	0.48 (0.85)	£5.59 (9.99)
Physiotherapist visits	0.70 (2.12)	£17.26 (49.43)	1.06 (2.81)	£26.50 (63.98)
Occupational therapist visits	0.74 (3.12)	£32.42 (137.15)	0.77 (1.95)	£33.80 (85.88)
Podiatrist visits	0.13 (0.50)	£2.32 (8.29)	0.21 (0.66)	£3.49 (10.50)
Dietician visits	0.01 (0.12)	£0.23 (2.01)	0.01 (0.11)	£0.21 (1.93)
Social worker visits	0.01 (0.12)	£1.20 (10.44)	0.01 (0.11)	£1.11 (10.05)
Appliance officer visits	0.03 (0.16)	£1.16 (7.09)	0.06 (0.33)	£2.68 (14.42)
Orthopaedic surgeon visits	0.13 (0.47)	£5.59 (20.05)	0.11 (0.45)	£4.66 (18.90)
Other consultant visits	0.25 (0.68)	£10.44 (28.21)	0.28 (0.65)	£11.71 (27.27)
GP visits	0.83 (1.05)	£29.01 (36.77)	0.45 (0.89)	£15.79 (31.19)
Hospital inpatient stay days	0.66 (2.32)	£408.93 (1444.61)	0.35 (1.72)	£219.83 (1067.14)
No. of day-case admissions	0.29 (1.45)	£123.12 (616.63)	0.17 (0.63)	£72.62 (265.71)
A&E visits	0.11 (0.53)	£9.79 (49.40)	0.07 (0.47)	£6.80 (43.30)
Cost of non-Biologic DMARDs	-	£171.58 (305.48)	-	£123.38 (266.86)
Cost of Biologic DMARDs	-	£603.83 (1825.60)	-	£931.10 (2376.02)
Cost of Analgesics	-	£16.20 (32.89)	-	£11.83 (27.28)
Cost of NSAIDs	-	£23.83 (47.81)	-	£28.68 (50.78)
Cost of OTC medications	-	£19.59 (48.84)	-	£10.86 (33.16)
Cost of daily living aids	-	£23.96 (176.40)	-	£10.79 (58.41)
Cost of special foods	-	£3.09 (18.90)	-	£0.88 (4.61)
Cost of clinic travel expenses	-	£6.09 (22.92)	-	£1.60 (5.08)
Cost of private health care	-	£35.83 (152.77)	-	£38.82 (299.08)

RLC = Rheumatologist-led clinic; NLC = Nurse-led clinic
SD = Standard deviation