

Table S2: Interventions and events by group

Type of interventions	RLC		NLC		Risk Ratio (95% CI)	Overall Effect	
	Events	Total possible*	Events	Total possible*		Z	P-value
Change of medicines	86	320	53	345	0.58 (0.43, 0.79)	3.44	0.0006
Change into Biologics	8		3				
Dosage changes	58	320	30	345	0.52 (0.34, 0.79)	3.08	0.0020
Intra-articular injections	35	256	27	276	0.82 (0.50, 1.35)	0.77	0.4400
Intra-muscular injections	30	256	24	276	0.73 (0.45, 1.19)	1.25	0.2100
Radiographic investigations	62		39				
Non-protocol bloods	59	320	65	345	1.02 (0.74, 1.40)	0.11	0.9100
Referral to physiotherapy	16	320	20	345	1.21 (0.62, 2.39)	0.56	0.5800
Referral to occupational therapy	8	320	16	345	1.74 (0.76, 3.96)	1.31	0.1900
Referral to podiatry	18	320	16	345	0.89 (0.37, 2.14)	0.26	0.8000
Conferrals	23	320	80	345	2.92 (1.77, 4.83)	4.18	<0.0001
Referral to other consultants	9	320	6	345	0.58 (0.11, 3.11)	0.64	0.5200
Giving patient education	93	320	170	345	1.76 (1.15, 2.69)	2.62	0.0090
Giving psychosocial support	56	320	202	345	3.29 (2.55, 4.24)	9.20	<0.0001
Visit to A&E	8		6				
Visit to the GP	64		40				
Unplanned hospital admissions	7		5				
Death	0		0				

RLC = Rheumatologist-led clinic; NLC = Nurse-led clinic

*Based on patients who attended all 5 consultations