

Table S2: Back pain-related resource use per patient, by treatment and risk group, for patients providing utilisation data at 12-months (n=567). Values are mean (sd) number of consultations/tests unless stated otherwise.

Health care resource	Resource use (units)	
	Intervention	Control group
Low risk	n = 97	n = 47
Study back pain clinic and physiotherapy	1.41 (1.7)	2.98 (2.9)
Primary care general practitioner	0.44 (1.1)	0.63 (1.4)
Primary care nurse	0.00 (-)	0.02 (0.1)
NHS consultant	0.03 (0.2)	0.08 (0.3)
Private consultant	0.06 (0.5)	0.02 (0.1)
NHS diagnostic tests	0.08 (0.3)	0.02 (0.1)
NHS epidural injections	0.00 (-)	0.00 (-)
Private diagnostic tests	0.01 (0.1)	0.00 (-)
Private epidural injections	0.01 (0.1)	0.00 (-)
NHS (non-study) physiotherapy	0.49 (2.2)	0.30 (0.9)
Private physiotherapy	0.01 (0.1)	0.10 (0.6)
NHS 'other' health care professional	0.00 (-)	0.00 (-)
Private 'other' health care professional	0.11 (0.8)	0.15 (0.6)
Prescribed medication ^a	19 (20)	7 (15)
'Over-the-counter' treatments ^a	45 (46)	24 (51)
Medium risk	n = 175	n = 87
Study back pain clinic and physiotherapy	4.71 (2.2)	4.21 (2.8)
Primary care general practitioner	0.98 (1.9)	1.39 (2.1)
Primary care nurse	0.06 (0.4)	0.10 (0.5)
NHS consultant	0.20 (0.6)	0.23 (0.7)
Private consultant	0.03 (0.2)	0.05 (0.3)
NHS diagnostic tests	0.13 (0.4)	0.34 (0.9)
NHS epidural injections	0.01 (0.1)	0.00 (-)
Private diagnostic tests	0.00 (-)	0.01 (0.1)
Private epidural injections	0.00 (-)	0.00 (-)
NHS (non-study) physiotherapy	0.45 (1.8)	1.17 (2.5)
Private physiotherapy	0.04 (0.3)	0.33 (1.6)
NHS 'other' health care professional	0.05 (0.6)	0.16 (1.1)
Private 'other' health care professional	0.44 (2.1)	0.15 (1.1)
Prescribed medication ^a	80 (46)	35 (40)
'Over-the-counter' treatments ^a	93 (53)	47 (54)

High risk	n = 114	n = 47
Study back pain clinic and physiotherapy	5.18 (2.1)	4.79 (3.9)
Primary care general practitioner	1.78 (2.6)	0.79 (2.3)
Primary care nurse	0.31 (1.5)	0.23 (0.8)
NHS consultant	0.42 (1.2)	0.43 (1.0)
Private consultant	0.05 (0.3)	0.04 (0.2)
NHS diagnostic tests	0.22 (0.6)	0.19 (0.4)
NHS epidural injections	0.03 (0.2)	0.04 (0.02)
Private diagnostic tests	0.01 (0.1)	0.00 (-)
Private epidural injections	0.00 (-)	0.02 (0.1)
NHS (non-study) physiotherapy	0.90 (2.2)	1.93 (3.7)
Private physiotherapy	0.13 (1.0)	0.14 (0.7)
NHS 'other' health care professional	0.08 (0.7)	0.17 (1.2)
Private 'other' health care professional	0.18 (1.1)	0.13 (0.9)
Prescribed medication ^a	59 (52)	25 (53)
'Over-the-counter' treatments ^a	57 (50)	27 (57)

^a The number (percentage) of participants reporting usage within the out-of-pocket and prescribed medication categories are given, instead of mean (sd) items/prescriptions, because of the inability to distinguish between multiple purchases and/or prescriptions.