

Table S1: Details of the unit costs assigned to health care resource use data and periods of work absence collected at 12-month follow-up^a

Health care resource	Unit Cost (£)	Unit Cost Source
Study back pain clinic and physiotherapy:		
Initial clinic session (30 minutes)	21.50	Reference 23: Section 7.1
First post-clinic session: high-risk 'intervention' group (1 hour)	43.00	Reference 23: Section 7.1
First post-clinic session: all other patients (45 minutes)	32.25	Reference 23: Section 7.1
Follow-up sessions: high-risk 'intervention' group (45 minutes)	32.25	Reference 23: Section 7.1
Follow-up sessions: all other patients (30 minutes)	21.50	Reference 23: Section 7.1
Primary care contacts:		
General Practitioner: surgery consultation	31.00	Reference 23: Section 8.8(b)
General Practitioner: home visit	105.00	Reference 23: Section 8.8(b)
Practice Nurse: surgery consultation	11.00	Reference 23: Section 8.6
Practice Nurse: home visit	20.00	Reference 23: Section 8.6
'Other' health care professional: surgery consultation	16.00	Reference 23: Section 8.7
Hospital-based care		
Consultant: back pain first attendance	124.00	Reference 24: Trauma & Orthopaedics
Consultant: back pain follow-up	103.00	Reference 24: Pain Management
Consultant: 'other' first attendance	190.00	Reference 24: General Medicine
Consultant: 'other' follow-up	130.00	Reference 24: General Medicine
Diagnostic tests: x-ray	31.99	Reference 25 ^c
Diagnostic tests: CT scan	100.00	Reference 24: currency code RA08Z
Diagnostic tests: MRI scan	179.00	Reference 24: currency code RA01Z
Diagnostic tests: blood test	17.28	Reference 26 ^c
Epidural injections	204.57	Reference 27: speciality code OPEPI1 ^c
Other health care professionals: ^b		
First consultation	38.00	Reference 24: Adult Physiotherapy
Follow-up consultation	27.00	Reference 24: Adult Physiotherapy

Out-of-pocket treatments	Patient reported costs	<i>Not applicable</i>
Prescribed medication	Patient-specific	<i>Not applicable</i>
Periods of work absence	Patient-specific	<i>Not applicable</i>

- ^a Study back pain clinic consultations were the exception; these were identified from an audit of physiotherapy service databases. Unit costs are per visit/test unless otherwise stated. In the base-case analysis, private care was costed as the NHS equivalent. No back pain-related inpatient stays were reported in the 12-month postal questionnaires.
- ^b Hospital-based or private practice, e.g. physiotherapy, acupuncture, osteopathy etc.
- ^c Unit cost estimates prior to 2008/09 were inflated using the Health Service Cost Index.²³