

Appendix 3. Tables

Table Determination of level of evidence

Category	Evidence
1A	From meta-analysis of randomized controlled trials
1B	From at least one randomised controlled trial
2A	From at least one controlled study without randomisation
2B	From at least one type of quasi-experimental study
3	From descriptive studies, such as comparative studies, correlation studies, or case control studies
4	From expert committee reports or opinions and/or clinical experience of respected authorities

Table Strength of recommendation

Strength	Directly based on
A	Category 1 evidence
B	Category 2 evidence or extrapolated recommendations from Category 1 evidence
C	Category 3 evidence or extrapolated recommendations from Category 1 or 2 evidence
D	Category 4 evidence or extrapolated recommendations from Category 2 or 3 evidence