Correspondence on 'The use of tocilizumab and tofacitinib in patients with resolved hepatitis B infection: a case series'

We read with great interest the article 'The use of tocilizumab and tofacitinib in patients with resolved hepatitis B infection: a case series' by Serling-Boyd *et al.*¹ In this article, the authors conducted a retrospective study and examined the safety of tocilizumab (TCZ) and tofacitinib (TOF) in patients with resolved hepatitis B virus (HBV) infection defined as HB surface antigen (HBsAg)-negative, HB surface antibody (HBsAb)-positive and/or HB core antibody (HBcAb)-positive status. According to the authors, none of the patients developed HBV reactivation, leading to the conclusion that TCZ and TOF may be safely used in patients with resolved HBV infection.¹ HBV reactivation can potentially cause de novo hepatitis B associated with a high mortality rate.² Thus, this study is clinically relevant and reduces our anxiety regarding the management of HBV. However, we have several concerns about this report.

First, as acknowledged by the authors, it is difficult to draw any definitive conclusions owing to the small number of cases (N=20). In fact, we have encountered patients with rheumatoid arthritis who experienced HBV reactivation while receiving TCZ or TOF treatment.³ We and other groups have shown that, essentially, all types of biological or targeted synthetic disease-modifying antirheumatic drugs (b/tsDMARDs) are associated with a risk of HBV reactivation.^{3–5} Although the reported incidence of HBV reactivation in patients with resolved HBV infection who were treated with b/tsDMARDs is at most 5%–10%,^{3–5} careful monitoring of HBV-DNA is required in these patients.

Second, patients with chronic hepatitis B (HBsAg-positive) who are prescribed b/tsDMARDs often receive concomitant treatment with antiviral drugs. However, there is paucity of evidence regarding the prophylactic administration of antiviral drugs in patients with resolved HBV infection who are treated with b/tsDMARDs. In this study, antivirals were prescribed for a quarter of patients with resolved HBV infection.¹ Further studies are required to verify the cost-effectiveness of prophylactic administration of antivirals.

Third, the authors described that HBV-DNA or HBsAg were reassessed in 88% patients in the TCZ group and 75% patients in the TOF group after treatment initiation, meaning that HBV-DNA was not monitored in all patients with resolved HBV infection.¹ Three-quarters of people previously exposed to HBV reside in the Asia-Pacific region,⁶ while the estimated prevalence of HBV infection in North America is less than 2%.⁷ Therefore, screening and monitoring for HBV reactivation should be more stringently performed in Asia. We have extensively worked on HBV infection in various rheumatic diseases,^{8–10} and recently proposed a multidisciplinary approach for prevention of HBV reactivation and subsequent de novo hepatitis B.³ The multidisciplinary team consists of medical staff (doctors, nurse, pharmacists and technicians) as well as personnel from the medical safety promotion office and medical information management office; monitoring of HBV screening and HBV-DNA testing is performed every 2 weeks. This approach has helped improve the HBV screening rate dramatically.³ Although the cost-effectiveness remains unclear, we believe that these efforts are important, particularly in the Asia-Pacific region.

Despite several limitations, this article successfully raised awareness of HBV reactivation. Drugs with novel mechanisms of action are rapidly emerging in the field of rheumatology. HBV reactivation should always be kept in mind in patients with chronic and resolved HBV infection.

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