Response to: 'On using machine learning algorithms to define clinically meaningful patient subgroups' by Pinal-Fernandez and Mammen

We have read with interest the comment from Pinal-Fernandez and Mammen in which they question the statistical clustering methods based on unsupervised learning analyses to define clinically meaningful patient subgroups.¹ Pinal-Fernandez and Mammen base their arguments on the production of an analysis according to this methodology made on a random simulated data set that would highlight the formation of three clusters, in fact arbitrary.

It is important to point out that the example which forms the basis of their argument is ill-chosen because it shows a misguided use of this type of technique. Indeed, before applying a clustering method to a data set, good practice recommendations must be followed.²

- ▶ First of all as with any experiment, one should ask the question of the clinical and/or scientific relevance of the research. Obviously, wanting to classify a completely random simulated data set has no interest. On the other hand, if we take the case of myositides, proposing an intra-syndromic classification justified by 50 years of medical literature and debate³ is obviously much more relevant.
- ▶ Since clinical relevance may not always be obvious, there are statistical tools that make it possible to judge whether statistical groupings are appropriate.² Bartlett's spherical test proposes an overall measure based on a statistical approach. This test will not predict the existence of an interesting partition but at least, it will indicate whether it seems appropriate to aggregate this information. Here if we use the simulation experiment proposed by Pinal-Fernandez and Mammen on a large number of times (eg, 10 000), Bartlett's test will not reject the null hypothesis in 95% of cases, and therefore the reason would have led them not to apply a clustering method on this data set.

Nevertheless, the comment of Pinal-Fernandez and Mammen has the merit to highlight the very real problem of the optimal number of clusters, underpinned by the fact that there is no straightforward definition of what a cluster is. This problem is well known as the elbow phenomenon and attempts to deal with it are well documented.⁴ The general principle of selecting this optimal cluster number is to measure a classification error and calculate it in relation to the proposed number of clusters. There are 'global' methods which determine the total performance of the classification and the so-called 'local' methods which work on cluster pairs and which make it possible to judge whether

they are justified. The idea here is not to compile a catalogue of these different methods and their advantages and disadvantages but rather to say that a user accustomed to these methods knows this problem and has a large number of tools to apprehend it.⁵

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