

Need for consensus guidelines to standardise the assessment of germinal centres and other histopathological parameters in salivary gland tissue of patients with primary Sjögren's syndrome

We have read with great interest the letter to the editor by van Roon *et al*¹ commenting on our paper 'Towards personalised treatment in primary Sjögren's syndrome: baseline parotid histopathology predicts responsiveness to rituximab treatment'.² The authors argue that there is a need for standardisation of the histopathological characteristics of salivary gland tissue of patients with primary Sjögren's syndrome (pSS), in general, and of the presence of germinal centres (GCs), in particular.

We fully agree with van Roon *et al*¹ and other authors about the need for consensus guidelines to standardise the histopathological evaluation of salivary gland biopsies in patients with pSS.³ A standardised scoring system may facilitate prognostication and stratification of patients with pSS and is needed for a valid evaluation of various clinical trials.³ In particular, histological definition of GCs in salivary gland tissue is warranted, since these structures can be difficult to detect in diagnostic H&E-stained tissue sections. Detection of GCs in the periductal lymphoid infiltrates of the salivary glands is clinically relevant, because the presence of these structures is associated with more severe disease.⁴ Importantly, the presence of GCs in minor salivary gland biopsies has been postulated to be a predictor of patients who are at risk of lymphoma development.^{5 6} It has to be mentioned, however, that recently, we were not able to confirm these findings for a larger number of mucosa-associated lymphoid tissue (MALT) lymphomas in parotid glands of patients with pSS (Haacke *et al*, unpublished data).

In our study, we defined GCs in H&E-stained sections as lighter areas within the lymphoid infiltrate composed of both lymphoid cells (centrocytes, centroblasts) and cells with a non-lymphoid nature (macrophages and follicular dendritic cells (FDCs)) (figure 1A).¹ Furthermore, the GCs were scored

independently by two experienced pathologists. For the inexperienced eye, GCs may be overlooked, because of their small size, or lighter areas within the infiltrate may erroneously be scored as GCs, while in fact they represent lymphoepithelial lesions. For proper and easy detection of GCs, also by less-trained persons, additional immunohistochemical staining might be helpful. Therefore, we propose to stain for B-cell lymphoma 6 (Bcl-6) to define and identify GCs. Bcl-6 is a transcription factor expressed at high levels by GC B-cells. Like GCs in peripheral lymphoid organs, GCs in salivary glands of patients with pSS are also consistently positive for Bcl-6.⁵ As shown in figure 1B, staining for Bcl-6 allows the easy and unequivocal detection and scoring of GCs in salivary gland biopsies, both in minor and major (parotid) salivary glands. Implementation of Bcl-6 staining is relatively easy, since it is routinely used in pathology laboratories worldwide for the diagnosis of lymphomas.⁷ Other markers, as proposed by Fisher *et al*³ and van Roon *et al*,¹ are less specific and less suitable to detect GCs in routine diagnostics. For example, activation-induced deaminase, an enzyme essential for the function of GCs B-cells, is expressed only by a minority of GCs B-cells in minor salivary glands of patients with pSS,⁵ which may make GCs harder to detect. The long isoform of CD21 (CD21L) has also been suggested for detection of GCs. CD21L is expressed by FDCs. However, although FDCs are a prerequisite for GC function and development, the presence of these cells does not necessarily imply that GCs are present. Indeed, ectopic lymphoid infiltrates in salivary gland tissue of patients with pSS can contain FDC networks in the absence of GCs.^{8 9} Staining for the CD21L may therefore result in an overestimation of the number of GCs present in salivary gland tissue.

In our study we observed a relative high proportion of the parotid salivary gland biopsies presented with GCs at baseline—67% and 68% of patients in the placebo-treated and rituximab-treated groups, respectively.² These are relatively high percentages compared with the general pSS population, in which approximately one-quarter of the minor salivary gland biopsies exhibit GCs.⁴ The reason for this high baseline characteristic can be attributed to the inclusion criteria of our study. In our study, the patients with pSS were all positive for anti-SSA antibodies and

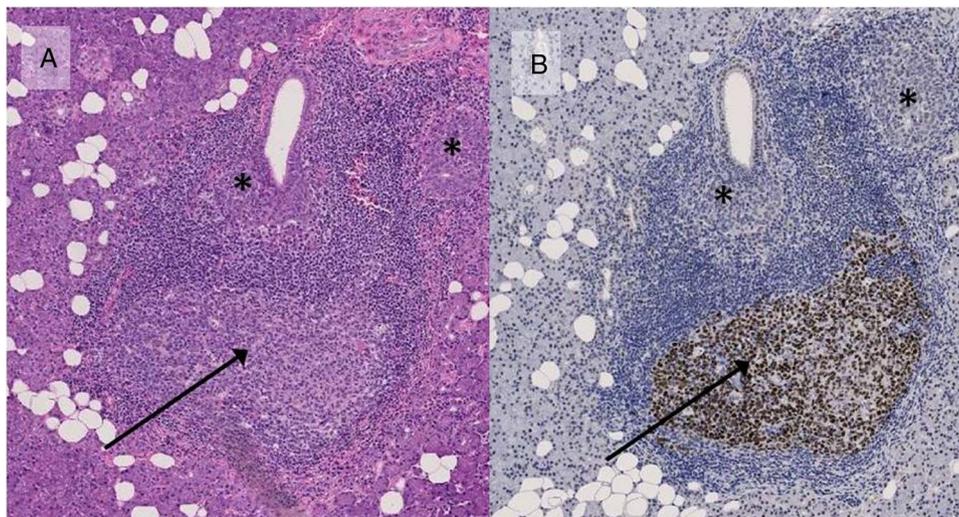


Figure 1 Images showing serial paraffin sections of a parotid gland biopsy of a patient with primary Sjögren's syndrome (pSS) stained with H&E (A) and for Bcl-6 (B). A clearly visible germinal centre (GC) (indicated with an arrow) is seen in the periductal infiltrate. Asterisks indicate lymphoepithelial lesions.

had high systemic activity, as indicated by the relatively high European League against Rheumatism Sjögren's Syndrome Disease Activity Index scores.¹⁰ Indeed, presence of GCs in minor salivary glands has been associated with more severe disease, including systemic proinflammatory mediators and anti-SSA antibodies.⁴ A second explanation for the high number of GCs at baseline might be related to histopathological differences between minor and parotid salivary gland biopsies. Although a previous study in a small cohort of patients with pSS (n=30) did not report a difference in numbers of GCs,¹¹ it remains possible that there are more and/or larger GCs in parotid gland biopsies compared with minor salivary glands. Apparently, there is a petition for larger studies focusing on the inherent differences in the histopathological characteristics of parotid and minor salivary gland tissue in both patients with pSS and healthy controls.

In summary, in agreement with van Roon *et al*,¹ we would also like to emphasise that there is a need for consensus guidelines to standardise the evaluation of ectopic lymphoid infiltrates and GCs in salivary gland tissue of patients with pSS. The various methods used for automated analysis of several parameters should also be taken into account.¹² Consensus guidelines will assist the pathologist to correctly identify and quantify histopathological parameters in pSS and contribute to a more accurate prediction of disease progression and personalised treatment, as well as allowing the comparison between study cohorts and different clinical trials.

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