Change in Disease Activity Score (CRP) by treatment


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Figure 1. Association of BL NLR with DAS28(CRP). Dots represent DAS28(CRP) estimate from a fully adjusted mixed-effects model, shaded area shows the 95% confidence interval. Outlined circles and proximal text show significantly different values between NLR-High and NLR-Low.


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POS0447

PHYSICAL FUNCTION IN PATIENTS WITH RA, STRATIFIED BY SEROSTATUS AND TREATMENT LINE, FOLLOWING SC ABATACEPT: POST HOC ANALYSIS OF AN OBSERVATIONAL, 2-YEAR STUDY CONDUCTED IN ROUTINE CLINICAL PRACTICE (ASCORE)

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Background: RA is characterised by the production of autoantibodies, including RF and anti-citrullinated protein antibodies (ACPs). Seropositive disease is associated with poorer prognosis in patients with RA, and response to different treatments has been shown to vary based on ACpra status. ASCOR (Abatacept Subcutaneous) in Routine Clinical Practice; NCT02905565) was a 2-year, observational, prospective, multicentre study of SC abatacept for the treatment of RA.

Objectives: This post hoc analysis of the ASCORE study evaluated patient-reported outcomes, assessed using HAQ-DI, by RF/ACPRA serostatus and treatment line over 24 months of treatment with abatacept.

Methods: Eligible patients, aged ≥18 years, with active moderate-to-severe RA (ACR/EULAR 2010 criteria) who were IV abatacept-naive and initiated SC abatacept 125 mg once weekly, were enrolled into two cohorts: biologic (b)DMARD-naive patients and those with ≥1 prior bDMARD treatment failure. This post hoc analysis assessed mean change from baseline in HAQ-DI score at 6, 12, 18 and 24 months in response to treatment with abatacept stratified by baseline serostatus (RF+/–, ACPA+/–). Of these, 791 patients received abatacept as a first-line bDMARD therapy and 957 as a ≥ second-line bDMARD therapy (550 patients had received ≥2 prior bDMARDs). Estimates of mean difference with 95% CIs between patients with different serostatus were calculated using a t-test for all patients and within different lines of therapy.

Results: Among 2892 eligible patients in ASCORE, 1748 patients with RF+/–ACPA+/– status available at baseline were included in this analysis (1079 +/+ , 326 +/– and 343 –/–). Of these, 791 patients received abatacept as a first-line bDMARD therapy and 957 as a ≥ second-line bDMARD therapy (550 patients had received ≥2 prior bDMARDs). Among all patients, mean change from baseline in HAQ-DI score at 6 months was greater for patients with +/+ RA (mean difference [95% CI]: –0.2 [–0.3, –0.0]; p=0.008) and +/+ RA (mean difference [95% CI]: –0.2 [–0.3, –0.0]; p=0.0315) versus those with +/+ RA at baseline (Figure 1). Similarly, mean change (95% CI) in HAQ-DI score at 6 months was greater for patients with +/- RA versus –/– RA among those receiving abatacept as first-line therapy (–0.4 [–0.5, –0.0]; p=0.0407) or following treatment with ≥2 bDMARDs (–0.3 [–0.5, –0.0]; p=0.0265) (Figure 1). Among patients treated with abatacept following ≥2 prior bDMARDs, mean change in HAQ-DI score was higher among patients with +/- RA versus –/– RA at 18 months (data not shown) and 24 months (Figure 1). No other significant differences were observed by serostatus or line of therapy at any other time point.

Conclusion: Patients with RA who were RF+/–ACPA+/– at baseline showed an enhanced initial response to abatacept compared with those who were RF–/–ACPA–. Over 24 months of treatment in this real-world setting, abatacept was equally effective as a first- or ≥ second-line therapy.

REFERENCES:

Figure 1. Mean change from baseline in HAQ-DI score over 6 and 24 months by baseline RF and ACPA serostatus in all patients with RA receiving SC abatacept and by line of therapy

In the number of subjects with both baseline and post-baseline measures. Estimates of mean difference with 95% CI between patients with different treatment lines were calculated using a t-test for all differences. Estimates of mean difference with 95% CI between patients with different treatment lines were calculated using a t-test for all differences. Estimates of mean difference with 95% CI between patients with different treatment lines were calculated using a t-test for all differences.

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Background: Tofacitinib (TOFA) is an oral, small molecule drug used for rheumatoid arthritis (RA) treatment and is prescribed alone or with methotrexate (MTX). We previously reported the similarity in retention between TOFA mono-therapy and TOFA with MTX using data from two different registries separately; the Ontario Best Practices Research Initiative (OBRI) and the Quebec registry RHEUMDATA. 

Objectives: To increase the study power, we propose to evaluate the discontinuation rate (due to any reason) of TOFA with and without MTX, using pooled data from these two registries.

Methods: RA patients enrolled in the OBRI and RHEUMDATA initiating their TOFA between 1st June 2014 (TOFA approval date in Canada) and 31st Dec 2019 were included. Concurrent MTX use was defined as MTX use for more than 75% of the time while using TOFA. Multiple imputation (imputation Chained Equation method, N=20) was used to deal with missing data for covariates at treatment initiation.

Time to discontinuation was assessed using Cox regression models. To deal with confounding by indication, we estimated propensity scores for selected covariates with an absolute standard difference greater than 0.1. We then adjusted Cox regression models for propensity score quantile to compare the discontinuation of TOFA with MTX versus TOFA without MTX.

Results: A total of 493 patients were included. Of those, 244 (49.5%) and 249 (51.5%) were treated with MTX and without MTX, respectively. Compared to TOFA monotherapy, the TOFA with MTX group had a significantly lower mean HAQ-DI, fatigue score, and the number of prior biologic use at the time of TOFA initiation. A lower proportion of positive ACPA (59% vs. 66%), prevalence of hypertension (31% vs 37%), and concomitant use of Leflunomide (11% vs. 23%) were also observed between patients using TOFA with MTX vs. TOFA without MTX.

Over a mean follow-up of 19.0 months, discontinuation was reported in 182 (36.9%) of all TOFA patients. After adjusting for propensity score quantile across 20 imputed datasets, there was no significant difference in discontinuation between treatment groups (adjusted HRs: 1.12, 95% CI: 0.83-1.51; p=0.49).

Conclusion: In this pooled real-world data study, we found that in patients with RA, the prescription of TOFA is similar if it is used as monotherapy or in combination with MTX.

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POS0449 BIOLOGICS INITIATION IN MODERATE VS SEVERE RHEUMATOID ARTHRITIS PATIENTS: PROSPECTIVE OBSERVATIONAL STUDY FROM A CANADIAN REGISTRY

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Background: Prior studies have shown that in the real-world setting, rheumatoid arthritis (RA) patients have lower disease activity than those studied in clinical trials. However, randomized controlled trials for biologics continue to mainly recruit patients with severe disease.

Objectives: To assess the implications of this practice, our study investigates the proportion of patients achieving remission (DAS28<2.6), in RA patients with moderate disease activity and severe disease activity, at 12 months post starting their first biologic, and identifies baseline predictors of biologic response.

Methods: This study included RA patients who have never been treated with a biologic and initiated their first biologic while enrolled in the Ontario Best Practices Research Initiative (OBRI) registry, between 2008 and 2019. Patients selected had either moderate RA (DAS28 ≥ 3.2 to ≤ 5.1) or severe RA (DAS28 ≥ 5.1). Comparisons were made between the moderate and severe disease groups using the student’s t-test for continuous variables, and the chi-square test for categorical variables. Multivariable logistic regression was used to test potential predictors of remission. Backward stepwise model selection was applied to select variables with p-value ≤0.10. Multiple imputation (MCMC method; n=20) was used to impute missing data.

Results: Overall, 641 patients initiated their first biologic, 483 had follow up data at 12 months (moderate disease activity=264; severe disease activity=219). In the moderate group, the mean age (SD) was 55.7 (13.1) and 80% were female. In the severe group, mean age (SD) was 58.4 (12.3) and 81% were female. At time of biologic initiation, the mean DAS28 for the moderate group was 4.1 (0.5), and 6.0 (0.6) for the severe group. After 12 months of starting a biologic, the proportion of patients achieving remission was 50% in the moderate group, and 23% in the severe group (p=0.0001). In contrast, the proportion of patients achieving significant clinical change from baseline (improvement in DAS28 ≥ 1.2) was 78% in the severe group, compared to 66% in the moderate group (p=0.0049). More specifically, the absolute improvement in DAS28 after 12 months was higher in the severe group at 2.2 (1.5), compared to a change of 1.4 (1.3) in the moderate group (p<0.0001). Negative predictors of remission include female gender (odds ratio (OR), 0.57; 95% confidence interval (CI), 0.30-0.97), and higher HAQ-DI score (OR 0.45; 95% CI 0.26-0.78; p=0.001). In turn, moderate disease at time of biologic initiation (OR 2.38, 95% CI 1.50-3.75; p=0.0039) was identified as a positive predictor of remission.

Conclusion: This prospective cohort study found RA patients with moderate disease activity are more likely to reach targeted states (remission and low disease activity), whereas severe patients have greater absolute improvements in DAS28. However, HAQ-DI at initiation is a more robust predictor to achieve remission. A high HAQ-DI score is a positive predictor for remission, which was female gender and a higher HAQ-DI score are negative predictors.