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POS0089

AZD9567 VERSUS PREDNISOLONE IN PATIENTS WITH ACTIVE RHEUMATOID ARTHRITIS: A PHASE 2A, RANDOMISED, DOUBLE-BLIND, PARALLEL-GROUP EFFICACY AND SAFETY STUDY

J. M. Van Laar¹, A. Lei², M. Safy-Khan¹, J. Almquist³, C. Astbury⁴, M. Belvisi⁵, A. Platt⁶, S. Prothon³, S. Samuelsson⁷, P. Svanberg⁸, C. Keen⁹ on behalf of The SEMRA Study Group. ¹University Medical Center Utrecht, Division of Internal Medicine and Dermatology, Department of Rheumatology & Clinical Immunology, Utrecht, Netherlands; ²AstraZeneca, Patient Safety, Respiratory & Immunology, Chief Medical Office, R&D, Barcelona, Spain; ³AstraZeneca, Clinical Pharmacology and Quantitative Pharmacology, Clinical Pharmacology & Safety Sciences, R&D, Gothenburg, Sweden; ⁴AstraZeneca, Research and Early Development, Respiratory & Immunology, BioPharmaceuticals R&D, Cambridge, United Kingdom; ⁵AstraZeneca, Research and Early Development, Respiratory & Immunology, BioPharmaceuticals R&D, Gothenburg, Sweden; ⁶AstraZeneca, Translational Science and Experimental Medicine, Research and Early Development, Respiratory & Immunology, BioPharmaceuticals R&D, Cambridge, United Kingdom; ⁷AstraZeneca, Clinical Development, Research and Early Development, Respiratory & Immunology, BioPharmaceuticals R&D, Gothenburg, Sweden; ⁸AstraZeneca, Drug Metabolism and Pharmacokinetics, Research and Early Development, Respiratory & Immunology, BioPharmaceuticals R&D, Gothenburg, Sweden

Background: Oral corticosteroids such as prednisolone are potent anti-inflammatory drugs but their use is limited by side effects caused by unwanted actions on the glucocorticoid receptor (GR), such as increased insulin resistance, and off-target actions on the mineralocorticoid receptor (MR) that disrupt electrolyte balance and increase water retention. AZD9567 is an oral, selective, non-steroidal glucocorticoid receptor modulator being developed to treat inflammatory diseases. Pre-clinical and phase 1 clinical data indicate that AZD9567 is the first GR modulator with an improved efficacy–dysglycaemic side effect profile versus prednisolone.

Objectives: To compare the efficacy, safety and tolerability of AZD9567 with prednisolone in patients with active rheumatoid arthritis (RA), at doses with predicted equivalent anti-inflammatory activity.

Methods: In this phase 2a, randomised, double-blind, parallel-group, multicentre study in RA patients with DAS28-CRP ≥ 3.2 despite stable treatment with conventional disease-modifying anti-rheumatic therapies (NCT03368235), patients were randomised 1:1 to AZD9567 40 mg or prednisolone 20 mg orally once daily for 14 days. The primary endpoint was change from baseline in DAS28-CRP at day 15. Secondary outcomes included components of DAS28-CRP, TJC68,

Table 1. Change from baseline to day 15 in clinical disease activity measures.

	AZD9567 (n = 11)		Prednisolone (n = 10)		Comparison (AZD9567 – prednisolone)		
	LSM CFB (SE)	95% CI	LSM CFB (SE)	95% CI	LSMD (SE)	95% CI	p value
DAS28–CRP score	–1.93 (0.35)	–2.66, –1.21	–2.40 (0.34)	–3.11, –1.70	0.47 (0.46)	–0.49, 1.43	0.315
TJC28 score	–6.12 (1.25)	–8.76, –3.49	–6.07 (1.21)	–8.61, –3.52	–0.05 (1.60)	–3.43, 3.32	0.973
SJC28 score	–5.14 (0.65)	–6.51, –3.76	–5.40 (0.63)	–6.73, –4.08	0.26 (0.84)	–1.50, 2.03	0.757
GH score	–27.7 (7.3)	–42.8, –12.5	–37.4 (7.1)	–52.3, –22.6	9.8 (9.7)	–10.5, 30.1	0.325
CRP, mg/L	–10.8 (2.4)	–15.9, –5.8	–15.6 (2.5)	–20.9, –10.3	4.8 (3.5)	–2.5, 12.0	0.187
TJC68 score	–9.02 (2.46)	–14.21, –3.82	–7.90 (2.36)	–12.88, –2.91	–1.12 (3.12)	–7.69, 5.46	0.724
SJC66 score	–6.24 (0.89)	–8.13, –4.36	–6.66 (0.86)	–8.48, –4.85	0.42 (1.14)	–1.98, 2.81	0.717

CFB, change from baseline; CRP, C-reactive protein; DAS28, 28-joint disease activity score; GH, global health; LSM(D), least-squares mean (difference); SJC, swollen joint count; TJC, tender joint count.

Figure. Morning serum sodium/potassium ratio with AZD9567 or prednisolone, under fasting conditions. a) Individual-level data. b) Box-and-whisker plots showing median, interquartile range and range. c) Change from baseline to day 15 (i.e. end of treatment; adjusted for baseline values) with 95% confidence intervals. Follow-up was approximately 14 days after the last dose.

SJC66, ACR response (ACR20, ACR50, ACR70) and safety outcomes, including serum electrolytes.

Results: All 21 randomised patients (AZD9567, n = 11; prednisolone, n = 10) completed the study. There was a slight imbalance between the treatment groups at baseline, with higher age (mean $\pm$ SD: 64.5 $\pm$ 8.4 vs 55.5 $\pm$ 13.6 years), more women (8 vs 5) and greater disease severity (DAS28-CRP, mean $\pm$ SD: 5.26 $\pm$

0.98 vs 4.90 ± 0.74) in the AZD9567 group versus the prednisolone group. There was no statistically significant or clinically meaningful (i.e. > 1.2) difference in change from baseline to day 15 in DAS28-CRP between AZD9567 and prednisolone, although this was numerically lower with AZD9567 (Table 1). Similar results were observed for TJC68, SJC66, CRP and GH (Table 1). The proportions of patients achieving ACR20, 50 and 70 response criteria were similar in both groups, albeit numerically lower with AZD9567. Similar numbers of patients in each group reported treatment-emergent adverse events (AZD9567, $n = 10$, prednisolone, $n = 9$); most were mild in severity. One serious adverse event, suicidal depression, was reported after completing AZD9567 treatment. Morning fasting serum sodium/potassium ratio at day 15 was not altered with AZD9567 but was increased from baseline with prednisolone (Figure 1).

Conclusion: AZD9567 40 mg had a similar efficacy profile to prednisolone 20 mg in patients with active RA. Both drugs were well tolerated, with no new safety signals. Unlike prednisolone, AZD9567 had no effect on serum sodium/potassium ratio, suggesting selectivity of AZD9567 for the GR over the MR. These results support further trials of AZD9567 in patients with inflammatory disease.

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POS0090

RISK OF QT INTERVAL PROLONGATION ASSOCIATED WITH CHRONIC USE OF HYDROXYCHLOROQUINE IN RHEUMATIC PATIENTS AND THE EFFECT OF COTREATMENTS

M. Antivalle¹, G. La Paglia¹, M. C. Ditto², S. Parisi², E. Fusaro², M. Agosti³, P. Sarzi Puttini¹. ¹L. Sacco University Hospital, Rheumatology, Milano, Italy; ²AOU Città della Salute e della Scienza di Torino; Rheumatology Unit; Department of Medical Science, Torino, Italy; ³Azienda Socio-Sanitaria Territoriale (ASST) di Vimercate, Department of Medical Science, Vimercate, Italy

Background: Hydroxychloroquine (HCQ) has been used safely for over 60 years in rheumatic patients. However, following its recent use in covid-19 disease, its safety has been questioned, following controversial reports of cardiac toxicity¹, possibly related to a prolongation of the QT interval².

Objectives: To explore the influence of chronic treatment with hydroxychloroquine on QT interval in rheumatic patients, and the possible effects of drug-to-drug interference³.

Methods: 12-lead electrocardiogram tracings were recorded with standard equipment in 229 ambulatory patients (SLE = 53, RA = 52, SSc = 56, UCTD = 38, Others = 30). The present analysis was performed on corrected QT intervals (QTc) calculated according to Framingham formula ($QTc = QT + 0.154(1 - RR)$), with ULN = 449 ms in males, and 467 ms in females. Estimated glomerular filtrate rate (eGFR) was calculated from serum creatinine with the CKD-EPI equation. The influence on QTc values of demographic variables, chronic (≥ 3 months) HCQ treatment, and of the use of selected comedication - Statins, Angiotensin Converting Enzyme inhibitors (ACEi), Angiotensin Receptor Blockers (ARBs), Selective Serotonin Reuptake Inhibitors (SSRIs), Proton-Pump Inhibitors (PPI), Calcium Channel Blockers (CCBs) - were evaluated by parametric or non parametric statistical methods, as appropriate. All statistic analyses were performed with the IBM SPSS statistical package version 25.

RESULTS:

Table 1. Demographic and clinical variables in patients treated with HCQ (HCQ+) and in controls (HCQ-).

	N	Age	Female	eGFR	Statins	ACEi	ARB	SSRI	PPI	CCB
		Yrs	N	mL/min/1.73m ²	N	N	N	N	N	N
		±SD	%		%	%	%	%	%	%
All	229	58.02	206	87.14	29	48	19	14	138	30
HCQ+	132	±14.36 58.71	90.0 122	18.96 87.00	12.7 18	21.8 32	8.3 11	6.1 9	60.3 80	13.1 17
HCQ-	97	±14.49 57.51	92.4 84	20.04 87.32	13.6 11	24.2 16	8.3 8	6.8 5	60.6 58	12.9 13
p		±14.30 0.532	86.6 0.183	17.47 0.897	11.3 0.690	16.5 0.189	8.2 1.000	5.2 0.782	59.8 1.000	13.4 1.000

Demographic variables, and the use of evaluated comedications were not different in HCQ+ and HCQ- patients (Table 1). In the whole population, the QTc mean duration was 416.72 ± 20.70 ms, and was correlated with age ($r = 0.215$, $p = 0.001$), but not with gender ($p = 0.548$), eGFR ($r = -0.93$, $p = 0.163$), or disease ($p = 0.092$). In only 4 patients (HCQ+: 3 (2.3%) - HCQ-: 1 (1%), $p = 0.639$) QTc duration was above ULN.

QTc duration was not associated with the use of Statins, ACEi, ARBs, or SSRIs ($p = 0.454$, 0.276 , 0.475 , and 0.131 respectively), but was significantly prolonged in patients treated with HCQ (421.26 ± 19.19 vs 410.55 ± 21.18 msec, $p < 0.001$), PPIs (420.57 ± 21.45 vs 410.89 ± 18.12 ms, $p < 0.001$), and CCBs (424.22 ± 25.97 vs 415.59 ± 19.62 ms, $p < 0.033$). Furthermore, as reported in Fig. 1, our data show a trend - albeit not statistically significant - towards an additive effect on QT prolongation of the association of PPIs and CCBs with HCQ, even more evident in the case of association of the 3 drug classes.

Conclusion: In this study, the QTc interval was significantly prolonged in patients treated with hydroxychloroquine as compared to controls, although significant prolongation was extremely infrequent. Furthermore, our data revealed signs of drug-drug interference, suggesting that regular monitoring of the electrocardiogram is advisable in these patients, often undergoing cotreatment with multiple drugs.

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