Following an initial pilot study, recipients were invited to complete a short online questionnaire and provide feedback to allow refinement of the process. **Results:** Respondents were asked a series of questions, each on a scale of 1-5. Every respondent gave a score of 5 in response to “What do you think of the idea of A Little Box Of Hope?”

Every parent of children under ten years old gave a score of 5 for every item when asked “How useful is each item in your Little Box Of Hope?”

Respondents also gave free-text comments:

- “It was very well thought out and I felt supported”
- “I know so much more about JIA now than I did before. I cannot thank you enough.”
- “It was extremely useful and made me feel supported during a very stressful time and this enabled me to support my son more effectively.”
- “It made my daughter feel less alone.”

Some parents of older children felt that some information specifically for teens would be useful, and a Teen pack is being developed.

**Conclusion:** Recipients of A Little Box Of Hope have found the information useful and feel supported. Following the pilot study, we have developed My JIA, a booklet reviewed by a multi-disciplinary clinical team, with comprehensive information and tools for families affected by JIA. A Teen pack, for children aged around 10 years or older, is being developed to provide targeted support to this group.

The COVID-19 pandemic has adversely affected access to healthcare services, increasing the need for remote parent- and charity-provided support through A Little Box Of Hope.

As such, we intend to expedite the roll-out of the project across the country building on the success of the pilot project.

**References:**


**Disclosure of Interests:** None declared.

**DOI:** 10.1136/annrheumdis-2021-eular.866

**Table 1. Assessment Scores at Baseline and Week 8, Mean (SD)**

<table>
<thead>
<tr>
<th></th>
<th>All (n=324)</th>
<th>8-week course (n=163)</th>
<th>3-week course (n=161)</th>
<th>p-value</th>
<th>All (n=70)</th>
<th>8-week course (n=35)</th>
<th>3-week course (n=35)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHO-5⁺</td>
<td>10.6</td>
<td>10.4 (4.8)</td>
<td>10.9 (5.0)</td>
<td>0.378</td>
<td>12.0</td>
<td>12.5 (5.5)</td>
<td>11.6 (4.7)</td>
<td>0.488</td>
</tr>
<tr>
<td>FMFQA⁺</td>
<td>42.7</td>
<td>42.7 (6.1)</td>
<td>42.7 (6.1)</td>
<td>0.932</td>
<td>39.2</td>
<td>38.9 (6.1)</td>
<td>39.4 (5.3)</td>
<td>0.741</td>
</tr>
<tr>
<td>PSSd</td>
<td>18.7</td>
<td>17.5 (9.2)</td>
<td>18.3 (8.2)</td>
<td>0.304</td>
<td>16.6</td>
<td>15.7 (7.8)</td>
<td>17.6 (8.9)</td>
<td>0.291</td>
</tr>
<tr>
<td>PROMIS Anxiety</td>
<td>56.5</td>
<td>57.3 (8.0)</td>
<td>55.7 (8.6)</td>
<td>0.097</td>
<td>55.1</td>
<td>54.8 (9.3)</td>
<td>55.5 (7.8)</td>
<td>0.735</td>
</tr>
<tr>
<td>PROMIS Depression</td>
<td>8.3</td>
<td>8.3 (1.8)</td>
<td>8.3 (1.8)</td>
<td>0.470</td>
<td>8.5</td>
<td>8.5 (2.3)</td>
<td>8.6 (3.6)</td>
<td>0.474</td>
</tr>
<tr>
<td>PROMIS SF-36</td>
<td>58.7</td>
<td>59.0 (8.2)</td>
<td>58.4 (8.1)</td>
<td>0.548</td>
<td>59.4</td>
<td>58.7 (8.2)</td>
<td>58.5 (7.4)</td>
<td>0.711</td>
</tr>
</tbody>
</table>

* denotes use of Fisher’s Exact Test. † Range 0 (worst) to 25 (better). ‡ Range 3 (worst) to 15 (better). § Range 0 (better) to 40 (worse). ‡ Range 24.7 to 63.5 (worse). ‡ Range 25.7 to 62.0 (worse).