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EPIDEMIOLOGICAL SCIENCE

Genome-wide association study identifies *RNF123* locus as associated with chronic widespread musculoskeletal pain

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Handling editor Josef S Smolen

► Additional material is published online only. To view please visit the journal online (<http://dx.doi.org/10.1136/annrheumdis-2020-219624>).

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Received 30 November 2020
Revised 23 February 2021
Accepted 25 February 2021
Published Online First 29 April 2021

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To cite: Rahman MS, Winsvold BS, Chavez SO, et al. *Ann Rheum Dis* 2021;**80**:1227–1235.

ABSTRACT

Background and objectives Chronic widespread musculoskeletal pain (CWP) is a symptom of fibromyalgia and a complex trait with poorly understood pathogenesis. CWP is heritable (48%–54%), but its genetic architecture is unknown and candidate gene studies have produced inconsistent results. We conducted a genome-wide association study to get insight into the genetic background of CWP.

Methods Northern Europeans from UK Biobank comprising 6914 cases reporting pain all over the body lasting >3 months and 242 929 controls were studied. Replication of three independent genome-wide significant single nucleotide polymorphisms was attempted in six independent European cohorts (n=43 080; cases=14 177). Genetic correlations with risk factors, tissue specificity and colocalisation were examined.

Results Three genome-wide significant loci were identified (*rs1491985*, *rs10490825*, *rs165599*) residing within the genes *Ring Finger Protein 123* (*RNF123*), *ATPase secretory pathway Ca²⁺ transporting 1* (*ATP2C1*) and *catechol-O-methyltransferase* (*COMT*). The *RNF123* locus was replicated (meta-analysis p=0.0002), the *ATP2C1* locus showed suggestive association (p=0.0227) and the *COMT* locus was not replicated. Partial genetic correlation between CWP and depressive symptoms, body mass index, age of first birth and years of schooling were identified. Tissue specificity and colocalisation analysis highlight the relevance of skeletal muscle in CWP.

Conclusions We report a novel association of *RNF123* locus and a suggestive association of *ATP2C1* locus with CWP. Both loci are consistent with a role of calcium regulation in CWP. The association with *COMT*, one of the most studied genes in chronic pain field, was not confirmed in the replication analysis.

INTRODUCTION

Chronic widespread musculoskeletal pain (CWP) is a common complex trait influenced by genetic and environmental factors, most of which have yet to be determined.¹ CWP and fibromyalgia syndrome are sometimes used interchangeably, although the latter is generally more severe and includes other features such as sleep disturbance, fatigue and depression.² It is thought to represent a subgroup at the more

Key messages

What is already known about this subject?

- Chronic widespread musculoskeletal pain (CWP) is a primary diagnostic feature of fibromyalgia.
- CWP is moderately heritable, but precise genes involved in the pathogenesis of CWP are yet to be identified.

What does this study add?

- This is the largest genetic study conducted on CWP to date and identified novel genetic risk loci (*Ring Finger Protein 123* and *ATPase secretory pathway Ca²⁺ transporting 1*).
- The genetic signal points to peripheral pain mechanisms in CWP, and shows genetic correlation with other traits, including body mass index and depression.

How might this impact on clinical practice or future developments?

- The findings add to aetiological basis of CWP.

severe end of the spectrum of CWP.³ The prevalence of CWP is 10.6% in the world population and 14.2% in the UK population.^{4,5} It is associated with high societal cost.⁶ CWP is responsible for excess mortality,⁷ which is thought to be attributable to cardiovascular disease, respiratory disease and cancer. Females are more affected by CWP than males,⁴ and the prevalence rises with age.⁵ In addition to age and sex, a number of exposures have been proposed as risk factors for CWP,^{8,9} but only increased body mass index (BMI) has been consistently reported across studies, including longitudinal studies.^{10–12}

Broad-sense heritability estimates for CWP range between 48% and 54%, indicating a substantial genetic contribution.¹³ To date, the candidate gene approach has been extensively applied to identify genetic factors in CWP¹⁴ but few agnostic studies have been published.¹⁵ The only genome-wide association study (GWAS) meta-analysis combining 14 studies identified a locus lying on chromosome 5 intergenic to *CCT5* and *FAM173B*.¹⁵ *CCT5* has previously been implicated in neuropathy¹⁶ and

Figure 1 Overview of study design.

there is increasing evidence that small fibre neuropathy underlies a subset of fibromyalgia.¹⁷

Genetic factors are known to be shared by chronic pain conditions.^{18–19} One of the most extensively studied chronic pain-associated genes encodes *catechol-O-methyltransferase* (*COMT*), an enzyme which regulates the production of catecholamines that act as neurotransmitters in the central nervous system (CNS) pain tract. A non-synonymous change of A to G encoding a valine (Val) to methionine (Met) substitution at codon 158 (*Val158Met*; *rs4680*) reduces the enzymatic activity of *COMT*. This single nucleotide polymorphism (SNP) has been reported to be associated with CWP in a small study of 122 participants,²⁰ but a subsequent association study of 3017 participants did not confirm earlier findings.²¹ An inconclusive role of *COMT* was observed for temporomandibular disorders (TMD) as well.^{22–23} Further investigation is required to identify genetic variants underlying CWP, which will shed light on the pathophysiological mechanisms underlying the development of chronic pain and may reveal therapeutic targets.

MATERIALS AND METHODS

An overview of study design is presented in figure 1.

Participant selection

For the discovery analysis, we performed a GWAS of CWP using UK Biobank (UKB) comprising 249 843 participants of European descent (6914 CWP cases and 242 929 controls). Independent SNPs passing a threshold $p < 5.0 \times 10^{-8}$ were submitted for replication in 43 080 individuals of European ancestry (14 177 CWP cases and 28 903 controls) from six independent cohorts originating in the UK (TwinsUK and The English Longitudinal Study of Ageing (ELSA)), the Netherlands (The Rotterdam Study 1, 2 and 3 (RS-1, RS-2 and RS-3)) and Norway (The Nord-Trøndelag Health Survey (HUNT)). The UKB dataset was used under project #18219. Description of each study cohort is presented in online supplemental text.

Phenotype

In UKB, CWP cases were defined by combining self-reported diagnosis of pain all over the body lasting for >3 months; simultaneous pain in the knee, shoulder, hip and back lasting 3+ months and fibromyalgia. Controls comprised those who reported no pain in the last month or reported pain all over the body in the previous month that did not last for 3 months or reported only ≥ 3 months of non-musculoskeletal pain (head-ache, facial and abdominal pain). Those reporting a self-reported

Table 1 Sample characteristics stratified by case/control status for discovery and replication cohorts

	Cases	Controls	P value
Discovery cohort (UK Biobank)			
Female	4470 (64.7%)	128 599 (47.1%)	<0.0001
Male	2444 (35.3%)	114 330 (52.9%)	
Age (mean $\pm$ SD)	57.8 $\pm$ 7.45	57.0 $\pm$ 8.09	<0.0001
BMI (mean $\pm$ SD)	30.02 $\pm$ 5.97	26.83 $\pm$ 4.40	<0.0001
Replication cohorts			
TwinsUK			
Female	1041 (93.7%)	3116 (87.6%)	<0.0001
Male	70 (6.3%)	440 (12.4%)	
Age (mean $\pm$ SD)	54.78 $\pm$ 10.48	50.12 $\pm$ 13.21	<0.0001
BMI (mean $\pm$ SD)	27.39 $\pm$ 5.11	25.74 $\pm$ 4.57	<0.0001
HUNT			
Female	6315	5836	<0.0001
Male	4241	7403	
Age (mean $\pm$ SD)	55.95 $\pm$ 9.48	54.82 $\pm$ 10.31	<0.0001
BMI (mean $\pm$ SD)	27.37 $\pm$ 4.33	26.52 $\pm$ 3.88	<0.0001
ELSA			
Female	1090 (64.9%)	2660 (50.2%)	<0.001
Male	589 (35.1%)	2644 (49.8%)	
Age (mean $\pm$ SD)	68.10 $\pm$ 9.49	66.55 $\pm$ 9.98	<0.0001
BMI (mean $\pm$ SD)	28.60 $\pm$ 4.98	27.08 $\pm$ 4.22	<0.0001
RS-1			
Female	422	1323	<0.0001
Male	110	1281	
Age (mean $\pm$ SD)	64.49 $\pm$ 5.30	64.60 $\pm$ 5.24	0.6660
BMI (mean $\pm$ SD)	26.98 $\pm$ 3.91	26.14 $\pm$ 3.54	<0.0001
RS-2			
Female	106	745	<0.0001
Male	38	676	
Age (mean $\pm$ SD)	61.59 $\pm$ 4.59	61.93 $\pm$ 4.72	0.2651
BMI (mean $\pm$ SD)	28.54 $\pm$ 4.73	27.77 $\pm$ 3.91	0.0363
RS-3			
Female	128	1516	<0.0001
Male	27	1263	
Age (mean $\pm$ SD)	56.28 $\pm$ 5.77	56.32 $\pm$ 5.46	0.0348
BMI (mean $\pm$ SD)	28.54 $\pm$ 4.86	27.71 $\pm$ 4.62	0.0827

BMI, body mass index; ELSA, The English Longitudinal Study of Ageing; HUNT, The Nord-Trøndelag Health Survey; RS-1, RS-2 and RS-3, The Rotterdam Study 1, 2 and 3; SD, Standard deviation.

diagnosis of rheumatoid arthritis, polymyalgia rheumatica, arthritis not otherwise specified, systemic lupus erythematosus, ankylosing spondylitis and myopathy were excluded from the study (online supplemental figure S1). Further phenotype details for UKB and replication cohorts are provided in online supplemental text.

Genotyping and imputation

Genotyping and imputation methods across cohorts are summarised in online supplemental table S1 (online supplemental text).

Statistical analysis and in silico follow-up

The details of statistical analysis, and in silico follow-up are described in online supplemental text. In brief, GWAS in the discovery sample was performed using linear mixed-effects model implemented in BOLT-LMM (V2.3.2).²⁴ An additive

RESULTS

Discovery genome-wide association study

Three genomic loci tagged by *rs1491985*, *rs10490825* and *rs165599* passed genome-wide significance threshold of $p < 5 \times 10^{-8}$ (figure 2). Observed inflation in test statistics ($\lambda_{GC} = 1.146$, online supplemental figure S2) was due to polygenicity (LDSR intercept = 1.002 ± 0.0085 , LDSR ratio = 0.0118 ± 0.0497) rather

than population stratification. SNP heritability of CWP was 0.05 ± 0.003 on the observed scale, and 0.33 ± 0.0004 on the liability scale meaning that the observed SNPs explain approximately 33% of the variance in CWP risk. Independent SNPs were located in the gene *Ring Finger Protein 123* (RNF123) (chromosome 3, rs1491985, intronic variant, $p=1.60E-08$), *ATPase secretory pathway Ca²⁺ transporting 1* (ATP2C1) (chromosome 3, rs10490825, intronic variant, $p=1.30E-08$) and COMT (chromosome 22, rs165599, 3'-untranslated region (3'-UTR) variant, $p=2.50E-08$), respectively (figure 3A–C; online supplemental table S2). Six additional loci near or within genes *HNRNPA1P46*, *LRRC3B*, *PDE6A*, *DPYSL2*, *ANXA11* and *AL138498.1* were identified at suggestive GWAS threshold of $p < 5E-07$. Sensitivity GWAS excluding participants with chronic

A *rs1491985* B *rs10490825* C *rs165599*

Figure 4 Forest plot for the association of (A) *rs1491985*, (B) *rs10490825*, and (C) *rs165599* with chronic widespread musculoskeletal pain. X-axis shows effect size measures are presented as beta value. The red square with horizontal black line represents the cohort-specific effect with a corresponding CI for the single nucleotide polymorphism (SNP) of interest. Size of the square indicates the weight of the study and reflects sample size. The vertical black line indicates 'line of no effect'. Overall effect is presented as a black diamond. Test statistics for each cohort, meta-analysis and heterogeneity are available on the left-hand side. The *rs1491985* and *rs10490825* were not present in The English Longitudinal Study of Ageing (ELSA); therefore *rs9870858* and *rs17329848* were used as proxy SNPs, respectively (online supplemental text).

non-musculoskeletal pain provided similar findings except that *COMT* locus now became suggestively significant ($p=5.3E-08$) (online supplemental figure S3).

Replication results and meta-analysis

Results are presented in online supplemental table S3, with meta-analysis of the six replication samples as shown in figure 4 (online supplemental tables S4, S5). Given the significance threshold for replication: $0.05/3=0.017$, association between CWP and *rs1491985* was considered replicated (sample-size based $p=0.0002$; standard-error based $p=0.0003$). *Rs10490825* showed suggestive association with CWP (sample-size based $p=0.0227$; standard-error based $p=0.0490$) and demonstrated a consistent direction of effect in five of the six replication samples. *Rs165599* did not replicate (sample-size based $p=0.7300$; standard-error based $p=0.5000$) and the direction of effect was not consistent across cohorts: in three cohorts, allele A was protective, while in the other three it was the risk allele.

None of the three SNPs displayed statistically significant heterogeneity in the replication cohorts.

CWP shares genetic components with BMI, depression, age at first birth and years of schooling

Two hundred and nine traits from LD-hub (online supplemental text) were examined for genetic correlation with CWP. We selected traits for which the absolute value of the correlation coefficient (r_g) was >0.2 , and for which the Bonferroni-corrected p was $<0.01/209=4.78E-05$. Twenty-three traits fulfilled these criteria (online supplemental figure S4). The highest positive genetic correlation was observed for depressive symptoms ($r_g=0.65$) and the highest negative correlation was observed for college completion ($r_g=-0.61$). Many of the 23 genetically correlated traits were correlated with each other raising concerns about their independency of correlations with CWP. We therefore calculated partial genetic correlations

Figure 5 (A) Manhattan plot of the genome-wide gene-based association analysis, (B) & (C) The circos plot displaying chromatin interactions (Ci) and expression quantitative trait loci (eQTLs) on chromosomes 3 and chromosomes 22, respectively, (D) Venn diagram showing overlap of genes implicated by genome-wide gene-based analysis implemented in MAGMA, positional mapping (Pos Map), chromatin interaction mapping (Ci Map), and expression quantitative trait locus mapping (eQTL Map). (A) The y-axis shows the $-\log_{10}$ transformed two-tailed p-value of each gene from a linear model and the chromosomal position on the x-axis. The red dotted line indicates the Bonferroni-corrected threshold for genome-wide significance of the gene-based test. (B, C) The most outer layer of the circos plot displaying Manhattan plot with $-\log_{10}$ p-values for chronic widespread musculoskeletal pain associated independent single nucleotide polymorphisms (SNPs). Each SNP is presented with rsID. Linkage disequilibrium (LD) relationship between independent SNPs at the locus and their proxies are indicated with red ($r^2 > 0.8$) and orange ($r^2 > 0.6$). Grey SNPs indicate minimal LD with $r^2 \leq 0.20$. The outer circle represents chromosome with genomic risk loci are highlighted in blue. Either Ci- or eQTL mapped genes are displayed on the inner circle. Ci- and eQTL mapped genes are presented in orange or green color, respectively. Genes mapped with both approaches are colored red.

conditionally independent of each other. Using hierarchical clustering of genetic correlations we identified seven clusters (online supplemental figure S5A), with seven traits selected to represent each cluster (BMI, triglycerides, depressive symptoms, coronary artery disease, smoking, age of first birth and years of schooling) to quantify partial genetic correlation with CWP. We found depressive symptoms ($r_g = 0.59$), BMI ($r_g = 0.20$), age of first birth ($r_g = -0.26$) and years of schooling ($r_g = -0.17$) independently correlated with CWP (online supplemental figure S5B and table S6).

Tissue-specific expression of CWP mapped gene sets

The results of functional consequences of GWAS-independent SNPs and their proxies are presented in online supplemental figure S6 (online supplemental text). Four different gene mapping strategies were implemented in FUMA (genome-wide gene-based association analysis, positional, expression quantitative trait locus (eQTL) and chromatin interaction mapping) linking annotated SNPs to 89 genes of which *MST1*, *GMPPB*, *APEH*, *RNF123*, *ARVCF*, *AMIGO3*, *IP6K1*, *TANGO2* and *TRAIP* were identified using all four methods (figure 5A–D).³³ Mapped genes were investigated for tissue-specific gene expression and gene-set enrichment. In 54 specific GTEx tissues types, differentially expressed gene sets enriched for skeletal muscle, several brain tissues, heart, whole blood, pancreas and transverse colon (figure 6A, online supplemental table S7). In 30 general GTEx

tissue types, differentially expressed gene sets enriched for skeletal muscle, pancreas, heart, blood and brain (figure 6B, online supplemental table S8). In both sets of GTEx tissues, overall enrichment for differentially expressed gene sets containing *RNF123* and *ATP2C1* genes were stronger for skeletal muscle than other tissues. *RNF123* was found to be highly expressed in skeletal muscle compared with other tissue types (figure 6C). None of the hallmark gene sets available in the molecular signature database was identified in the analysis.

Putative causal genes in *RNF123* locus

Colocalisation analysis identified a 93% probability of shared eQTL variant *rs6809879*, which controls *Cadherin Related Family Member 4* (*CDHR4*) expression in the skeletal muscle and CWP association signal near the *RNF123* locus (online supplemental table S9, online supplemental figure S7A). Additionally, significant colocalisation was found for *rs13093525*, which controls *APEH* expression in DRG at exon level (72% probability of shared variant with *RNF123* locus). Both *rs6809879* and *rs13093525* were in complete LD with independent SNP *rs1491985* ($R^2 = 1$) (online supplemental table S10, online supplemental figure S7B). No evidence of skeletal muscle or DRG eQTL colocalisation was observed for *ATP2C1* and *COMT* loci. Functional annotation of *RNF123* locus identified nine genes (*SLC25A20*, *NDUFAF3*, *DAG1*, *HYAL1*, *GMPPB*, *TRAIP*, *RHOA*, *CACNA2D2* and *IMPDH2*) specific to musculoskeletal system diseases, of which *CACNA2D2*, *NDUFAF3* and *IMPDH2* enriched as druggable targets (online supplemental figure S8).

DISCUSSION

CWP is a prevalent condition with moderate heritability and serves as a cardinal diagnostic feature of fibromyalgia. Therefore, our findings are of importance for better understanding the genetic basis of fibromyalgia. We report here the largest GWAS of CWP to date using 249 843 participants from the UKB, identifying 3 genome-wide significant loci implicating *RNF123*, *ATP2C1* and *COMT*. The association in *RNF123* was replicated, whereas *ATP2C1* showed a suggestive association, and the *COMT* locus did not replicate in 43 080 individuals from independent cohorts.

RNF123 gene encodes E3 ubiquitin-protein ligase, has a role in cell cycle progression, metabolism of proteins and innate immunity.^{34–35} This gene is highly expressed in skeletal muscle than other tissues. Recent studies involving UKB samples also associated the locus with musculoskeletal pain.^{19–36} However, it is not clear how *RNF123* may contribute to CWP. Using in silico follow-up, we identified *CDHR4*, *APEH*, *SLC25A20*, *NDUFAF3*, *DAG1*, *HYAL1*, *GMPPB*, *TRAIP*, *RHOA*, *CACNA2D2* and *IMPDH2* genes as putative causal candidates at the locus, of which *CACNA2D2*, *NDUFAF3* and *IMPDH2* can be targeted using known drugs.^{37–39} Notably, *CACNA2D2* encodes the α -2/delta subunit of the voltage-dependent calcium channel complex, which is a receptor for gabapentinoids,⁴⁰ used by some in the management of fibromyalgia.^{41–42} Another prioritised gene *CDHR4* belongs to cadherin superfamily has a role in calcium-ion binding to facilitate cadherin-mediated cell-cell interaction.^{43–44}

Additionally, the *ATP2C1* locus demonstrated suggestive association in replication ($p = 0.0227$). There was a consistent direction of effect for *ATP2C1* locus in six replication cohorts but not ELSA, where we used a proxy SNP, which had close to zero effect size ($\beta = -0.0004 \pm 0.0110$). This is the first study to implicate *ATP2C1* with musculoskeletal

COMT is one of the most studied genes in human pain.⁵³ Almost 30 SNPs and 3 haploblocks of the COMT gene have been studied in acute clinical, experimental and chronic pain. *Rs4680* of the COMT gene is extensively studied in many pain phenotypes such as pain sensitivity, TMD and fibromyalgia.⁵⁴ Across multiple ethnic populations, *rs4680* was implicated with fibromyalgia.⁵⁵ However, a meta-analysis of 8 case-control studies (589 fibromyalgia cases and 527 controls) did not confirm earlier association.⁵⁶ To date, the largest study that assessed the association between COMT haplotypes (*rs4680*, *rs4818*, *rs4633* and *rs6269*) and fibromyalgia included 60 367 participants (2713 ICD-9 diagnosed fibromyalgia) and found no association.⁵⁷ They have also been refuted in other European CWP samples^{21 58} and a large candidate gene study of fibromyalgia.⁵⁹ However, we identified *rs165599*, located at 3'-UTR of COMT, associated with CWP in the discovery sample but not in the meta-analysis

Epidemiological studies have consistently reported higher BMI to be associated with an increased risk of CWP.^{10 11 69} Our analysis showed significantly higher BMI in CWP cases compared with controls ($p < 0.0001$) in all cohorts except RS-3. In line with this, we observed a positive genetic overlap between BMI and CWP independent of genetic confounders. Similarly, genetically independent pairwise

genetic correlation for depressive symptoms, age of first birth and years of schooling was seen with CWP. These findings indicate the presence of shared molecular pathways underlying these traits.

Functional analysis showed that FUMA mapped genes differentially expressed in skeletal muscle, several areas of the CNS, pancreas, whole blood and heart tissues. These findings suggest the involvement of nervous, musculoskeletal and neuroendocrine systems in CWP. These physiological systems have been implicated in fibromyalgia by previous studies.^{70–72} Evidence suggests that both peripheral and central pain mechanisms influence CWP.^{73–74} We observed overall stronger enrichment for differentially expressed gene sets in skeletal muscle than other GTEx tissues. Also, skeletal muscle and DRG eQTLs colocalise with the *RNF123* locus. These findings suggest a substantial involvement of peripheral pain mechanisms in CWP.

The study has limitations. The case definition of CWP depends on self-report together with exclusion of other conditions with symptoms leading to chronic pain.⁷⁵ A clinical diagnosis of CWP would have been infeasible in a sample this large. Also, we used common SNPs to estimate the heritability of CWP, so the contribution of other variants in the heritability estimated remains unknown. The phenotype definition used in this study to estimate SNP heritability has differed from the Kato *et al*¹³ study, where a modulated American College of Rheumatology⁷⁶ criteria based on self-report was used to estimate broad-sense heritability. However, using UKB samples, a study reported the SNP heritability of pain all over the body, regardless of chronicity, on the liability scale was 0.31 ± 0.072 .⁶⁴ We found a similar but slightly higher estimate for CWP (0.33 ± 0.0004), suggesting our definition is meaningful and CWP is a trait of high genetic influence. Finally, our findings cannot be generalisable to ancestry other than northern Europeans (online supplemental text).

In summary, this study identified a novel association for CWP in the *RNF123* locus and suggested the role of calcium regulation, by the involvement of the *CDHR4*, *CACNA2D2* and *ATP2C1* genes. The association of the *COMT* locus with CWP was not replicated, suggesting a small influence, if any. We found evidence that the epidemiological association of BMI and CWP is at least in part genetically mediated. Finally, our results suggest a profound role of peripheral mechanisms in the pathogenesis of CWP.

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Acknowledgements The authors would like to thank all the participants of UK Biobank, The Nord-Trøndelag Health Survey, English Longitudinal Study of Aging, TwinsUK and Rotterdam study I, II and III. The contribution of inhabitants, general practitioners and pharmacists of the Ommoord district to the Rotterdam Study is gratefully acknowledged. The UK Biobank study was approved by the National Health Service National Research Ethics Service (ref. 11/NW/0382) and all participants provided written informed consent. Genome-wide association analysis was performed using the UK Biobank resource under project number 18219. The English Longitudinal Study of Ageing is jointly run by University College London, Institute for Fiscal Studies, University of Manchester and National Centre for Social Research. Genetic analyses have been carried out by UCL Genomics and funded by the Economic and Social Research Council and the National Institute on Aging. Data governance was provided by the METADAC data access committee, funded by ESRC, Wellcome and MRC (2015–2018: Grant Number MR/N01104X/1 2018–2020: Grant Number ES/S008349/1). TwinsUK is funded by the Wellcome Trust, Medical Research Council, European Union, Chronic Disease Research Foundation (CDRF), Zoe Global Ltd and the National Institute for Health Research (NIHR)-funded BioResource, Clinical Research Facility and Biomedical Research Centre based at Guy's and St Thomas' NHS Foundation Trust in partnership with King's College London. The Nord-Trøndelag Health Study (The HUNT Study) is a collaboration between HUNT Research Centre (Faculty of Medicine and Health Sciences, NTNU, Norwegian University of Science and Technology), Trøndelag County Council, Central Norway Regional Health Authority and the Norwegian Institute of Public Health. The genotyping was financed by the National Institute of Health (NIH), University of Michigan, The Norwegian Research Council and Central Norway Regional Health Authority and the Faculty of Medicine and Health Sciences, Norwegian University of Science and Technology (NTNU). The genotype quality control and imputation has been conducted by the K.G. Jebsen Center for Genetic Epidemiology, Department of Public Health and Nursing, Faculty of Medicine and Health Sciences, Norwegian University of Science and Technology (NTNU). The Rotterdam Study is supported by the Erasmus MC University Medical Center and Erasmus University Rotterdam; The Netherlands Organization for Scientific Research (NWO); The Netherlands Organization for Health Research and Development (ZonMw); the Research Institute for Diseases in the Elderly (RIDE); The Netherlands Genomics Initiative (NGI); the Ministry of Education, Culture and Science; the Ministry of Health, Welfare and Sports; the European Commission (DG XII) and the Municipality of Rotterdam.

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Funding MSR received funding from the European Union's Horizon 2020 research and innovation program IMforFUTURE, under H2020-MSCA-ITN grant agreement number 721815. The work of YAT was supported by PolyOmica and by the Russian Foundation for Basic Research (project 19-015-00151). The work of SZS was supported by the Russian Ministry of Science and Education under the 5-100 Excellence Programme and by the Ministry of Education and Science of the RF via the Institute of Cytology and Genetics SB RAS (project number 0259-2021-0009/A4AA-A17-117092070032-4). The work of YSA was supported by PolyOmica.

Competing interests YSA is co-owner of Maatschap PolyOmica and PolyKnomics BV, private organisations, providing services, research and development in the field of computational and statistical, quantitative and computational (gen)omics.

Patient consent for publication Not required.

Ethics approval Study-specific ethical approval was provided by the local ethics committees. All study participants provided written informed consent. Details are provided in the online supplementary material.

Provenance and peer review Not commissioned; externally peer reviewed.

Data availability statement Summary statistics from our discovery and sensitivity GWAS was deposited at Zenodo (<https://doi.org/10.5281/zenodo.4459546>). Other data relevant to the study are included in the article or uploaded as online supplementary information.

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