

## Response to: 'European League against Rheumatism/American College of Rheumatology classification criteria for systemic lupus erythematosus: the laboratory immunologist's point of view' by Infantino *et al*

In their letter, Drs Infantino, Manfredi and Bizzaro express concerns regarding the low specificity of antinuclear antibodies (ANA) for systemic lupus erythematosus (SLE) classification.<sup>1</sup> In particular, they propose that the entry criterion definition of positive ANA in the new European League Against Rheumatism (EULAR)/American College of Rheumatology (ACR) classification criteria as 'Antinuclear antibodies (ANA) at a titre of  $\geq 1:80$  on HEp-2 cells or an equivalent positive test at least once. Testing by immunofluorescence on HEp-2 cells or a solid phase ANA screening immunoassay with at least equivalent performance is highly recommended<sup>2,3</sup> could be associated with low specificity for SLE.

While specificity is important for classification criteria, as Dr Infantino and colleagues correctly stress,<sup>1</sup> it is important to take both the overall test characteristics of ANA and its position as an *entry criterion* into account. The systematic literature review and metaregression of published ANA data on patients with SLE performed as part of the EULAR/ACR SLE classification criteria project<sup>4</sup> showed a relevant loss in *sensitivity* at a titre of 1:160 and above (table 1). At the titre of 1:80 selected for the EULAR/ACR 2019 classification criteria for SLE, specificity of the ANA test by itself is around 75% (table 1), far lower than the final specificity of 93.4% that the new set of EULAR/ACR criteria reached in the validation cohort.<sup>2,3</sup> This is because an entry criterion on its own has limited influence on increasing specificity. It is just the first step before the application of many other criteria that ultimately improve the specificity of SLE classification.

ANA have an inherent inability to differentiate between SLE and other connective tissue diseases, so that high specificity is not realistic. Precisely therefore the position of this test was changed to that of an entry criterion.<sup>5</sup> This was also more in line with the use of ANA as a highly sensitive screening parameter for connective tissue diseases. Given the role of the ANA test as an entry criterion, it was more important to provide a solution for centres without access to HEp-2 immunofluorescence than to try further improve specificity by more specific ANA tests. This said, we fully agree with Dr Infantino and colleagues that high quality ANA testing is extremely important and support efforts to standardise these tests.

For the EULAR/ACR criteria, issues concerning ANA test *sensitivity* using some HEp-2-cell substrates, raised by Pisetsky and

colleagues,<sup>6</sup> are likely to have more impact on the EULAR/ACR criteria than ANA specificity issues considered by Infantino *et al*.<sup>1</sup> For diagnostic purposes, however, where a positive ANA result will often lead to several additional tests, ANA specificity plays an important role. We therefore agree that high quality ANA testing is crucial and that steps are necessary towards reaching this goal.

Martin Aringer<sup>1</sup>,<sup>1</sup> Karen H Costenbader,<sup>2</sup> Thomas Dörner<sup>3</sup>,<sup>3</sup> Sindhu R Johnson<sup>4</sup>

<sup>1</sup>Division of Rheumatology, Department of Medicine III, University Medical Center and Faculty of Medicine Carl Gustav Carus at the TU Dresden, Dresden, Germany

<sup>2</sup>Division of Rheumatology and Immunology, Department of Medicine, Brigham and Women's Hospital, Harvard Medical School, Boston, MA, USA

<sup>3</sup>Department of Rheumatology and Clinical Immunology, Charité – Universitätsmedizin Berlin, Corporate member of Freie Universität Berlin, Humboldt-Universität zu Berlin, and Berlin Institute of Health, Berlin, Germany

<sup>4</sup>Division of Rheumatology, Department of Medicine, Toronto Western Hospital, Mount Sinai Hospital; Institute of Health Policy, Management and Evaluation, University of Toronto, Toronto, Ontario, Canada

**Correspondence to** Professor Martin Aringer, Division of Rheumatology, Department of Medicine III, University Medical Center and Faculty of Medicine Carl Gustav Carus at the TU Dresden, Dresden D-01307, Germany; martin.aringer@uniklinikum-dresden.de

**Contributors** All four authors have drafted the response together and agree with the final version.

**Funding** The authors have not declared a specific grant for this research from any funding agency in the public, commercial or not-for-profit sectors.

**Competing interests** None declared.

**Patient consent for publication** Not required.

**Provenance and peer review** Commissioned; internally peer reviewed.

© Author(s) (or their employer(s)) 2021. No commercial re-use. See rights and permissions. Published by BMJ.



**To cite** Aringer M, Costenbader KH, Dörner T, *et al*. *Ann Rheum Dis* 2021;**80**:e189.

Received 24 November 2019

Accepted 27 November 2019

Published Online First 12 December 2019



► <https://doi.org/10.1136/annrheumdis-2019-216591>

*Ann Rheum Dis* 2021;**80**:e189. doi:10.1136/annrheumdis-2019-216700

### ORCID iDs

Martin Aringer <http://orcid.org/0000-0003-4471-8375>

Thomas Dörner <http://orcid.org/0000-0002-6478-7725>

### REFERENCES

- Infantino M, Manfredi M, Bizzaro N, On behalf of the Study Group on Autoimmune Diseases of the Italian Society of Clinical Pathology and Laboratory Medicine. European League against Rheumatism/American College of rheumatology classification criteria for systemic lupus erythematosus: the laboratory Immunologist's point of view. *Ann Rheum Dis* 2021;**80**:e188.
- Aringer M, Costenbader K, Daikh D, *et al*. 2019 European League against Rheumatism/ American College of Rheumatology classification criteria for systemic lupus erythematosus. *Ann Rheum Dis* 2019;**78**:1151–9.
- Aringer M, Costenbader K, Daikh D, *et al*. 2019 European League against Rheumatism/ American College of Rheumatology classification criteria for systemic lupus erythematosus. *Arthritis Rheumatol* 2019;**71**:1400–12.
- Leuchten N, Hoyer A, Brinks R, *et al*. Performance of antinuclear antibodies for classifying systemic lupus erythematosus: a systematic literature review and meta-regression of diagnostic data. *Arthritis Care Res* 2018;**70**:428–38.
- Aringer M, Dörner T, Leuchten N, *et al*. Toward new criteria for systemic lupus erythematosus—a standpoint. *Lupus* 2016;**25**:805–11.
- Pisetsky DS, Spencer DM, Lipsky PE, *et al*. Assay variation in the detection of antinuclear antibodies in the sera of patients with established SLE. *Ann Rheum Dis* 2018;**77**:911–13.

**Table 1** ANA sensitivity and specificity per ANA titre as per metaregression of published data on 13 080 patients with SLE<sup>4</sup> 2017, American College of Rheumatology

Cut-off	Sensitivity		Specificity	
	%	95% CI	%	95% CI
ANA titre				
1:40	98.4	97.6 to 99.0	66.9	57.8 to 74.9
1:80	97.8	96.8 to 98.5	74.7	66.7 to 81.3
1:160	95.8	94.1 to 97.1	86.2	80.4 to 90.5
1:320	86.0	77.0 to 91.9	96.6	93.9 to 98.1

ANA, antinuclear antibodies; SLE, systemic lupus erythematosus.