available. In the future, machine learning applications may allow fast and reliable decisions on flare prediction in RA patients. These data can guide decisions about DMARD tapering at in real time during the physician-patient contact and allow to reduce costs not only by selective treatment tapering but also by sparing additional laboratory examinations.

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Figure 1: AUROC curves for three variable subsets. A: Variables available to a clinician immediately at patient visits, B: Variables available to a patient at home, C: Variables available to a payer.

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SAT0056 INITIAL PRESENTATION OF RHEUMATOID ARTHRITIS (RA) – IS IT STILL “SYMMETRIC POLYARTHRITIS”?

T. Sokka-Isler¹, K. Paalanen¹, M. Kauppi², E. Nikiphorou³. ¹KSSH, Jyväskylä, Finland; ²PHYKY, Lahti, Finland; ³King's College Hosp., London, United Kingdom

Background: RA is traditionally described as a symmetric polyarthritis. The ACR/EULAR 2010 criteria are met if patient has high positive ACPA, symptoms >=6 wks and one small joint swollen. The public and all steps of health care have been informed for many years that RA should be found early.

Objectives: To study variations in pattern on first presentation of RA.

Methods: All patients with the new diagnosis of RA were extracted from the GoTreatIT clinical database between 2008 to 2019 at a single RA clinic that covers a population of 250.000. Demographic data, clinical variables, labs, x-rays, joint status and PROs at baseline were included in the analysis. Appropriate parametric/non-parametric tests were used to study differences between groups.

Results: A total of 1044 (73.5% CCP+) patients with no prior diagnosis of RA were included; 683 (65%) female, mean age 56; 361 (35%) male, mean age 61. At initial presentation in 2008, 60% had >=6 swollen joints (Figure) and a mean DAS28 of 4.4 compared to 22% and 3.8 respectively, in 2019 (p<0.007). Duration of symptoms prior to diagnosis decreased from 6 to 4 months (p=0.033), and the proportion of patients

with erosions from 20% in 2008 to 14% in 2019 (ns). Symptoms (PROs) such as pain, fatigue and global health were similar/slightly worse in 2019 compared to 2008.

Conclusion: RA cannot be marketed as “symmetric polyarthritis”, as more than half of the patients have a maximum of 2 swollen joints at the time of the diagnosis at the most recent years. Patients with RA can be identified earlier, with less disease activity and damage, compared to previous years.

Figure:

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SAT0057 PREDICTING INADEQUATE RESPONSE TO JAK INHIBITORS BY CLUSTER ANALYSIS IN PATIENTS WITH RHEUMATOID ARTHRITIS

M. Sugawara¹, Y. Fujieda¹, A. Noguchi², S. Tanimura³, Y. Shimizu⁴, I. Nakagawa⁵, M. Kono¹, M. Kato¹, K. Oku¹, T. Atsumi¹. ¹Graduate School of Medicine and Faculty of Medicine, Hokkaido University, Department of Rheumatology, Endocrinology and Nephrology, Sapporo, Japan; ²Japanese Red Cross Kitami Hospital, Department of Internal Medicine and General Medicine, Kitami, Japan; ³Tomakomai City Hospital, Department of Internal Medicine, Tomakomai, Japan; ⁴Hokkaido P.W.F.A.C Obihiro-Kosei General Hospital, Third Department of Internal Medicine, Obihiro, Japan; ⁵Takikawa Municipal Hospital, Department of Internal Medicine, Takikawa, Japan

Background: Oral Janus kinase inhibitors (JAKi) have dramatically altered outcomes in patients with rheumatoid arthritis (RA). However, there remains some proportion of patients who respond to inadequately JAKi treatment (JAKi-IR) [1,2]. The characteristics in RA patients associated with JAKi-IR have not been fully demonstrated.

Objectives: To clarify the characteristics of JAKi-IR in patients with RA by cluster analysis.

Methods: This retrospective study comprised 120 RA patients who were treated with JAKi (Tofacitinib or Baricitinib) between July 2013 and September 2019 in five facilities. The disease status at the baseline, at 12 weeks after JAKi treatment and at the time point of withdrawing JAKi was assessed using the Disease Activity Score (DAS28) and the American College of Rheumatology (ACR) response criteria. JAKi-IR was defined as follows, primary non-response at 12 weeks after JAKi treatment: withdrawal of JAKi with ACR20 non-response or non-improvement in DAS28-CRP (Δ DAS28-CRP<1.2 from baseline), secondary non-response: withdrawal of JAKi without clinical remission after 12 weeks. Hierarchical cluster analysis was performed with the following variables: gender, age, disease duration, bone erosion, ACR functional classification (Class ≥ 3), comorbid rheumatoid arthritis related interstitial lung disease (RA-ILD) or other autoimmune disease (AID), anti-citrullinated protein antibody (ACPA) positivity, rheumatoid factor (RF) at baseline, use/dose of methotrexate (MTX) and prednisolone (PSL), serum ESR/CRP, tender/swollen joint counts (TJC/SJC), visual analog scale by patients (VAS-Pt), and prior of biologic DMARDs.

Results: The 120 enrolled patients were classified into 4 groups by cluster analysis (Figure1). The characteristics of each group are as follows, Group A (n=21): female + bone erosion + RF/ACPA positive + AID + MTX non-user, Group B (n=36): male + older age + RA-ILD + RF/ACPA positive + MTX non-user, Group C (n=35): RF/ACPA positive + absence of RA-ILD + MTX user, Group D (n=28): seronegative + MTX user + absence of RA-ILD + history of biologic DMARDs failure. The rate of JAKi-IR was A:9%, B:8%, C:20%, D:32%, and the significant difference between Group B and D was identified (p=0.02). In multiple comparison of 4 groups, no significant difference was identified (p=0.06) (Figure2).

Conclusion: JAKi-IR would be more likely to be seronegative, MTX use, absence of RA-ILD and history of biologic DMARDs failure. Cluster analysis is an exploratory tool that aids in the analysis of huge amount of data.

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Figure 1

Figure 2

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SAT0058 **AGE DEPENDENT EFFECTS OF BODY MASS INDEX AND SMOKING ON THE RISK OF RHEUMATOID ARTHRITIS IN MEN – RESULTS FROM A NESTED CASE CONTROL STUDY**

C. Turesson^{1,2}, U. Bergström¹, M. Linnerud Keshavarz^{1,3}, J. Å. Nilsson^{1,2}, L. T. H. Jacobsson⁴. ¹Lund University, Rheumatology, Department of Clinical Sciences, Malmö, Sweden; ²Skåne University Hospital, Department of Rheumatology, Malmö, Sweden; ³Eskilstuna Hospital, Department of

Rheumatology, Eskilstuna, Sweden; ⁴Sahlgrenska Academy at Gothenburg University, Department of Rheumatology and Inflammation Research, Gothenburg, Sweden

Background: As rheumatoid arthritis (RA) is more common in women compared to men, most studies of disease predictors have mainly included women, and data on risk factors in men are limited. Smoking is an established predictor of RA. A negative association between body mass index (BMI) and the risk of RA in men has been reported from several studies of Scandinavian populations.

Objectives: To investigate whether the impact of smoking and BMI on the risk of subsequent development of RA in men differs by age.

Methods: A total of 22 444 men from a defined catchment area were included in a Preventive Medicine Program (PMP). Height and weight were measured as part of the health survey, and BMI was calculated as weight (in kg)/height (in m²). Information on smoking was obtained using a structured self-administered questionnaire. Normal BMI, overweight and obesity was defined according to the WHO criteria. From this population, we identified individuals who developed RA after inclusion by linking the PMP register to the local community based RA register and to local and national patient administrative databases. In a structured review of the medical records, patients were classified according to the 1987 ACR criteria for RA. Four controls for each validated case, matched for sex, year of birth and year of screening, who were alive and free of RA when the index person was diagnosed with RA, were selected from the PMP register. The impact of BMI category and smoking on the risk of RA was examined in multivariable conditional logistic regression models, stratified by age at inclusion in the health survey (above vs below the median).

Results: A total of 151 men were diagnosed with RA and fulfilled the ACR criteria after inclusion in the PMP (median time to diagnosis 13 years, interquartile range 9-19; 76 % rheumatoid factor positive at diagnosis). These pre-RA cases were compared to 604 matched controls. Among men aged >46 years, overweight/obesity was associated with a significantly reduced risk of subsequent RA (odds ratio (OR) 0.40; 95 % confidence interval (CI) 0.21-0.76, adjusted for smoking), whereas there was no such association in younger men (adjusted OR 0.75 (95% CI 0.42-1.36). Smoking was a significant predictor of RA in men aged >46 years (Table 1). There was a similar trend in those aged ≤46 years, but it did not reach statistical significance (Table 1).

Conclusion: Overweight/obesity was associated with a reduced risk of subsequent RA in men aged >46 years. The relative importance of life style factors for the risk of RA may be greater in older men compared to younger.

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Table 1. Smoking, body mass index (BMI) and the risk of subsequent rheumatoid arthritis in men, stratified by age at inclusion in the health survey. Conditional logistic regression analysis. Odds ratios (95 % intervals)

Age >46 years at inclusion (N=342)	Crude	Multivariable*
No current smoking (n=172)	1.00 (reference)	1.00 (reference)
Current smoking (n=170)	2.39 (1.24-4.16)	2.33 (1.18-4.61)
Normal BMI** (n=176)	1.00 (reference)	1.00 (reference)
Overweight/Obese** (n=165)	0.39 (0.20-0.73)	0.40 (0.21-0.76)
Overweight** (n=154)	0.44 (0.23-0.83)	0.47 (0.24-0.90)
Obese** (n=11)	0.20 (0.02-1.84)	0.16 (0.02-1.55)
Age ≤46 years at inclusion (N=413)		
No current smoking (n=210)	1.00 (reference)	1.00 (reference)
Current smoking (n=203)	1.75 (0.99-3.13)	1.66 (0.94-3.05)
Normal BMI** (n=227)	1.00 (reference)	1.00 (reference)
Overweight/Obese** (n=184)	0.74 (0.41-1.33)	0.75 (0.42-1.36)
Overweight** (n=158)	0.77 (0.42-1.38)	0.79 (0.43-1.44)
Obese** (n=26)	0.88 (0.27-2.87)	0.93 (0.28-3.06)

*Models include smoking status and overweight/obese vs normal BMI, or smoking status and category of obese or overweight vs normal BMI
**Normal BMI: 18.5-24.99 kg/m², overweight 25-30 kg/m², obese > 30 kg/m²