Background: Anti carbamylated protein anti carP are present in patients with Rheumatoid Arthritis RA and are associated with erosions. However their association with systemic or local bone loss in RA patients is still not confirmed.

Objectives: The purpose of this study was to measure the serum level of anti carP in premenopausal women with RA and determine its relation to disease activity and bone loss.

Methods: This case control study was conducted on forty eight RA premenopausal female patients diagnosed according to 2010 ACR/EULAR criteria and forty eight well matched healthy premenopausal females. RA patients with other autoimmune diseases, viral hepatitis malignancy or erosive joint disease and systemic diseases that affect bone quality were excluded from the study. All RA women were subjected to history taking, clinical examination, assessment of disease activity using disease activity score-28 DAS28 and clinical disease activity index CDAI functional assessment using health assessment questionnaire HAQ physical activity assessment using international physical activity questionnaire IPAQ fatigue assessment using modified fatigue impact scale MFIS, routine laboratory investigations, serological tests as well as Anti carP using ELISA kit. Moreover the bone mineral density was measured by a lunar Prodigy Advanced Company, Gilead, Janssen, Novartis, Pfizer, and UCB, Carl Goodyear: None declared, Christina Koutsothanasi: None declared, Matthew Salter: None declared.

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SAT0034

CLINICAL SIGNIFICANCE OF ANTI-CARBAMYLATED PROTEIN ANTIBODIES IN PREMENOPAUSAL RHEUMATOID ARTHRITIS WOMEN: RELATION TO DISEASE ACTIVITY AND BONE LOSS

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Results: Anti carP level was significantly higher in RA patients than in healthy controls table 1. The serum level of anti carP had a significant positive correlation with RA DAS, CDAI, HAQ, IPAQ, MFIS and erosion and joint space narrowing in original sharp score. Also the anti carP had a significant negative correlation with the bone mineral density BMD of spine. The AUC of anti carP level showed a high level of accuracy AUC 0.857 figure 1 and the calculated cutoff value >65 can precisely discriminate subjects with RA from those without RA with 85.42% sensitivity and 85.11% specificity.

Conclusion: Anti carbamylated antibodies were higher in premenopausal RA women compared to ages and body mass index matched healthy women. Anti carP are associated with higher RA disease activity, increased disability and decreased physical activity. Moreover anti carP are associated with systemic trabecular bone loss manifested by decreased bone mineral density of the spine as well as local bone loss as manifested by increased number of joint erosions in premenopausal RA women.

References:

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SAT0035

RESPONSE TO ABATAcept OF DIFFERENT PATTERNS OF INTERSTITIAL LUNG DISEASE IN RHEUMATOID ARTHRITIS: NATIONAL MULTICENTER STUDY OF 263 PATIENTS


Table 1. Comparison between the patient and healthy groups according to anti carP
carp level

<table>
<thead>
<tr>
<th>Anti-carp</th>
<th>RA patients</th>
<th>Healthy control</th>
<th>U</th>
<th>p</th>
</tr>
</thead>
<tbody>
<tr>
<td>Min – Max</td>
<td>15.0 – 90.0</td>
<td>1.0 – 78.50</td>
<td>322.0</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Mean ± SD</td>
<td>71.24 ± 14.70</td>
<td>45.99 ± 21.99</td>
<td>322.0</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Median (IQR)</td>
<td>72.75 (70.5–78.3)</td>
<td>55.0 (32.5–61.5)</td>
<td>322.0</td>
<td>&lt;0.001</td>
</tr>
</tbody>
</table>

Figure 1. ROC curve for anti carP to diagnose RA patients from healthy subjects
Background: Intestinal Lung Disease (ILD) is a severe extraarticular manifestation of rheumatoid arthritis (RA). In this line, several radiological patterns of RA-ILD have been described: i) usual interstitial pneumonia (UIP), ii) nonspecific interstitial pneumonia (NSIP), iii) Obliterating Bronchiolitis, iv) Mixed Pattern, v) Acute Exacerbation of Pre-existing Fibrosis, vi) Hypersensitivity Pneumonitis and vii) Other Pattern. Abatacept (ABA) could be an effective and safe option for patients with RA-ILD although the response in the different radiological patterns is not well defined.

Objectives: Our aim was to assess the response to ABA in different radiological patterns of ILD.

Methods: Observational retrospective multicenter study of RA-ILD treated with ABA. ILD was diagnosed by HRCT and classified by radiological patterns in 3 different subgroups of RA-ILD: a) UIP, b) NSIP and c) "other". ABA was used sc. or iv. at standard dose. We assessed: i) Dyspnoea (MMRC scale; significant variation ≥1); ii) Respiratory function tests (significant changes ≥10% in FVC and DLCO); iii) HRCT imaging; and iv) DAS28 epresidone dose. Variables were collected at months 0, 3, 6, 12 months and subsequently every 12 months until a maximum of 60 months.

Results: We included 263 patients: 106 UIP, 84 NSIP and 73 others (150 women / 113 men), mean age 64.6±10 years. Total patients positive for RF or CCPA were 235 (89.4%) and 233 (88.6%), respectively. In 26 out of 263 patients, the development of ILD was closely related to the administration of sDMARDs (MTX n = 11 and LFN n = 1) or bDMARDs (ETN n = 5, ADA n = 4, CZP n = 2 and IFX n = 3). Patient characteristics are shown in table 1. Figure 1 shows the evolution of the cases with available data after a mean follow-up of 22.7±19.7 months. Mean DLCO and FVC remained stable in the 3 groups without statistically significant changes, and all the groups showed a statistically significant reduction in DAS28 and prednisone dose.

Conclusion: ABA could be a good choice of treatment in patients with RA-ILD independently of the radiological pattern of ILD.

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SAT0036 ULTRASOUND IN THE ASSESSMENT OF JOINT DAMAGE IN RHEUMATOID ARTHRITIS: A SYSTEMATIC LITERATURE REVIEW BY THE OMERACT ULTRASOUND WORKING GROUP

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Background: The detection of damage in patients with rheumatoid arthritis (RA) is crucial for monitoring of therapy targets as well as for early diagnosis. Conventional radiography (CR) is commonly used to detect structural damage, in the form of bone erosions or loss of hyaline cartilage. Over the last years, musculoskeletal ultrasound (MSUS) was shown to be a sensitive and reliable method to detect erosion and cartilage loss as well as damage to soft tissue structures.

Objectives: To identify and synthesize the evidence for the use and measurement properties of MSUS in assessing structural damage in patients with RA.

Methods: A systematic literature search (SLR) of the PubMed, Embase and Cochrane Library was performed. Original articles were included that were published in English until 01/01/2019, reporting MSUS of bone erosion, cartilage loss or damage and tendon damage, and the measurement properties of MSUS according to the OMERACT Filter 2.1.

Results: Of the 1266 identified articles 79 were finally included, most of which reported on cross-sectional studies. The majority of the studies used the OMERACT definitions for ultrasonographic pathology. Among these, erosions were assessed in 72 (91.1%), cartilage damage in 12 (15.2%), tendons in 4 (5.1%), and tendosynovitis in a single (1.3%) study. Erosions were rated by binary grading in 66 (77.8) studies and by semiquantitative scoring in 27 (37.5%) studies. Global or sum scores were calculated in only 9 (12.5%) studies. Among 23 studies assessing erosions both by US and CR, only 1/23 (4.3%) study found a higher sensitivity of CR as compared to MSUS. Among studies assessing tendons, 3 (75%) used a semiquantitative score and one scored tendon rupture as being present or absent. Cartilage damage was graded in binary fashion, quantitatively by measuring cartilage thickness or semi-quantitatively. Hand joints were the most frequently evaluated joints (58, 73.4%). The overwhelming majority of studies assessed structural damage bilaterally (68, 86.1%), with 5 (6.3%) studies assessing only the dominant hand, 5 (6.3%) studies evaluating the clinically more affected side and 1 (1.3%) study assessing only the right hand. Validity, reliability and responsiveness were assessed in only 8 (10.1%), 10 (12.7%) and 4 (5.1%) studies respectively. Feasibility was not considered in any of the studies.

Conclusion: While the results of this SLR suggest that US is a sensitive and feasible tool to detect damage in RA, they also highlight the need for further research and validation. Findings of this SLR will inform the next steps of the Working Group in developing an ultrasound score for assessing structural damage in patients with RA.

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Sex (F/M) 59/47 49/35 42/31
RF/CCPA (%) 94.4/92.3 84.5/91.5 87.7/86.1
DAS28 at baseline 4.6±1.5 4.4±1.4 4.5±1.4
FVC at baseline (%) 82.6±21.39 89.47±19.39 89.89±21.14
DLCO at the end of study (%) 62.04±18.86 66.06±18.70 70.07±22.19
RF/CCPA + (%) 94.4/92.3 84.5/91.5 87.7/86.1
DAS28 at baseline 4.6±1.5 4.4±1.4 4.5±1.4
FVC at baseline (%) 82.6±21.39 89.47±19.39 89.89±21.14
DLCO at the end of study (%) 62.04±18.86 66.06±18.70 70.07±22.19

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