**ABSTRACT**

**CORONARY Atherosclerosis in BEHCET'S DISEASE**

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**Background:** Behcet's disease (BD) is systemic vasculitis, which affects all types and sizes of vessels. Increased carotid intima-media thickness (IMT) is parameter associated with subclinical atherosclerosis.

**Objectives:** To determine the prevalence of atherosclerosis in pts with BD.

**Methods:** 95 BD pts were evaluated and 45 healthy controls matched for age and gender.

**IMT was assessed by high-resolution B-mode ultrasonography. Serum concentration of high-sensitivity C-reactive protein (hs CRP) was measured by immunonephelometric assay (BN-100 Analyzer; Dade Behring). Lipid profile evaluation included total cholesterol, TGs, HDL, LDL, and atherogenic index.**

**Results:** The male-to-female ratio was 3.7:1, the mean age of pts was 29.7 (23-35) yrs, the mean age at the disease onset - 19.9 (14-25) yrs, the mean disease duration - 9.6 (4-15) yrs.

**Conclusion:** Decreased ovarian function was found in patients with high SLE activity treated with CP with Rituximab.

**Disclosure of Interests:** None declared

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**ABSTRACT**

**Pregnancy outcomes in patients with rheumatic diseases.**

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**Background:** To evaluate pregnancy outcomes in patients with Behcet's disease (BD), systemic lupus erythematosus (SLE), rheumatoid arthritis (RA), and systemic sclerosis (SSD).

**Methods:** The study included 73 patients with rheumatic diseases (RDs) aged 18 to 40 years signing the informed consent form and completing dedicated thematic chart. The mean age of participants was 30.0 years - for BD patients; 33.5 years - for SLE, 33.5 - for RA; and 35.0 for SSD patients; mean disease duration was 4.5 years, 11.5 years 4.0 years and 6.0 years, respectively. 23 patients (11 BD patients, 5 SLE, 5 RA and 2 SSD) did not return the questionnaire.

**Results:** Outcomes of 158 pregnancies in RD patients were as follows: 95 (60%) on time births of full-term babies; 2 cases (1.2%) of early neonatal death in two BD females (premature deliveries at 28 and 32 gestational weeks of babies with signs of extreme prematurity who died 1 day after birth); 35 pregnancies were terminated before 10 weeks of gestation: 34 pregnancies (in 4 patients) - at the woman's request, 1 for medical reasons (rubella at 7 weeks of gestation). Totally 27 cases of adverse pregnancy outcomes were documented in 20 patients (40% of 50 patients); 19 cases (in 14 patients) of intrauterine deaths, one case of ectopic pregnancy, 8 cases (in 6 patients) of early miscarriages (at 5, 6 and 10 weeks of gestation). There were no cases of antiphospholipid syndrome documented. Pregnancy outcomes in RD patients

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**ABSTRACT**

**AN OPEN-LABEL, EXPLORATORY STUDY TO ESTABLISH THE EFFICACY AND SAFETY OF 1-YEAR CANAKINUMAB TREATMENT IN BEHCET'S DISEASE PATIENTS WITH NEUROLOGIC OR VASCULAR INVOLVEMENT**

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**Background:** Previous observations in Behcet’s disease (BD) patients receiving anti-IL1 therapies suggested that dosage and route of administration may be critical in controlling disease manifestations. This was supported by favorable observations with infliximab infusions reaching higher serum trough levels in refractory BD patients compared to other anti-TNF agents.

**Objectives:** The primary objective was to evaluate the safety and efficacy of intravenous (IV) canakinumab (CANA) on the clinical and inflammatory findings of BD patients with neurologic and vascular involvement.

**Methods:** Biologic-naive BD patients, who had a recent attack of large vessel vascular or parenchymal neurologic disease within the last month were enrolled and all received 300 mg CAN IV without a change in other medications. Response was assessed on day 30 as the primary objective; partial

**Disclosure of Interests:** None declared

responders were able to take the 2nd 300 mg IV on day 30 and continued the treatment with monthly 150 mg IV 4 times. Others continued the treatment with 150 mg IV monthly. At month 6, patients were able to switch to SC injections or continue 150 mg IV for 6 months. Non-responder patients were dropped out. Prednisolone dosage was ≤20 mg at baseline and not increased during the trial. Complete response was defined as full clinical recovery to pre-attack state, disappearance of MRI lesions, normalization of CSF findings; partial response was defined as partial improvement in clinical findings, which were still worse than pre-attack state, with MRI lesions becoming smaller with no or less enhancement, and a decrease in CSF cell count. Complete response of vascular findings was defined as ≥50% improvement in patient’s and physician’s global assessments, ≥50% reduction in CRP; along with stable or ≥20% reduced aneurysm size or stable or ≥20% reduced calf swelling; and partial response was an improvement between 20-49% in global assessments, 20-49% reduction in CRP; stable or ≤20% reduced aneurysm size or ≤20% reduced calf swelling.

Results: 9 subjects were screened, and 8 male subjects (5 vascular, 3 neurologic) aged 27.3 ± 2.3 years entered the study. No new attack or worsening of manifestations was observed, and at least a partial response was obtained in all patients on day 30. Two vascular patients (2/5, 40%) and 1 neurologic patient (1/3, 33%) received another 300 mg infusion on day 30; one of them left the study on day 120 because of safety concerns after noticing the use of illicit drugs, and the other required 150 mg IV CAN after day 180 and discontinued the study because of the worsening of pulmonary artery aneurysm, despite favorable response in venous findings. The remaining 3 patients (3/6, 50%) with deep vein thrombosis completed the study with clinical and radiological improvement. 2 patients with parenchymal involvement had lesions in the brain stem and showed complete improvement of clinical findings between 1-3 months and radiologic findings between 3-6 months. Clinical findings of 1 patient with sinus thrombosis improved within 2 months, and the last cranial MRI showed that the vein thrombus was recanalized. Patients experienced other mild manifestations of BD following a switch to SC administration.

Conclusion: Response to CAN without high-dose methylprednisolone treatment suggests that IL-1 antagonism plays a role in acute exacerbations of neurologic and vascular manifestations of BD, and no new safety signal was recorded with IV use. Favorable responses during the early months of the study and development of clinical and laboratory findings after switching to SC administration may suggest that achievement of higher serum trough levels may be critical, and up-titration of the dosages may provide better results in individual patients with higher inflammatory activity.

References: NA

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Efficacy of Apremilast for the Treatment of Genital Ulcers Associated with Active Behçet’s Syndrome: A Combined Analysis of Two Randomized Controlled Trials

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Background: Behçet’s syndrome is a chronic, multi-system inflammatory disorder characterized by painful, recurrent oral ulcers (OU) and genital ulcers (Gu), 1 The GU associated with Behçet’s syndrome can contribute to difficulties with sexual activity, walking, and sitting; 2 may cause scarring; 2 and may impair quality of life. 3 Apremilast (APR), an oral phosphodiesterase 4 inhibitor, has demonstrated efficacy in the treatment of the OU associated with Behçet’s syndrome in the phase III, randomized RELIEF study (BCT-002). 4

Objectives: To describe the efficacy of APR for the treatment of GU associated with active Behçet’s syndrome in the RELIEF study and in a pooled data analysis of RELIEF and the phase II study.

Methods: Adult patients (≥18 years of age) with active Behçet’s syndrome and ≥3 OU at randomization or ≥2 OU at screening and randomization, without active major organ involvement, were randomized (1:1) to APR 30 mg twice daily or placebo (PBO). In RELIEF, clinical improvement in GU was assessed by evaluating the time to the first GU recurrence after loss of complete response, the number of GU in patients without GU at baseline, and the proportion of patients who were GU-free (complete response) at Week 12 (regardless of baseline GU status). A pooled analysis of patients in RELIEF and a randomized, phase II study 5 were conducted to assess achievement of GU complete response in patients with GU at baseline. In patients with GU complete response before Week 12, the median time to the first GU recurrence after loss of complete response was based on Kaplan-Meier estimates. The number of GU was summarized descriptively using data as observed. Between-group differences in the proportion of patients who were Gu-free at Week 12 were analyzed by Cochran-Mantel-Haenszel test using non-responder imputation to handle missing data. Statistical tests were 2 sided (α=0.05).

Results: A total of 207 patients were randomized and received ≥1 dose of study medication (APR: n=104; PBO: n=103). In all, 17 patients in the APR group and 17 in the PBO group had GU at baseline, with mean GU counts of 2.9 (APR) and 2.6 (PBO). Among patients with GU at baseline in RELIEF, 12/17 (70.6% [APR]) and 7/17 (41.2% [PBO]) achieved GU complete response at Week 12 (P=0.110). The median time to first GU recurrence in these patients occurred earlier with PBO (6.1 weeks) vs. APR (not calculable). In the pooled analysis of RELIEF and the phase II study, a significantly greater proportion of patients with GU at baseline achieved GU complete response at Week 12 with APR vs. PBO (21/27 [77.8%] vs. 9/23 [39.1%; P=0.011] (Figure 1). The proportion of patients who were GU-free was significantly greater with APR (92/104 [88.5%]) vs. PBO (72/101 [71.3%]), regardless of baseline number of GU (P=0.002) (Figure 2).

Conclusion: The number of patients with GU was low, but the totality of the data shows a favorable trend in the treatment effect of APR on GU. Greater proportions of APR-treated patients were GU-free at Week 12 vs. patients receiving PBO, and the time to the first GU recurrence occurred earlier with APR vs. PBO.

References: