Background: Synovitis, acne, pustulosis, hyperostosis, osteitis (SAPHO) is a rare disease involving skin and skeleton, with a potentially complicated and severe course, optimal management of which seems to require a collaborative rheumatology and dermatology care. Diagnostic criteria for SAPHO remain preliminary and lack validation. There are no evidence-based treatment algorithms in SAPHO due to lack of clinical trials in this rare medical condition.

Objectives: This study aimed to investigate the current practice in the diagnosis and treatment of SAPHO syndrome among the international rheumatology and dermatology communities.

Methods: We conducted a survey among the members of the Group for Research and Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA) combining international rheumatologists and dermatologists as well as members of the Japanese and Israeli Societies of Rheumatology.

Results: A total of 78 physicians participated in the survey; rheumatologists (83%, n=65), dermatologists (11.5%, n=9), and orthopedics (3.8%, n=3). SAPHO was considered a subtype of spondylarthritis by 48.7% (n=38), a subtype of psoriatic arthritis by 19.2% (n=15), a separate entity by 25.6% (n=20), and a subtype of reactive arthritis by 6.4% (n=5). Palmoplantar pustulosis was the most prevalent cutaneous manifestation (n=44, 56.4%) and anterior chest pain - the most prevalent osteoarticular manifestation (n=65, 84.6%). The majority (84.6%, n=65) of respondents considered anti-rheumatic drugs, anti-steroidal anti-inflammatory drugs, and biologics as the preferred treatment algorithm (Table 1).

Conclusions: Our study underlines the controversy on diagnosis and treatment of SAPHO syndrome among specialists in rheumatology and dermatology and emphasizes an unmet need for update and validation of diagnostic criteria and treatment approach.

Disclosure of Interests: None declared.

References:

SAT0520

CONTOVERSY ON DIAGNOSIS AND TREATMENT OF ADULT PATIENTS WITH SAPHO SYNDROME: MULTI-DISCIPLINARY INTERNATIONAL SURVEY

V. Furer1,2, M. Kishimoto3, S. Tauli4, Y. Taniguchi5, Y. Ishihara6, T. Tomita7,8, O. Elkayam1,2, Tel Aviv Sourasky Medical Center, Tel Aviv-Yafo, Israel; 2Tel Aviv University, Sackler Faculty of Medicine, Tel Aviv-Yafo, Israel; 3Kyorin University School of Medicine, Department of Nephrology and Rheumatology, Mitaka, Japan; 4Osaka Minami Medical Center, Department of Rheumatology and Orthopaedic Surgery, Osaka, Japan; 5Kochi Medical School Hospital, Department of Endocrinology, Metabolism, Nephrology and Rheumatology, Nankoku, Japan; 6Japan Medical Research Foundation, Tokyo, Japan; 7Graduate School of Medicine and Faculty of Medicine, Osaka University, 8Department of Orthopaedic Biomaterial Science, Suita, Japan

Background: Synovitis, acne, pustulosis, hyperostosis, osteitis (SAPHO) is a rare disease involving skin and skeleton, with a potentially complicated and severe course, optimal management of which seems to require a collaborative rheumatology and dermatology care. Diagnostic criteria for SAPHO remain preliminary and lack validation. There are no evidence-based treatment algorithms in SAPHO due to lack of clinical trials in this rare medical condition.

Objectives: This study aimed to investigate the current practice in the diagnosis and treatment of SAPHO syndrome among the international rheumatology and dermatology communities.

Methods: We conducted a survey among the members of the Group for Research and Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA) combining international rheumatologists and dermatologists as well as members of the Japanese and Israeli Societies of Rheumatology.

Results: A total of 78 physicians participated in the survey; rheumatologists (83%, n=65), dermatologists (11.5%, n=9), and orthopedics (3.8%, n=3). SAPHO was considered a subtype of spondylarthritis by 48.7% (n=38), a subtype of psoriatic arthritis by 19.2% (n=15), a separate entity by 25.6% (n=20), and a subtype of reactive arthritis by 6.4% (n=5). Palmoplantar pustulosis was the most prevalent cutaneous manifestation (n=44, 56.4%) and anterior chest pain - the most prevalent osteoarticular manifestation (n=65, 84.6%). The majority (84.6%, n=65) of respondents considered anti-rheumatic drugs, anti-steroidal anti-inflammatory drugs, and biologics as the preferred treatment algorithm (Table 1).

Conclusions: Our study underlines the controversy on diagnosis and treatment of SAPHO syndrome among specialists in rheumatology and dermatology and emphasizes an unmet need for update and validation of diagnostic criteria and treatment approach.

Disclosure of Interests: None declared.

References:
also, we observed that level of HDLP-C is higher in patients with early stages than in late stages of AN (1.55 [1.31-1.57] vs. 1.23 [1.04-1.36] mmol/l, p<0.04). Thus, HDLP-C can be interpreted as a protective factor against contralateral joint involvement in AN patients. The data obtained is consistent with the existing data that HDLP-C lowers the risk for cardiovascular events.

Figure 2. HDLP-C levels in patients with early and late stages of arcus senilis

Conclusion: The data obtained indicate a significant role of dyslipidemia in the pathogenesis of AN in the context of vascular theory.

References:

Disclosure of Interests: Katsiaria Gudkevich: None declared, Natalia Martusevich Shareholder of: k, Elena Dashkevich: None declared.

DOI: 10.1136/annrheumdis-2020-eular.6505

SAT0522 PROGRESSION OF VISION-RELATED QUALITY OF LIFE AND IDENTIFICATION OF RISK FACTORS IN NON-INFECTIOUS UVEITIS PATIENTS

I. Hernández1, L. Abasolo2, B. Fernandez1, A. Madrid García1, J. Font1, E. Pato1, L. Rodriguez Rodriguez2, *Hospital Clínico San Carlos, Rheumatology, Madrid, Spain; 1Fundación para la Investigación Biomedica - HCSC, Rheumatology, Madrid, Spain

Background: Uveitis are characterized by inflammation of the middle layer of the eye wall. In developed countries uveitis are the second major treatable conditions are associated with an important burden. The assessment of the subjects affected with these conditions will develop complications related to the uveitis, and more than 30% will suffer visual impairment. As a result, these conditions are associated with an important burden. The assessment of the patient’s quality of life (QoL) through standardized and validated questionnaires allows us to evaluate objectively the burden of the disease. Several studies have shown that the QoL of uveitis patients is reduced when compared with that of general population. Moreover, several socio-demographic and clinical related characteristics have been associated with impaired QoL. However, no longitudinal analysis of the vision-related (VR) QoL in clinical practice has been carried out.

Objectives: To describe VR-QoL in non-infectious uveitis (NIU) patients during a follow-up period of two years. Furthermore, to analyse the influence of socio-demographic, clinical and treatment factors on the progression of VR-QoL.

Methods: Longitudinal prospective study which includes patients examined in a multidisciplinary tertiary uveitis clinic, with a diagnosis of NIU. In each of these patients a yearly determination of VR-QoL was carried out following the VFQ-25 questionnaire, finally including all those who had completed at least an initial questionnaire and a second one after two years of follow-up. Analysis of risk factors at baseline in repeated VFQ-25 measurements was carried out by generalized estimating equations (GEE) models. Variables related to demographic, clinical and treatment factors with a determination of p-value <0.15 were included in multivariable models, which were then compared using the Quasi Akaike Information Criteria (qAIC). A local Ethics Committee approved the execution of this project.

Results: 128 patients were included, 117 of which also had an evaluation after the first year of follow-up. 55.5% were female with a median age of 34 years at the start of symptoms and of 37 years at the moment of attending our clinic for the first time. First evaluation of VR-QoL was determined a median (p25-p75) of 6.1 (1.8-13.1) years after that first visit. The most frequent locations of NIU were anterior (41.1%), panuveitis (27%), posterior (16.1%) and intermediate (15.3%). At our first evaluation, 273% of patients were receiving treatment with topical steroids, 22.3% oral, 49.2% immunosuppressant drugs (both synthetic and/or biological) and 19.05% biological therapies. The median (p25-p75) VFG25 determinations at baseline, first and second years of follow-up were 0.87 (0.78-0.93), 0.88 (0.80-0.93) y 0.89 (0.81-0.94), with no significant differences (first year vs. Baseline p = 0.54; 2 years vs. Baseline p = 0.61).

In the GEE multivariable models the presence at baseline of permanent incapacity due to NIU, concomitant thyroid disease, worse visual acuity, unilateral pattern, cataracts, retinal vasculitis, epiretinal membrane and use of azathioprine were independently associated with a worse VR-QoL (Table 1).

Table 1. Risk factors related to VR-QoL in patients with NIU

<table>
<thead>
<tr>
<th>Variables Coef. (IC 95%)</th>
<th>p-value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Visual acuity 23.6 (12.3 - 34.8)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Permanent incapacity -24.8 (-33.7 - -15.9)</td>
<td>&lt;0.01</td>
</tr>
<tr>
<td>Unilateral NIU -2.9 (5.7 - -0.006)</td>
<td>0.05</td>
</tr>
<tr>
<td>Cataracts -5.2 (-10.0 - -0.3)</td>
<td>0.037</td>
</tr>
<tr>
<td>Vasculitis -13.3 (-23.4 - 0.011)</td>
<td></td>
</tr>
<tr>
<td>Epiretinal membrane -6.8 (-12.7 - -0.8)</td>
<td>0.026</td>
</tr>
<tr>
<td>Azathioprine -75 (-14.7 - -0.3)</td>
<td>0.041</td>
</tr>
</tbody>
</table>

Conclusion: During these two years of follow-up, no significant changes have taken place regarding VR-QoL in patients with NIU assessed at a tertiary centre. Other than visual acuity at baseline, certain oculomotor manifestations and clinical comorbidities have also been shown to have an independent effect on the VR-QoL of these patients.

Disclosure of Interests: None declared

DOI: 10.1136/annrheumdis-2020-eular.5889

SAT0523 BIOLOGICAL THERAPY IN REFRACTORY ATYPICAL OPTIC NEURITIS. MULTICENTER STUDY


Background: Optic Neuritis (ON) is an inflammation of the optic nerve. Its most common presentation is demyelinating typical ON. Atypical ON is rare, non-demyelinating and can be isolated or associated to different diseases including autoimmune diseases. If it is not treated, it can lead to devastating visual results. Conventional treatment includes systemic corticosteroids and conventional immunosuppressants (CIS).

Objectives: Our aim was to assess the efficacy of biological therapy in atypical ON refractory to conventional treatment.

Methods: Open-label multicenter study including 19 patients diagnosed with atypical ON refractory to systemic corticosteroids and at least one CIS. The main outcomes assessed were Best Corrected Visual Acuity (BCVA) and optic nerve and ganglion cells Optical Coherence Tomography (OCT). These outcome variables were recorded at baseline, 1 week, 2 weeks, 1 month, 3 months and 6 months and 1 year after biological therapy onset.