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FRI0419 OUTCOMES OF DOSE REDUCTION OF TNF-INHIBITORS IN AXIAL SPONDYLOARTHRITIS AT 24 MONTHS

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Background: Some patients with inflammatory arthritis who respond well to TNF inhibitor (TNFi) treatment continue to do so after dose reduction. In Axial Spondyloarthritis (axSpA) dose optimisation is desirable but the extent of benefit is unclear and predictors of therapeutic response to dose reduction are unknown.

Objectives: To observe responses to dose reduction of TNFi treatment in axSpA patients and to seek preliminary predictors of low-dose therapeutic response.

Methods: AxSpA Patients at 4 UK centres were allowed to reduce their doses of TNFi therapy if they had met UK (NICE) response criteria and remained well for at least 6 months and wished to do so. There was no predetermined dose-reduction schedule. The proportion of dose reduction was calculated as a percentage, in mg per month, of the original, standard dose. All patients completed BASDAI and BASFI questionnaires at each visit with annual BASMI measurement. CRP levels were measured frequently. Individuals who continued to take reduced-dose treatment throughout the 24-month period were designated "Remainers" (REM) and those who reverted to full-dose treatment were designated "Reverters" (REV). Data were collected at 6 timepoints; 1: immediately before starting TNFi therapy; 2: at the point of dose reduction; 3: at the point of reversion to full-dose treatment (REV only); 4: 6 months after dose reduction; 5: 12 months after dose reduction; 6: 24 months after dose reduction.

Results: 58 patients (86% male) who had reduced their dose of TNFi treatment were observed for 24 months. 47 (81%) were REM and 11 (19%) were REV. Mean disease duration prior to biologic therapy was 22.6 years for remainers and 18.6 years for reverters. Mean dose reduction was 38% and 41%, respectively. These 47 REM (85% male) were of mean age 53.6 (range 36 to 71) years, compared with the 11 REV (63.6% male) whose mean age was 51.9 (range 39 to 71) years.

Mean BASDAI, BASFI and BASMI scores and CRP levels at the designated time points are shown in table 1.

REM mean BASDAI scores reduced from 1.9 to 1.4 (28%) from dose reduction to 24 months whereas REV mean BASDAI scores increased from 1.8 to 2.4 (34%) from dose reduction to dose reversion.

REM mean BASFI scores reduced from 2.5 to 1.4 (43%) from dose reduction to 24 months whereas REV mean BASFI scores increased from 2.6 to 3.0 (17%) from dose reduction to dose reversion.

REM mean BASMI scores reduced from 3.4 to 2.3 (32%) from dose reduction to 24 months whereas REV mean BASMI scores increased from 2.8 to 3.3 (19%) from dose reduction to dose reversion.

REM mean CRP scores decreased from 4.1 to 0.7mg/dl (83%) from dose reduction to 24 months and REV mean CRP scores also decreased from 4.7 to 3.5mg/dl (25%) from dose reduction to dose reversion.

Conclusion: Amongst these selected patients with axSpA 85% continued to respond to TNFi treatment in spite of 38% dose reduction. Reverters were more likely to be female and to have relatively low CRP levels at the initiation of TNFi treatment; reversion was preceded by modest rises in BASDAI, BASFI and BASMI but by continued fall in CRP levels.

There is a need for randomised dose-reduction studies in axSpA and further research to understand the factors that lead to dose-reversion.

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TABLE

	No	T/P1	T/ P2	T/ P3	T/ P4	T/ P5	T/P 6
BASDAI	47	5.8	1.9	n/a	1.2	1.3	1.4
REM							
REV	11	5.2	1.7	2.4			
BASFI REM	47	4.5	2.5	n/a	1.6	1.4	1.4
REV	11	4.4	2.6	3.0			
BASMI REM	47	3.9	3.4	n/a	1.8	2.0	2.3
REV	11	4.0	2.7	3.3			
CRP REM	47	12.8	4.1	n/a	0.8	1.4	0.7
REV	11	6.7	4.7	3.5			

T/P Timepoint

FRI0420 IXEKIZUMAB SIGNIFICANTLY IMPROVES SELF-REPORTED OVERALL HEALTH IN PATIENTS WITH ACTIVE ANKYLOSING SPONDYLITIS/RADIOGRAPHIC AXIAL SPONDYLOARTHRITIS: SF-36 RESULTS OF TWO PHASE 3 TRIALS

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Background: Using the Short Form-36 (SF-36) questionnaire, previous studies have determined that ankylosing spondylitis/radiographic axial spondyloarthritis (AS/r-axSpA) significantly impairs patients' health-related quality of life (HRQoL).¹ Ixekizumab (IXE), a humanized anti-interleukin-17A monoclonal antibody, improves disease signs and symptoms in patients with AS/r-axSpA.^{2,3} Week 16 SF-36 results from two clinical trials with IXE are presented here (NCT02696785 and NCT02696798).

Objectives: To evaluate the efficacy of IXE versus placebo (PBO) in improving HRQoL assessed by the SF-36 questionnaire in patients with active AS/r-axSpA who were either naïve to biologic therapy or have failed or been intolerant of one or two TNF inhibitors (TNFi).

Methods: COAST-V and -W are randomized, double-blind, placebo-controlled clinical trials. Enrolled patients were adults with active AS/r-axSpA classified by ASAS criteria who fulfilled mNY of sacroiliitis (central reading), with Bath Ankylosing Spondylitis Disease Activity Index (BASDAI) and back pain ≥ 4 . In COAST-V, patients naïve to biologic agents were randomized 1:1:1:1 to receive 80 mg IXE every 4 weeks (Q4W), 80 mg IXE every 2 weeks (Q2W), adalimumab 40 mg Q2W (ADA), or PBO. In COAST-W, patients who had failed on or were intolerant of one or two TNFi were randomized 1:1:1 to 80 mg IXE Q4W, 80 mg IXE Q2W, or PBO. In both studies, patients in the IXE arms were randomized to receive either 80 mg or 160 mg IXE as the starting dose. Comparisons of change from baseline to Week 16 in norm-based SF-36 scores between active groups and PBO were performed using mixed model for repeated measures.