scores on pain catastrophizing had a lower improvement in VAS and WOMAC scores at the end of therapy and at first month after therapy (figure 1).

Abstract OP0078 – Table 1. Demographic data of all patients

	Low catastrophizing (n:47)	High catastrophizing (n:42)	Total (n:89)	p
Age, mean±SD (years)	58.93±9.68	62.00±8.54	60.38 ±0.97	0.11
Gender n (%)	37 (78.7)	36 (85.7)	73 (82)	0.39
Female	10 (21.3)	6 (14.3)	16 (18)	
Male				
BMI, mean±SD	29.18±3.62	29.51±3.72	29.34 ±0.38	0.52
BDI-II, mean±SD	9.19±5.69	16.30±8.41	12.55 ±7.91	<0.001*
Employment Status n (%)	21 (44.7)	31 (73.8)	52 (58.4)	0.096
Not working	3 (6.4)	1 (2.4)	4 (4.5)	
Labourers	6 (12.8)	3 (7.1)	9 (10.1)	
Retail trading	13 (27.7)	5 (11.9)	18 (20.2)	
Retired	4 (8.5)	2 (4.8)	6 (6.7)	
Government employee				
Initial VAS, mean ±SD	6.97 (1.01)	7.85 (0.95)	7.39 (1.07)	<0.001*
Initial WOMAC, mean±SD	31.63 (15.03)	55.78 (15.65)	43.03 (19.47)	<0.001*

PCS: Pain Catastrophizing Scale, VAS: Visual Analogue Scale, WOMAC: Western Ontario and McMaster Universities Osteoarthritis Index.

High catastrophizing was described as total PCS score ≥ 30 .

Low catastrophizing was described as total PCS score < 30 .

* Statistically significant value ($p < 0.05$)

Abstract OP0078 – Figure 1 The comparing of differences of VAS and WOMAC scores among low catastrophizing and high catastrophizing groups.

Conclusions: We suggest that high levels of initial PCS score may cause lower improvement on pain and functional levels in the patients who underwent physical therapy. Screening for pain catastrophizing and depression in the patients who receive physical therapy and taking necessary precautions may improve outcomes.

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Disclosure of Interest: None declared

DOI: 10.1136/annrheumdis-2018-eular.2295

WEDNESDAY, 13 JUNE 2018: Don't delay, connect today!

OP0079-PARE 'AWARENESS WEEK FOR RHEUMATIC DISEASES- 8–14 MAY 2017'

B. Boteva, H.L. Bankova. Sofia, Bulgaria

Background: Among the main priorities that Bulgarian Organisation for people with rheumatic diseases follow is the dissemination of knowledge and information about RMD's.

An important initiative is the annual awareness week about RMD's which is organised since 2015. The awareness week is organised in May and the idea occurred after EULAR's Knowledge transfer program in which BOPRD took part in 2013.

Objectives: In 2017 the focus was on two of the rheumatic diseases – SLE and fibromyalgia. SLE and fibromyalgia are not well known in our country that is why we decided to spread awareness among general public and policymakers.

The main goal of the 2017 awareness week for RMD's was to:

- inform the society and policymakers about the social significance of SLE and fibromyalgia
- Spread awareness about the most common symptoms of SLE and fibromyalgia
- Inform people with SLE, fibromyalgia and other RMDs how they can manage symptoms as anxiety, depression, and tension.

Methods: The 2017 awareness week about RMDs was organised in the period 8–14 May 2017.

One of the most important accents was a seminar, organised on 8 of May. We have invited as lecturer Gergana Radovich who is one of the international T-Tapp trainers. She holds a Master degree in Cognitive science, as well as certificates for Psych-K Facilitator and EFT Practitioner.

T-Tapp is a series of movements designed to put the body in proper functional alignment, restore metabolic function and stands on its own as a complete workout. Such a seminar for people with RMDs was not organised before. The participants had the chance to learn more about EFT and T-Tapp and how these techniques can benefit their condition and help them fight fear, tension, and anxiety.

At 10-th of May – World lupus day a discussion about the problems that people with SLE face was organised.

In the evening the National Palace of Culture (a famous building in the capital of Bulgaria) was lit in purple light to support people with SLE.

Results: The 2017 awareness week for RMDs was very successful.

All publications and media interviews that were published at the organisation's website and in other websites reached more than 4000 people in total.

88 people liked the organisation's Facebook page in the period 8–14 May 2017.

We have managed to continue to offer online EFT and T-Tapp lessons to the members of the organisation

Acknowledgements: Miglena Ivanova; Snezhana Bozhinova; Janeta Cherpo-kova; PRCare;Bozhidar Ivkov;Hristina Bankova

Disclosure of Interest: None declared

DOI: 10.1136/annrheumdis-2018-eular.7407

OP0080-PARE PHOTO ALBUM OF PEOPLE WITH RHEUMATIC DISEASES UNDER THE TITLE: 'THERE ARE SOME PEOPLE... OUR PEOPLE!!!'

K. Koutsogianni, E. Tsourlidaki, J. Papadakis, R. Stara, L. Papadaki, on behalf of The Arthritis Foundation of Crete. *The Arthritis Foundation of Crete, Heraklion, Crete, Greece*

Background: The impact of rheumatic diseases in the daily life of people is sometimes quite dramatic, causing abundance of everyday pleasures and activities even one's hobbies. The burden of RMDs is not adequately communicated to the public or to the state, so that this important aspect is not generally met with relevant seriousness.

Objectives: The goal of our campaign was: a. to give a clear picture of the difficulties that people with rheumatic diseases face in their everyday life and b. to prove that some people manage to overcome their serious movement problems, their pain and dysfunction and show, with dignity and strength, that the artistic part inside them is vividly alive. The message we would like to communicate here is: THE POWER OF MIND IS STRONGER THAN BODY WEARENESS AND CHRONIC PAIN.

Methods: Firstly we got in touch with members of our Association that their skills could be presented in the album and discussed our idea, which was gladly accepted by them.

10 members of the association are included in the album, all of which are people with severe inflammatory rheumatic diseases. Ignoring their obvious moving problems and putting aside their other engagements, these wonderful people follow their talents and become sculptors, icon painters, pastry chefs etc. After the nomination of the sponsor for the project, a professional photographer was selected to capture the talents, the dedication to their art and the inner feelings of those people, in a way that can only be detected through the photographer's eye.

The shooting started in March 2017 and was finished in September 2017. Each of the artists had the chance to spend time with the photographer, express their feelings and show their way of life to him. This face to face contact enabled George (the photographer) to depict on his photos the real personality of these special people.