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FRI0203 THE LINK BETWEEN COPD AND ANKYLOSING SPONDYLITIS: A POPULATION BASED STUDY

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Background: Ankylosing spondylitis (AS) is one of the most common and severe subtypes of the spondyloarthropathies. Extra-articular involvement among AS patients, including lung disease, has been described widely. Chronic obstructive pulmonary disease (COPD) has been linked to several autoimmune diseases, however, very few studies have investigated the association between AS and COPD.

Objectives: To assess whether an association exists between AS and COPD.

Methods: A population-based cross-sectional study was conducted using data retrieved from the largest electronic medical records database in Israel, the Clalit Health Services (CHS). Patients were defined as having AS or COPD when there was at least one such documented diagnosis in their medical records. The proportion of COPD was compared between AS patients and controls. A logistic regression model was used to estimate the association between AS and COPD in a multivariate analysis adjusted for age, gender and smoking status

Results: The study included 4076 patients with AS and 20 290 age- and sex-frequency matched controls. The proportion of COPD in AS patients was higher than in controls (46% vs. 18%, respectively, $p < 0.001$). Multivariate logistic regression demonstrated a robust independent association between AS and COPD (OR 1.225, $p = 0.031$).

Abstract FRI0203 – Table 1. Interactions between COPD, covariates by strata and AS

	ALL n=24 366	Controls n=20 290	AS n=4076	OR	P
COPD	628 (2.58%)	431 (2.12%)	197 (4.83%)	2.34 [1.97;2.78]	<0.001
Gender:	172 (1.95%)	117 (1.60%)	55 (3.74%)	2.40 [1.72;3.30]	<0.001
Female					
Gender: Male	456 (2.93%)	314 (2.42%)	142 (5.45%)	2.32 [1.89;2.84]	<0.001
Age: 18–44	14 (0.19%)	8 (0.13%)	6 (0.50%)	3.94 [1.27;11.6]	0.020
Age: 45–69	306 (2.42%)	189 (1.78%)	117 (5.70%)	3.34 [2.63;4.22]	<0.001
Age: 70+	308 (7.25%)	234 (6.83%)	74 (9.01%)	1.35 [1.02;1.77]	0.034
SES: Low	268 (5.35%)	193 (5.47%)	75 (5.04%)	0.92 [0.69;1.20]	0.542
SES: Medium	247 (4.72%)	154 (4.36%)	93 (5.47%)	1.27 [0.97;1.65]	0.077
SES: High	97 (3.46%)	68 (3.54%)	29 (3.27%)	0.93 [0.59;1.43]	0.729
BMI≤25	172 (4.11%)	111 (3.86%)	61 (4.64%)	1.21 [0.88;1.66]	0.242
BMI>25	338 (4.49%)	204 (4.20%)	134 (5.04%)	1.21 [0.97;1.51]	0.094
Smoking	454 (8.23%)	304 (8.34%)	150 (8.01%)	0.96 [0.78;1.17]	0.674

N: number of cases; AS: ankylosing spondylitis; BMI: body mass index (kg/m^2); SES: socioeconomic class; COPD: chronic obstructive pulmonary disease.

Note: The table presents stratified analysis of COPD patients. Reference category for each stratum is patients without COPD.

Abstract FRI0203 – Table 2. Logistic regression – Covariates associated with COPD

Variable	OR	CI	P
Age (years)	1.078	1.071 1.085	<0.001
Gender:	1.042	0.863 1.263	.671
Male			
Smoking	9.862	8.174 11.949	<0.001
AS	1.225	1.017 1.472	.031

OR: odds ratio; CI: confidence interval; AS: ankylosing spondylitis; COPD: chronic obstructive pulmonary disease.

Conclusions: Our study supports an association between AS and COPD, further extending the link between COPD and autoimmune diseases. This finding highlights the importance of smoking cessation in AS patients and raises the question of whether COPD screening may be warranted.

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FRI0204

RADIOGRAPHIC PROGRESSION OF SPONDYLOARTHRITIS PATIENTS AFTER 13 YEARS OF FOLLOW UP: DATA FROM THE REGISPONER DATABASE

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Objectives: To describe the radiographic evolution after 13 years of follow-up in a monographic consultation of patients with Axial Spondyloarthritis (EspAax) included in REGISPONER at the Reina Sofia University Hospital in Córdoba.

Methods: Seventy eight SpA patients from the REGISPONER registry were analysed in an observational study, which were evaluated for the first time in the year 2004–2005. The last x-rays analysis of the cervical and lumbar spine, pelvis and hips were recorded. Two independent observers evaluated the radiographs and calculated the BASRI index. The interobserver concordance was studied using Cohen's Kappa statistic. Finally, radiographic progression was assessed using the McNemar test.

Results: Sixty one SpA patients were radiographically evaluated at baseline and after 11 (1.7) years of follow-up. A complete radiographic study was recorded in 38 of them. The baseline characteristics, including BASRI values, as well as the treatment received are listed in table 1. The strength of the interobserver concordance in the radiographic analysis was considerable in hips ($k = 0.77$, $p < 0.001$) and almost perfect at the levels of the cervical spine ($k = 0.88$, $p < 0.001$), lumbar spine ($k = 0.87$, $p < 0.001$) and sacroiliac joints ($k = 0.84$, $p < 0.001$). The BASRIs and BASRIIt scores were 7.5 (2.9) and 8.8 (4.1) respectively. Moreover, during the follow-up, the BASRIIt was increased in 1.23 ($p = 0.014$). Individual analysis of the different components of BASRI, showed that 42.1% of SpA patients got worse regarding the score corresponding to the cervical spine ($p < 0.001$), 28.9% to the lumbar spine ($p = 0.057$), 15.8% to the hip ($p = 0.754$) and no worsening was found in sacroiliac ($p = 0.500$).

Abstract FRI0204 – Table 1. Baseline characteristics and current treatment of the cohort N=38 for the radiographic study.

Type of SpA N(%)	AS 38 (100%)	BASRIs baseline Mean (DS)	6.44 (2.91) 7.60 (3.96)	Current treatment NSAIDs N(%) Daily treatment: 22 (57.9%) Casual treatment: 13 (34.2%) Response: 35 (92.1%) Type: - 18 COX-2 selective (51.4%) - 7 Diclofenac (18.4%) - 5 Indomethacin (13.2%) - 5 Others(13.2%)
Time of evolution Diagnosis-inclusion in the registry Mean (DS) years	11 (7.1)	Degree of sacroiliitis Me (RI)	4 (³⁻⁴)	Current treatment N (%) cDMARDs - Sulfasalazine 1 (2.7%) - Methotrexate 1 (2.7%)
Sex Male Female N(%)	34 (89.5) 4 (10.5)	Degree of cervical spine Me (RI)	1 (0-2)	Current treatment N(%) bDMARDs 10 (26.3%) - 4 Golimumab (10.5%) - 3 Etanercept (7.9%) - 1 Adalimumab (2.6%) - 1 Infliximab (2.6%) - 1 Secukinumab (2.6%)
Age Mean (DS) years	58.2 (7.9)	Degree of hips Me (RI)	1 (0-2)	

Conclusions: This study provides information related to the structural progression of patients followed in a monographic consultation of SpA after 13 years of follow-up. Radiographic evolution was significantly noticed in relation to the total score of the BASRI. However, analysing the individual scores it seems that the cervical spine was the segment where there was greater radiographic progression. We did not find worsening of BASRI in sacroiliac due to the fact that the most of patients already had an advanced degree of sacroileitis in the first visit of the registry.

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