case of relapse of arthritis, enthesitis or dactylitis under methotrexate monother-apy, golimumab was restarted.

Results: Out of a total of 985 participants, 71 (7.2%) had relapse of arthritis, enthesitis or dactylitis under methotrexate monotherapy whereas in 16 patients (17%), golimumab needed to be re-installed because of relapse of disease activity (n=14) or development of adverse events related to methotrexate (n=2). Recurrence of disease was characterised by development of arthritis in all patients with a median of 4 tender and 3 swollen joints. In 50% (n=7) of the cases, concomitant dactylitis was present. 64% (9/14) were having concomitant psoriasis which was mild since all had a BSA <5%. The mean time for recurrence was 28.6 weeks. Restarting golimumab treatment promptly restored clinical remission in all patients within 12 weeks.

Conclusions: In patients with PsA in clinical remission after 2 years of golimumab monotherapy, concomitant administration of methotrexate before discontinuation of the TNFi, did not significantly raise the percentage of patients in biological-free remission. In 76% of patients, golimumab had to be restarted, underscoring the overall weak efficacy of methotrexate in PsA.

REFERENCE:

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THE EFFECT OF TIMING AND DURATION OF STATIN EXPOSURE ON THE RISK OF REVISION FOLLOWING TOTAL HIP OR KNEE ARTHROPLASTY: A POPULATION-BASED COHORT STUDY

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Background: Total hip/knee replacement (THR/TKR) are safe and effective interventions for the treatment of osteoarthritis. However, around 2.5% of patients who undergo a THR/TKR in the UK require revision surgery within 5 years. Experimental studies have suggested that statins may have a beneficial effect on bone by promoting osteoblast formation and reducing osteoclastic bone resorption. Statins have been linked to improved strength of the bone-implant interface and may also attenuate the inflammatory response to particulate wear debris and subsequent periarticular osteosclerosis. Observational data suggest that postoperative exposure to statins may reduce the risk of revision arthroplasty. However, the influence of timing of statin exposure on revision risk has not previously been investigated. This may be significant since statins may affect biological processes occurring at different postoperative periods.

Objectives: To determine whether the timing of statin exposure relative to the primary arthropathy influences the risk of revision arthroplasty. Also to determine whether the duration of exposure is associated with the risk of revision arthroplasty.

Methods: Subjects from the Clinical Practice Research Datalink, a population-based clinical database, who had THA/TKA from 1988–2016 were included. Cox regression models were used to determine the association between statin exposure and the risk of revision THA/TKA. i) at any time and ii) if first exposed 0–1, 1–5, or >5 years following THA/TKA. Cox regression was also used to determine the association between total duration of statin exposure (<1, 1–2, >2–4, >4–5, >5 years) and revision risk. The Cox regression models were adjusted for the propensity score for statin exposure in each period, which was calculated using a logistic regression model including demographic factors, selected comorbidities and selected medication. Missing data for covariates were imputed using multiple imputation by chained equations with 10 iterations.

Results: Out of a total of 5153 participants included, 270 (5.3%) were exposed to statins during follow up and 3500 (2.3%) had revision arthroplasty. In a propensity score adjusted model, exposure to statins was associated with a reduced risk of revision arthroplasty (HR (95% CI) 0.82 (0.74, 0.88)).

Conclusions: Statin therapy initiated up to 5 years following THA/TKA may reduce the risk of revision arthroplasty. The mechanisms by which statin therapy is linked with a reduced risk of revision surgery are not completely understood, though does not appear to be related solely to an effect on osseointegration of the primary prosthesis, which occurs primarily in the early (<1 year) postoperative period.

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ASSOCIATION BETWEEN METABOLIC SYNDROME AND TRAJECTORIES OF KNEE PAIN: A 10.7-YEAR FOLLOW-UP STUDY

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Background: Metabolic syndrome (MetS) has been suggested as having a role in the pathogenesis of osteoarthritis (OA). However, no study has assessed whether MetS and its components are associated with knee pain and its change over time.

Objectives: To identify distinct trajectories of MSP over 10.7 years in an older population, and to examine risk factors for identified trajectories.

Methods: 1099 participants (mean age 63 years) from the population-based Tasmanian Older Adult Cohort study were recruited at baseline. 875, 768 and 563 participants attended years 2.6, 5.1 and 10.7 follow-up, respectively. Demographic, psychological, lifestyle and comorbidities data were obtained at baseline. Knee radiographic OA was assessed by X-ray at baseline. Group-based trajectory modelling was applied to identify distinct trajectories of MSP. Multivariate logistic regression was used for the analyses with adjustment for potential confounders.

Results: 985 participants were included for the analyses, three pain trajectories were identified: ‘Mild pain’ (52%), ‘Moderate pain’ (33%) and ‘Severe pain’ (15%) with 32% of participants having MetS. MetS was significantly associated with increased risk of both ‘Moderate pain’ (relative risk [RR]: 1.47, 95% confidence interval [CI]: 1.10 to 1.96) and ‘Severe pain’ (2.22, 1.54 to 3.20) relative to ‘Mild pain’ in univariate analysis. After adjustment for age, sex, smoking, physical activity, emotional problems, comorbidities and radiographic OA, central obesity was associated with increased risk of both ‘Moderate pain’ (1.70, 1.17 to 2.49) and ‘Severe pain’ (3.28, 2.16 to 4.98), and MetS and its components (hyperglycemia and low HDL) were only associated with increased risk of ‘Severe pain’ (p<0.05). However, these associations became weak and non-significant after further adjustment for body mass index (BMI), but hypertension became significantly protective with ‘Moderate pain’ (0.70, 0.50 to 0.99). Similar associations were found in those with knee OA (RR: 1.70 to 2.75, all p<0.05).

Conclusions: The Met is predominantly associated with knee pain trajectories through central obesity, and hyperglycemia and low HDL can predict ‘Severe pain’ trajectory in those with MetS. An unexpected inverse association between hypertension and moderate pain trajectory requires a further investigation, which may reflect an interaction between blood pressure and pain sensitivity in ‘Moderate pain’ trajectory.

Disclosure of Interest: None declared

RELATIONSHIP OF PROVIDER DENSITY ON TOTAL JOINT REPLACEMENT OUTCOMES


Background: The proportion of providers in a geographical location (provider density) has been associated with improved surgical outcomes in hand and wrist surgery, appendicitis and other high-volume procedures, demonstrating the importance of access to care.

Objectives: The purpose of this study is to assess the association of provider density with Total Knee Replacement (TKR) and Total Hip Replacement (THR) outcomes.

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