Objectives: To assess the impact of Therapeutic Patient Education on safety skills and management of infectious events in patients treated with biologic DMARDs in rheumatology in a preliminary study. Infectious events and their management were self-reported by patients. A cluster analysis aimed to separate patients into working group based on their shortcomings (on the basis of their answers to the Biosecure Assessment).

Results: 414 patients answered the assessment. The median Biosecure Score was 70.98/100 (Q1/Q3: 60.97–84.63). 47% attended Therapeutic Patient Education. The median Biosecure Score was significantly higher in the TPE group than in the TPE-naive group (74.88 versus 67.20/100; p=0.05). Regarding the observance to treatment, activity scores, vaccination rates, and incidence of infectious events, there were no significant differences between the groups TPE and TPE-naive. Nevertheless, there were more treatment interruption for infectious events in the TPE group, suggesting that TPE could lead to better management of treatment during infectious events. Cluster analysis based on Biosecure assessment separated patients into 3 level groups but failed to identify specific patient profiles.

Conclusions: Therapeutic Patient Education could provide better safety skills and better treatment management in patients treated with biologic DMARDs in rheumatology. Prospective studies may confirm the impact of TPE on treatment management during infectious events. Further studies may assess the impact of TPE on incidence of serious infectious events.

REFERENCES:

Disclosure of Interest: None declared

Objectives: Our purposes were to describe and compare the incidence of OI in RA treated by non-TNF-targeted biologics.

Methods: We performed a retrospective longitudinal observational study from 2007 to 2017. We included subjects followed in our outpatient clinic, diagnosed with RA according to ACR criteria, whom started treatment with a bDMARD (rituximab (RTX), abatacept (ABA), or tocilizumab (TCZ)). According to the microbiologist criteria, we consider OI when there was a positive culture (for Virus, Fungus, bacterial or parasitary) or compatible symptoms that responded to specific treatment. When OI was considered it required hospitalisation. We also collected secondary variables: sociodemographic, clinical and other treatments. We used survival techniques to estimate the incidence of OI, expressed per 1000 patient-years [CI 95%]. Exposure time was defined from the start date of each bDMARDs until the development of an OI, discontinuation, loss of follow up or end of study (01/02/2017).

Results: We analysed a total of 164 patients with 219 different courses of bDMARDs treatment. Of these, 76% were women with a mean age at first bDMARD of 61.4±15 years. Rheumatoid factor was positive in 73.6%. Main comorbidities were: Hypercholesterolemia (53.3%), Hypertension (53.2%). Depression (25%), Diabetes (15%), and Ischaemic Heart Disease (9.8%). VSG mean was 38.2±8, and the mean WBC count was 7.8±2.7. The median time from onset of RA until onset of bDMARD was 2.8 years [0.8–6.2]. Of these, 132 were on RTX, 47 were on ABA and 40 were on TCZ. There were 12 OI (9 with RTX, 2 with ABA and 1 with TCZ). RTX have 2 Fungus (Candida krusei and Klebsiella), and 7 Virus (4 Herpes Zoster, 1 virus B reactivation, 1 virus C reactivation). OI for ABA was 2 Virus (1 Herpes Zoster, 1 virus B reactivation), while we found one virus OI with TCZ Fungus (Herpes Zoster). There were no bacterial or parasitary OI. Global incidence rate of OI was 30.49 [17.3–53.6]. The incidence of OI was 38.92 [30.2–74.8] for RTX, followed by ABA with 21.61 [5.4–86.4] and TCZ with 14.3 [1.2–101.6]. We found 3 severe OI (2 fungus infections, 1 virus B reactivation). The incidence of severe OI was 7.62 [2.4–23.6], all of them requiring hospitalisation with no deaths. Severe OI have a higher incidence for men [5.2–8.2] than women 3.3 [0.4–23.7]. All patients with severe OI were taking corticosteroids, and at least one synthetic DMARD. TCZ did not have any severe OI, and the incidence of severe OI was 10.6 [15.7–76.7] for ABA, followed by RTX with 8.6 [2.1–34.5].

Conclusions: The incidence of OI in three non-TNF-targeted biologics in real life conditions is described. Incidence found was near 31 cases per 1000 patients - year. Virus and fungus are the OI more frequent in these bDMARDs. Doctors using bDMARDs should be concerned about this problem and be aware for the detection and management of OI.

Disclosure of Interest: None declared


Background: The retention rates (RR) of biological therapies (BT) have been extensively studied in European countries and the United States, but there is a lack of information about them in emerging populations.

Objectives: To analyse BT retention rates and variables associated to them in the BIOBADAGUAY registry.

Methods: Patients with a chronic inflammatory arthritis enrolled in the Paraguayan-Uruguayan biological register (BIOBADAGUAY) between 2015 and 2017 where included in the study. Phase I of the study was focused in the global RR analysis and association with clinical and epidemiological variables. In phase II we analysed BT retention rate according to different discontinuation motives and association with clinical and epidemiological variables. Survival analysis was performed using Kaplan-Meier estimators and proportional hazard regression models.

Results: A total of 778 BTs where included in the study (etanercept n=184, adalimumab n=440, rituximab n=44, infliximab n=27, tocilizumab n=75, and others n=8). The underlying diagnosis associated to these BTs were rheumatoid arthritis (RA; 58.2%), juvenile arthritis (JIA; 14.2%), ankylosing spondylitis (SA; 12.5%), and psoriatic arthritis (PA; 8%).

In phase I we found that median survival times were 322 ±17.9, 315 ±22.32, 289 ±52 and 233 ±16.69 weeks for AS, PA, RA and JIA respectively. The survival analysis showed that JIA was associated with a higher risk of discontinuation (IRR=2.22 [95% CI, 1.2–4.1] p=1.17 x 10–2), tocilizumab was significantly associated with a higher incidence of global AE, (IRR=2.69 [95% CI, 1.9–3.8]) and severe ones (IRR=3.34 [95% CI, 1.8–6.1] p=1.10 × 10–4). Adalimumab was significantly associated with a lower rate of global AE (IRR=0.6 [95% CI, 0.4–0.8] p=1.86 × 10–4).

Conclusions: AE were mild in general and infections were the most frequent. In the present study, it was found that JIA and treatment with tocilizumab presented a higher IRR of AE while RA presented a higher rate of severe AE.

Disclosure of Interest: None declared


Background: BIOBADAGUAY is the Paraguayan/Uruguayan registry of adverse events (AE) in patients with inflammatory rheumatic conditions under biologic therapy (BT).

Objectives: To determine the frequency and severity of AE in patients under BT from the BIOBADAGUAY registry.

Methods: Prospective, observational study of undetermined length to verify the efficacy, safety and survival of the BT. The methodology applied is available at https://biobadaguay.ser.es. For the present study epidemiological and clinical variables, BT, type and severity of AE were analysed. The incidence rate (IR) was calculated as the total number of adverse events per 1000 patients/year and the incidence rate ratio (IRR) was analysed using the Poisson regression model.

Results: In phase II, we stratified the survival analysis by cause of discontinuation. We analysed withdrawn according to adverse events, we found that RA (p=0.80 × 10–2), HR=1.83[95%CI 1.07–3.15], previous BT (p=0.83 × 10–2, HR=1.76[95% CI 1.00–3.09]) and age (p=0.71 × 10–5, HR=1.05 [95% CI 1.02–1.05]) were significantly associated with a lower BT retention.

In phase II, we stratified the survival analysis by cause of discontinuation. We found that corticoids (p=0.48 × 10–4, HR=2.02 [95% CI, 1.33–3.06]), female gender (p=0.36 × 10–2, HR=1.86 [95% CI, 1.01–3.72]) and previous BT (p=2.52 × 10–6, HR=2.07 [95% CI, 1.07–3.94]) were associated with lower BT retention due to inefficacy. When we analysed withdrawn according to adverse events, we found that RA (p=0.80 × 10–2, HR=1.83[95%CI 1.07–3.15]), previous BT (p=0.83 × 10–2, HR=1.76[95% CI 1.00–3.09]) and age (p=0.71 × 10–5, HR=1.05 [95% CI 1.02–1.05]) were significantly associated with a lower BT retention.

In the group of treatments with discontinuation due to remission, we found that JIA diagnosis (p=0.73 × 10–6, HR=0.38 [95% CI 0.87–106.71]), age (p=0.73 × 10–6, HR=0.38 [95% CI 0.87–106.71]).