Objectives: To explore the impact of diacerein and moderate mechanical stimulation on the anabolic metabolism of OA and non-OA chondrocytes, as well as on the integrin-FAK-MAPKs signal transduction cascade in these cells.

Methods: Mechanical stimulation was applied in terms of three different intensities by the Flexcell tension system. Influence on catabolic parameters such as MMPs, ADAMTS, and IL-6 were assessed by qPCR. Changes in phosphorylation of FAK, STAT3 as well as MAP kinases were verified by western blot analysis. Intracellular calcium was measured fluorimetrically using fura-2.

Results: Mechanical stimulation at moderate intensity (SM/SA) proved to be most efficient in terms of reducing production of matrix degrading enzyme and IL-6 expression. Treatment with diacerein by itself and diacerein in combination with SM/SA reduced phosphorylation of FAK and STAT3, which is more pronounced in OA cells. Pretreatment with diacerein for 7 days resulted in an increase in the sensitivity to Yoda1, the agonist for the mechanically activated ion channel Piezo1. However, in OA cells a significant reduction in Piezo1 expression was observed following treatment with diacerein.

Conclusions: Cyclic tensile strain can reduce matrix destroying enzymes, and when used in combination with diacerein, the activity of integrin signalling components is changed. The observed effects can be mainly attributed to diacerein's capacity to modulate STAT3 and Piezo1, which are both potential targets to prevent the progression of OA.

Disclosure of Interest: None declared

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AB0092 IL37 INHIBITS PROTEOGLYCAN LOSS IN HUMAN OA CARTILAGE: LINK BETWEEN IL37 AND MMP3

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Background: Glycosaminoglycans (GAGs) are essential for the pressure-resistant function of cartilage. During osteoarthritis (OA), GAGs are lost from cartilage. This loss impairs the functional and structural integrity of cartilage, thereby accelerating further cartilage damage. Proteoglycan degradation is mediated by enzymes such as MMP3, MMP13 and ADAMTS5.

Objectives: Recently we discovered that interleukin 37 (IL37) lowers the expression of these enzymes in human OA chondrocytes. The goal of this study was to investigate if IL37 protects against GAG loss in freshly obtained human OA explants.

Methods: Human cartilage was obtained from ten OA patients undergoing total knee or hip arthroplasty. Per condition 6 cartilage explants of 4 mm in diameter were used. Explants were incubated with recombinant IL37 (rhIL37) for up to 6 days. Every other day new rhIL37 was added. Additionally, an MMP3-inhibitor, or MMP13-inhibitor or ADAMTS5-inhibitor was added in the same protocol. Sulfated GAGs (sGAGs) were visualised by histology, and sGAG release in culture medium was quantified using 1,9-dimethylmethylene blue. To study sGAG synthesis, explants were incubated with rhIL37 followed by 4 hour labelling with ³⁵SO₄. Alternatively, explants were pre-labelled for 4 hour with ³⁵SO₄ followed by incubation with rhIL37 to study sGAG degradation. Additionally, expression levels of proteoglycans and cartilage matrix degrading enzymes were measured by qPCR and Western Blot. Activity of MMP and ADAMTS enzymes was determined by measuring FFGV, ARGS and NITEGE neo-epitope levels in the supernatant of the cultures, using ELISA.

Results: Culturing human OA explants for up to 6 days, caused a reduction in GAG content as observed by loss of Safranin O staining. In addition, a release of sGAGs was measured in the supernatant of on average 17,5 µg/ml per mg cartilage. Incubation of cartilage explants with rhIL37 significantly reduced the release of GAGs. A maximal reduction of 24% was already observed with the lowest dose of rhIL37 (1 ng/ml). No effect of rhIL37 on the amount of incorporated ³⁵SO₄ was observed, indicating that rhIL37 does not alter the synthesis of GAGs. This is supported by the observation that rhIL37 does not affect the mRNA expression of the large proteoglycans and SLRPS. In contrast, we did find that rhIL37 significantly reduced the loss of ³⁵SO₄-labelled GAGs from cartilage explants. In addition, rhIL37 reduced MMP3 and MMP13 protein expression and lowered both MMP and ADAMTS mediated degradation of proteoglycan fragments: FFGV neo-epitope and ARGS and NITEGE neo-epitopes, confirming that rhIL37 reduces active degradation of sGAGs. Lastly, to investigate which proteolytic enzyme contributes to the sGAG release in our culture system, a MMP3-, MMP13- or ADAMTS5-inhibitor was added to the explants. Strikingly, we found that only MMP3 inhibition mimicked IL37 function, suggesting that the effects of rhIL37 run via MMP3.

Conclusions: Our data show that rhIL37 reduces sGAG release of cartilage explants, indicating that IL37 supports cartilage matrix integrity. To our knowledge this is the first report demonstrating this anti-destructive effect of IL37 on freshly

obtained human OA cartilage explants. Possible these effects run via MMP3 because IL37 reduced MMP3 expression and only MMP3 inhibition results in similar effects as rhIL37 addition.

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AB0093 NATURAL POLYMER-BASED HYDROGELS FOR CARTILAGE REGENERATION

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Background: Cartilage is a tough, flexible tissue found throughout the body. It can become damaged because of a sudden injury, such as a sports injury, or gradual wear and tear (osteoarthritis). Injured articular cartilage has a poor regenerative capability, for this reason, tissue engineering may provide a fundamental therapeutic solution to repair cartilage injury.

Human articular cartilages are composed of dense extracellular matrix and chondrocytes. One of the major components in the extracellular matrix is hyaluronic acid. The combination of hyaluronic acid with other natural polymers to prepare hydrogel scaffolds may be potentially useful in many tissue engineering applications, including cartilage regeneration.

Objectives: We propose the synthesis of hydrogels based on hyaluronic acid and chitosan by a new strategy of synthesis using diisocyanates to obtain an interpenetrated network of chitosan and hyaluronic acid.

Methods: Different kinds of hydrogels were synthesised using hyaluronic acid (Bioibérica, Spain), natural polymers (gelatine, chitosan) and stabilised with diisocyanates. The hydrogels were charged with chondroitin sulfate (Bioibérica, Spain).

Morphological Characterisation: The hydrogels were characterised by scanning electron microscopy and energy dispersive X-ray microscopy in order to study the morphology and the composition of the hydrogels.

Hydrogel Swelling: Dynamic swelling experiments were performed by placing discs of stabilised hydrogels in PBS at 37.0°C, and measuring their weight gain as a function of time.

Biocompatibility: Cytotoxicity *in vitro* assays (MTT) and cell adhesion tests (Alamar Blue) were performed on the hydrogels using different cell lines to corroborate the biocompatibility of the hydrogels.

Results: All the synthesised hydrogels presented a high interconnected porosity. The studied hydrogels swelled around 200%. After five hours equilibrium was reached and this equilibrium depended on the ratio hyaluronic acid/natural polymer increasing with the amount of hyaluronic acid present on the hydrogel. MTT assay indicated that the extracts collected at different times from the hydrogels were not cytotoxic and could be considered biocompatible. Cell adhesion assay demonstrated that the hydrogels supported cell adhesion and proliferation, and this behaviour was better on SC-loaded hydrogels.

Conclusions: Hydrogels based on hyaluronic acid and natural polymers are proposed as scaffolds for tissue engineering. The presence of interconnected porous and the good swelling properties, as well as the biocompatibility, represent a great advantage for application in cartilage regeneration. The addition of drugs or glycosaminoglycans is being studied to improve the cartilage regeneration.

Disclosure of Interest: None declared

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AB0094 POSITIVE EFFECTS OF CHIROPRACTIC MANIPULATION ON SUBCHONDRAL BONE MINERAL DENSITY, CARTILAGE DAMAGE AND SYNOVIAL INFLAMMATION IN OSTEOARTHRITIC RABBITS

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Background: Osteoarthritis (OA) is a degenerative joint disease characterised by the degradation and inflammation of cartilage and synovium with bone damage. Different approaches that decrease subchondral bone remodelling during OA have demonstrated to improve cartilage damage and synovial inflammation. Chiropractic is a therapeutic approach focused on the diagnosis, treatment and prevention of musculoskeletal disorders. Chiropractic manipulation (CM) is essentially manual, allowing the chiropractor to restore the normal range of motion and function of the joints, muscles, and ligaments. We have previously observed