EXTENDED REPORT

Limited radiographic progression and sustained reductions in MRI inflammation in patients with axial spondyloarthritis: 4-year imaging outcomes from the RAPID-axSpA phase III randomised trial

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ABSTRACT

OBJECTIVES To report 4-year imaging outcomes in the RAPID-axSpA (NCT01087762) study of patients with ankylosing spondylitis (AS) and non-radiographic axial spondyloarthritis (nr-axSpA), treated with certolizumab pegol (CZP).

METHODS This phase III, randomised trial was placebo-controlled and double-blind to week 24, dose-blind to week 48 and open-label to week 204. Patients fulfilling the Assessment of Spondyloarthritis International Society (ASAS) axSpA criteria with active disease were stratified (AS/nr-axSpA) according to the modified New York (mNY) criteria at randomisation. Spinal radiographs were assessed using the modified Stoke Ankylosing Spondylitis Spine Score (mSASSS). MRI inflammation used the Spondyloarthritis Research Consortium of Canada (SPARC) score for sacroiliac joints (SIJ) and the Berlin spinal score (remission defined as SPARC <2 and Berlin ≤2, respectively).

RESULTS MRI improvements from baseline (BL) to week 12 were maintained to week 204 (SPARC BL: AS=8.5, nr-axSpA=7.5; SPARC week 204: AS=1.3, nr-axSpA=2.4; Berlin BL: AS=7, nr-axSpA=4.4; Berlin week 204: AS=2.6, nr-axSpA=1.9). 66.7% of patients with AS and 69.6% of patients with nr-axSpA with BL SPARC scores ≥2, and 65.4% of patients with AS and 57.3% of patients with nr-axSpA with BL Berlin score >2, achieved remission at week 204. Mean mSASSS change in AS from BL to week 204 was 0.98 (95% CI 0.34, 1.63); 0.67 (95% CI 0.21, 1.13) from BL to week 96; and 0.31 (95% CI 0.02, 0.60) from week 96 to week 204. Corresponding nr-axSpA changes were 0.06 (95% CI −0.17, 0.28), −0.01 (95% CI −0.19, 0.17) and 0.07 (95% CI −0.07, 0.20). 4.5% of patients with nr-axSpA fulfilled the mNY criteria at week 204, while 4.3% of patients with AS no longer did so.

CONCLUSIONS In patients with CZP-treated axSpA, rapid decreases in spinal and SIJ MRI inflammation were maintained to week 204. Overall, 4-year spinal progression was low, with less progression during years 2–4 than 0–2. Radiographic SIJ grading changes demonstrated limited progression.

Trial registration number NCT01087762; Post-results.

INTRODUCTION

Axial spondyloarthritis (axSpA) is a chronic inflammatory disease primarily characterised by inflammation of the axial skeleton (the spine and the sacroiliac (SI) joints). Patients with evidence of structural damage to the SI joints (radiographic sacroiliitis), which is identifiable using X-ray imaging and fulfils the modified New York (mNY) classification criteria, are considered to have ankylosing spondylitis (AS); also termed radiographic axSpA). However, many patients with axSpA do not fulfil the mNY criteria; this is termed non-radiographic axSpA (nr-axSpA) and has the potential to develop into AS.1 2 Importantly, the disease burden and clinical features are similar in both subpopulations, representing a spectrum of the same disease.3 4

In contrast to clinical outcomes, long-term imaging data in tumour necrosis factor (TNF) inhibitor-treated patients are limited. There are currently no long-term modified Stoke Ankylosing Spondylitis Spine Score (mSASSS)5 data available for patients with nr-axSpA. RAPID-axSpA is the only large trial to include both patients with AS and nr-axSpA and previously demonstrated that certolizumab pegol (CZP), a PEGylated fragment-crystallisable (Fc)-free anti-TNF agent, improved the signs and symptoms of axSpA from as early as 12 weeks of treatment, which were maintained over 4 years.6 7 8

Here, we report the imaging outcomes over 4 years of CZP treatment. This represents the longest term MRI imaging study in patients with anti-TNF-treated axSpA to date, and the only data addressing X-ray and MRI imaging of both SI joints and spine in AS and nr-axSpA subpopulations.

METHODS

Study design

RAPID-axSpA (NCT01087762) was a 204-week, phase III, randomised, parallel-group, multicentre trial, conducted at 83 centres in Europe, North America and Latin America. The study was placebo-controlled and double-blind until week 24, dose-blind to week 48 and open-label to week 204. Full details have been published previously.4 Patients were randomised 1:1:1 to placebo or CZP 400 mg at weeks 0, 2 and 4 (loading dose),...
followed by either CZP 200 mg every 2 weeks or CZP 400 mg every 4 weeks (online supplementary figure 1).

Patients
Full inclusion and exclusion criteria have been reported previously. Eligible participants were aged ≥ 18 years at screening and fulfilled the ASAS axSpA classification criteria, with a clinical diagnosis of adult-onset axSpA of ≥ 3 months’ duration and active disease defined by Bath Ankylosing Spondylitis Activity Index ≥ 4, spinal pain ≥ 4 on a 0–10 Numerical Rating Scale, and either elevated C-reactive protein (> 7.9 mg/L) or a positive SI joint MRI assessment.

To define AS and nr-axSpA subpopulations, the most recent SI joint X-rays (performed ≤ 12 months prior to screening) were included.

Study procedures and evaluations
The primary outcome (ASAS20 response at week 12) has been reported previously, as have clinical data to week 204 and imaging data to week 96. Here we report the long-term imaging results (radiographs and MRI of both SI joints and spine) from the complete 4-year study period.

SI joint X-rays were conducted at baseline and week 204/early withdrawal (if after week 104). Lateral radiographs of the lumbar/cervical spine were performed at baseline, week 96 and week 204. MRI assessments of both the spine and SI joints were conducted at baseline and weeks 12, 48, 96 and 204. MRI and radiograph assessments were each performed independently by two central readers blinded to timepoint, treatment group and clinical data. In the event of disagreement between central readers when grading SI joint radiographs, an additional third reader assessed the radiographs from the patient in question. A third reader was not used for MRI or spinal radiographs.

The short tau inversion recovery sequence of MRI scans was assessed for disease activity using the Spondyloarthritis Research Consortium of Canada (SPARCC) scoring method for SI joints (0–72 scale) and the Berlin modification of the Ankylosing Spondylitis spine MRI-activity scoring system for the spine (0–69 scale). Spinal radiographs were assessed using the mSASSS scoring method.

Data are reported from the week 204 reading campaign, which included all available images from baseline to week 204 with the exception of SI joint radiographs; only SI joint images from patients with both baseline and week 204/early withdrawal radiographs were included.

Statistical analysis
Data are presented for patients who received ≥ 1 dose of CZP (200 mg every 2 weeks (Q2W) and 400 mg every 4 weeks (Q4W) groups combined) at any timepoint to week 204, including randomised placebo-treated patients. Statistical analyses were conducted assuming data were missing at random. The number of images available for each imaging modality is presented in online supplementary table 1.

The MRI set included all randomised patients with valid MRI assessments (either spine or SI joint) at baseline and ≥ 1 other timepoint during the trial (n = 158). Week 12 MRI data were not used from patients randomised to placebo. Average MRI scores of the two readers were considered for statistical analyses, and group least squares (LS) mean Berlin and SPARCC scores were estimated post hoc by mixed-model repeated measures (MRRM) analysis on observed data using ‘visit’ as a fixed factor with an unstructured within-patient covariance matrix. The proportions achieving MRI remission (SPARCC < 2 or Berlin ≤ 2) were estimated by multiple imputation: estimated proportions of patients in MRI remission were pooled from 50 multiply imputed data sets, where missing actual scores were imputed via predicted mean matching, with the predicted value at a visit based on linear regression of values from other visits. Results were summarised for patients with MRI baseline inflammation (Berlin score > 2 or SPARCC score ≥ 2).

Radiographic data were examined for all CZP-treated patients with ≥ 1 mSASSS assessment (X-ray set), including those randomised from placebo. Based on average scores of the two readers, LS mean mSASSS and changes between visits were estimated using MMRM analyses on observed data, as described above. The online supplementary material includes observed mean changes for subjects with a complete sequence of images at baseline, week 96 and week 204. Radiographic progression rates (an increase of ≥ 2 points from baseline) at weeks 96 and 204 were estimated using multiple imputation, as described above.

Within-patient correlation coefficients were calculated between change from baseline to week 96, and change from week 96 to week 204. Plausibility of the missing-at-random assumption was evaluated by comparing disease activity outcomes of patients with no mSASSS data at week 96/week 204 and those with data at all relevant timepoints. In particular, Ankylosing Spondylitis Disease Activity Score (ASDAS) levels were compared using observed data and last observation carried forward-imputed data. For plots of individual patient mSASSS results, observed data are presented for all patients with ≥ 2 valid mSASSS assessments. Patients with ≥ 1 non-bridging or bridging syndesmophyte (defined as a score of 2 or 3, respectively) and syndesmophyte formation (defined as a shift in score from 0 or 1 to 2 or 3) were considered when reported by both readers for a given vertebral edge.

Presence of definitive sacroiliitis (grade ≥ 2 bilateral or grade 3–4 unilateral) was based on the judgement of two central readers. In the event of disagreement, a third reader’s results were used to provide a majority. Agreement between central readers was calculated using simple kappa (k) statistics. Statistical analyses were performed with SAS V.9.3 and V.9.4.

RESULTS
Patient disposition and baseline characteristics
Three hundred and twenty-five patients were randomised at week 0, 107 to placebo and 218 to CZP (111 to CZP 200 mg Q2W and 107 to CZP 400 mg Q4W). Of 315 patients (174 AS and 141 nr-axSpA) who received ≥ 1 dose CZP at any point in the trial, 199 (63.2%) completed the study to week 204. One hundred and fifty-eight patients had valid MRI assessments at baseline and ≥ 1 other timepoint (MRI set). The baseline characteristics of the MRI set and overall population were similar (table 1, and data not shown).

One hundred and ninety-six patients had ≥ 1 mSASSS assessment and were included in the MMRM and multiple imputation analyses of radiograph parameters (X-ray set; online supplementary table 2); this included 45 patients who received 1 mSASSS reading at baseline with no further mSASSS assessments during the study. No major differences in disease activity were observed between those with and without complete mSASSS data (online supplementary table 3). One hundred and thirty-seven patients with SI joint radiographs at baseline and week 204/early withdrawal were assessed for radiographic progression based on the mNY criteria.
Spinal and SI joint MRI assessments showed reduction of inflammation with rapid improvements from baseline to week 12 maintained to week 204 (figure 1). At baseline, the LS mean spinal inflammation assessed by Berlin score (standard error; SE) for AS and nr-axSpA subpopulations was 7.4 (0.92) and 4.4 (1.03), respectively, which reduced to 2.5 (0.50) and 1.7 (0.40) at week 12, and 2.6 (0.56) and 1.9 (0.44) at week 204. Similarly, the LS mean SPARCc scores for patients with AS and nr-axSpA at baseline were 8.5 (1.45) and 7.5 (1.53), respectively, which were reduced to 1.6 (0.66) and 2.6 (0.67) at week 12, and were maintained at 1.3 (0.46) and 2.4 (0.85) at week 204.

Of patients with respective inflammation at baseline, 66.7% (AS) and 69.6% (nr-axSpA) achieved SI joint MRI remission at week 204, and 65.4% of patients with AS and 57.3% of patients with nr-axSpA achieved spinal MRI remission.

Radiographic progression

Limited changes in SI joint grading were observed to week 204: 2/44 (4.5%) patients with nr-axSpA fulfilled the mNY criteria, while 4/93 (4.3%) patients with AS no longer did so at week 204. Agreement between the two central readers regarding the absence/presence of radiographic sacroiliitis was moderate, with disagreement occurring in 39/158 cases assessed at baseline (κ=0.49). In total, 113/158 (71.5%) images were read by a third reader due to grading disagreements between the main two readers.

Mean baseline mSASSS scores of 13.2 and 4.4 were observed in patients with AS and nr-axSpA, respectively. Limited spinal radiographic progression occurred in CZP-treated patients, with most progression seen in the AS cohort. In patients with AS, the mean mSASSS change between baseline and week 204 was 0.98 (95% CI 0.34 to 1.63), with the majority of progression observed during the first 2-year period (0.67 (95% CI 0.21 to 1.13)) compared with years 2–4 (0.31 (95% CI 0.02 to 0.60); figure 2). Patients with nr-axSpA exhibited a mean mSASSS change of 0.06 (95% CI −0.17 to 0.28) over 204 weeks. Observed changes in patients with complete mSASSS readings available at baseline, week 96 and week 204 are summarised in online supplementary figure 2; observed mean mSASSS changes between baseline and week 204 were 1.12 and 0.04 for patients with AS and nr-axSpA, respectively. Patients with AS who progressed during years 1 and 2 were more likely to progress in the second 2-year period: within-patient correlation coefficients between change from baseline to week 96, and change from week 96 to week 204, were 0.53 (AS) and 0.05 (nr-axSpA).
Based on the multiple imputation analysis, 84.2% of patients with AS did not progress (progression was defined as an mSASSS increase of ≥2 points) from baseline to week 96. By week 204, 80.6% of patients with AS had not progressed. Progression was observed in only two patients with nr-axSpA, and therefore multiple imputation analysis was not performed. Of 85 patients with AS, 5 (5.9%) developed ≥1 syndesmophyte by week 96 and only 1 patient with nr-axSpA demonstrated one new syndesmophyte during the study. Sixty-one AS patients were assessed at week 204; at that time, no additional patients were observed to develop syndesmophytes. No patients with an absence of syndesmophytes at baseline developed syndesmophytes at 4 years. Individual patient mSASSS results are presented in figure 3.

**DISCUSSION**

RAPID-axSpA is the first long-term, large study to investigate imaging results in AS and nr-axSpA subpopulations when treated with a TNF-inhibitor. Here, CZP treatment rapidly improved axSpA inflammation of the spine and SI joints as observed using MRI in patients with AS and nr-axSpA. These improvements...
were maintained to week 204, with similar responses observed in both populations.

Changes in baseline in Berlin spine and SPARCC SI joint scores were comparable with other AS and nr-axSpA trials. However, none of the longer term MRI studies (spanning up to 3 years of therapy) have reported results of both patients with AS and nr-axSpA in parallel. It is important to note that comparisons between clinical trials should be treated with caution, as differences in population, study design and the years in which the trial was conducted can lead to variation between study outcomes. Comparisons between trials commencing at largely different timepoints may introduce chronology bias caused by differences in standard medical practice at the time of each investigation.

Many patients with MRI inflammation at baseline achieved spinal and SI joint MRI remission by week 204, with improvements in both scores seen as early as week 12 in both AS and nr-axSpA cohorts. Spinal MRI inflammation has been shown to be associated with radiographic progression, as vertebral edge inflammation contributes to the development of new syndesmophytes, although it remains to be proven that by reducing MRI inflammation in early axSpA, future structural damage may be prevented.

Limited changes from mNY negative to mNY positive were observed. Net progression to week 204 was minimal (−1.5%); similar proportions of patients ‘progressed’ from nr-axSpA to AS (4.3%) as ‘regressed’ from AS to nr-axSpA (4.3%). Given the low numbers of patients whose disease was reclassified, and the similar movement in both directions between the two populations, this is likely to represent intrareader variability, with little true progression. Previous follow-ups of untreated axSpA cohorts have reported progression rates (from nr-axSpA to AS) between 10% and 12% over 2 years. In the DEvenir des Spondyloarthrites Indifférenciées Récentes (DESIR) cohort, the net progression from nr-axSpA to radiographic axSpA (AS) was 5.1% over 5 years. However, a direct comparison between DESIR and RAPID-axSpA is not recommended since DESIR was a prevalence cohort of early axSpA. RAPID-axSpA also included patients with longer disease duration and higher disease activity. During the ESTHER trial, radiographic progression from nr-axSpA to AS was observed mainly between baseline and year 2 with no patients progressing to AS between years 2 and 4. In EMBARK, in which 161 patients had X-rays available at baseline and week 104, one patient (0.6%) satisfied the mNY criteria at baseline. Of 160 patients with mNY negative scores at baseline, none became mNY positive at week 104.

Recognition of sacroiliitis on pelvic radiographs is generally considered to be difficult, due to both the complexity of the SI joints and the poor visualisation associated with plain radiographs. Previous radiographic studies have observed large intraobserver/interobserver variability in reading SI joint radiographs, with significant variability reported between central and local readers. In RAPID-axSpA, determination of mNY status, used as a stratification factor, was based on local SI X-ray reads, which are more reflective of daily clinical practice. This approach has been used in a number of previous AS trials investigating anti-TNFs, as well as the ABILITY-1 nr-axSpA study.

The rates of spinal radiographic progression in patients with axSpA are variable; however, in the majority of patients with axSpA, several years may elapse before new bone formation in radiographs can be assessed. Therefore, a minimum 2-year follow-up is required to investigate radiographic progression. Structural spinal damage and inflammation in axSpA have an impact on patient quality of life, especially through reduction of mobility and function. Recently Poddubnyy et al investigated the effect of radiographic spinal progression and disease activity on function and spinal mobility in anti-TNF-treated patients with established AS. Both functional status and spinal mobility remained stable during 10 years of anti-TNF therapy despite radiographic progression, suggesting that reduction and control of inflammation may counteract the effects of radiographic spinal progression at a group level.

Interestingly, no patients with an absence of syndesmophytes at baseline developed syndesmophytes during 4 years of CDPZ treatment. Several studies showed that syndesmophyte prevalence predisposes to more rapid radiographic progression, and therefore could be used as a predictor for future radiographic damage despite the variability of progression rates in patients with axSpA.
Here, we observed limited spinal radiographic progression, with a decrease in progression rate with long-term CZP therapy. After 4 years, 80.6% of patients with AS did not progress (<2 mSASSS points change from baseline) and the mean change was 0.98. As expected, patients with AS in RAPID-axSpA were generally more progressive than patients with nr-axSpA. The limited progression over 4 years observed in this study in patients with AS (80.3% non-progression defined as mSASSS change from baseline <2) is consistent with recent reports from the MEASURE 1 trial, in which 79% of patients with AS treated with secukinumab did not progress (<2 mSASSS points change from baseline) over 4 years. However, these findings cannot be used in isolation to confirm an impact on disease progression since in both cases a control was absent. In the absence of a control arm, further data are required to elucidate the natural history of AS to better understand the impact of biologic treatment on disease progression. Long-term spinal X-ray data have also been reported for patients with AS in the GO-RAISE study (4 years) and in an 8-year follow-up to a randomised controlled trial investigating the effects of infliximab, although this was conducted using a limited number of patients (n=69). In GO-RAISE, patients with AS treated with 50 mg or 100 mg golimumab every 4 weeks demonstrated a mean mSASSS change from baseline (SD) of 1.3 (4.1) and 2.0 (5.6), respectively, at week 208 (although it should be noted that the GO-RAISE study should not be directly compared with RAPID-axSpA due to differing trial designs and study populations).

Two-year radiographic results from RAPID-axSpA exhibited a mean mSASSS change of 0.67 observed in patients with AS to week 96. The decrease in progression rate observed in RAPID-axSpA between years 2 and 4, and the diminished progression observed in long-term anti-TNF studies, support earlier observations that prolonged use of TNF inhibitors may be associated with reduction of progression. Further evidence suggests a link between disease activity and radiographic progression. Results from the OASIS study, in which patients with AS were followed up for 12 years, found that disease activity was longitudinally associated with radiographic progression. In an AS prospective cohort study, the observed reduction in radiographic progression during anti-TNF treatment appeared to be mediated by a decrease in disease activity. Consequently, long-term anti-TNF treatment could have the potential to inhibit structural progression by suppressing disease activity.

The analyses reported here are not without limitation. Patient withdrawal introduces bias, since patients whose symptoms do not improve sufficiently or those who suffer side effects are less likely to continue the trial. In long-term studies, the cumulative impact of missing data is more pronounced. Notably, there was a high proportion of missing MRI and radiographic data in this study. Since disease activity is likely to be associated with radiographic progression, ASDAS outcomes were compared between those with and without complete mSASSS assessments. Given that no major differences were observed, it is unlikely that study dropouts or otherwise missed assessments would have caused major bias to the study results.

Use of the mSASSS scoring system for quantification of radiographic progression could also be considered a limitation. The mSASSS system captures changes at the anterior vertebral corners of both the cervical and lumbar spine, but does not evaluate other elements of the axial skeleton, for example, the thoracic spine or facet joints. Subsequently, changes in these regions may have gone undetected. Nevertheless, at present, the mSASSS is the preferred scoring method for use in AS and is endorsed by the ASAS and Outcome Measures in Rheumatology (OMERACT).

As two readers were used to evaluate the presence and formation of syndesmophytes, it was important to establish the level of agreement required. Here, agreement between readers was required at vertebral edge level; this approach is likely to underestimate the prevalence and incidence of syndesmophytes, but has been used in previous trials such as the ASSERT study.

In conclusion, early improvements in MRI inflammation observed in a CZP-treated axSpA population, including both patients with AS and nr-axSpA, were maintained to week 204. MRI assessments demonstrated a rapid reduction of inflammation and sustained rates of remission in both SI joint and spinal examinations. Radiograph assessments revealed a low rate of spinal progression during the first 2 years of RAPID-axSpA with a decrease in the rate of spinal progression observed between years 2 and 4, and limited SI joint progression during 4 years of study.

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