ratio was significantly higher in the controls (empty gap = normal healing; n=8 per timepoint) as compared to the Lystyp® group (n=8 per timepoint) 2 weeks after osteotomy and slightly higher after 3 weeks. Histological investigation showed the clear presence of the scaffold on both timepoints without bridging cartilaginous tissue. The cell number as well as the vessel formation was significantly reduced within the fracture gap.

Conclusions: The results obtained so far support the hypothesis that we were able to develop a delayed healing or even non-union osteotomy model in mice by avoiding to create a critical size defect. Therefore, this approach represents a promising alternative animal model to evaluate therapeutic strategies to overcome bone healing complications in RA patients and perhaps other immunologically restricted patients.

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AB0061 35SULPHATE INCORPORATION ASSAY AS A NEW TOOL FOR MEASURING EARLY CARTILAGE DEGRADATION FOLLOWING BLOOD EXPOSURE IN VITRO AND IN VIVO IN F8 KO RATS

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Background: Joint damage upon bleeding causes significant morbidity in patients with hemophilia, and adds to joint degeneration after trauma or major joint surgery. To study the pathophysiology, rodent models with histology as primary outcome measure are often used. However, histological changes take time to develop and are subject to interpretation. Determining proteoglycan synthesis rate (PSR) in cartilage, by incorporation of radioactive ³⁵Sulphate, is a sensitive method previously applied in human tissue and larger animal models to detect early cartilage changes. Isolating cartilage of small animals can be challenging, so a technique to shave off rat cartilage was developed.

Objectives: To study cartilage degradation following blood exposure, applying the ³⁵sulphate incorporation assay on rat tibial cartilage.

Methods: A total of 13 factor VIII knock out (F8KO) rats were bred and housed at Novo Nordisk A/S, Maaaloev, Denmark. After euthanasia, the legs were removed and transported to UMC Utrecht, The Netherlands.

In vitro: within 24 hours after euthanasia the cartilage of 6 healthy F8KO rats was obtained by shaving off cartilage pieces of the tibia plateau by use of a scalpel. All cartilage explants were cultured for four days; in addition to culture medium, half of the cartilage samples were cultured with 50% v/v whole blood. After four days PSR was determined by adding 4uCi $\text{Na}_2^{35}\text{SO}_4$ to the cultures for four hours. $^{35}\text{SO}_4^{2-}$ is incorporated into newly synthesized proteoglycans. After digesting the cartilage pieces and precipitating the proteoglycans with cetylpyridinium chloride, the amount of radioactivity was measured by liquid scintillation analysis and normalized to the specific activity of the pulse medium, labeling time and wet cartilage weight.

In vivo: In 7 FKO rats a unilateral joint bleed was induced by needle puncture and in the following four days until euthanasia, the animals received analgesia. At UMCU, the tibial cartilage was removed and PSR determined as described above.

All animal experiments were performed in accordance with and approved by the Danish Animal Experiments Council, Ministry of Food, Agriculture and Fisheries, Denmark.

Results: On average, a total of 1.6mg (0.8–3.1mg) cartilage per tibia could be obtained. The PSR of healthy cartilage determined after four days of culturing *in vitro* was on average 49.5 nmol/h.g. *In vitro* blood exposure resulted in a diminished synthesis: 7.7 nmol/h.g ($p=0.0191$), corresponding to an 84% decrease comparable to previously published experiments using human tissue [1]. *In vivo*, an induced joint bleed led to a 44% decrease in PSR (13.5 vs 7.5 nmol/h.g, $p=0.0151$).

Conclusions: This study demonstrates for the first time that PSR, by use of the ³⁵Sulphate incorporation assay, can be determined in rat tibial cartilage and is affected by blood exposure *in vitro* and *in vivo*. As such, this assay can be a valuable tool to detect cartilage changes using joint degenerative rat models.

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AB0062 EX VIVO BACK-TRANSLATION OF FOSTAMATINIB'S EFFECT ON JOINT ECM TURNOVER SHOWS SIGNIFICANT EFFECT ON BONE BUT NO EFFECT ON THE SYNOVIUM

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Background: It is important to establish translational methods that aid in pre-clinical go/no-go decision points to increase the success rate of approved DMARDs. The Spleen tyrosine kinase (Syk) inhibitor Fostamatinib (Fosta) was terminated for development for RA, due to insufficient effect on joint structure in phase III.

Objectives: The objective was to use a translational system of *ex vivo* cultures to back-translate the insufficient effect on joint structure described in clinical studies.

Methods: Human mature osteoclasts (HOC) seeded on bone, bovine cartilage explants (BEX) and human synovial explants (SME) were treated with R406 (AP-5 of Fosta) at 5 μ M-0.05 μ M. Osteoclasts were co-stimulated with 25 ng/ml M-CSF and RANKL, while BEX and SME were co-stimulated with TNF α 2 ng/mL and OSM 10 ng/mL (O+T) or TNF α 10 ng/mL, respectively. CTX-1 and Ca $^{2+}$ were measured in conditioned medium (CM) from HOC. Metabolic activity of HOC was assessed with Alamar Blue. C2M and AGNx1 were measured in CM from BEX, while acMMP3, C1M, and C3M were measured in CM from SME. The biomarkers in BEX and SME CM were measured at 4 time points and the total release were quantified by area under the curve (AUC). CTX-1, C2M, AGNx1, acMMP3, C1M, C2M and C3M were measured with ELISA. Ca $^{2+}$ was measured with ADVIA Chemistry system. Statistical differences of metabolic activity was calculated with One-way ANOVA with Dunnett's multiple comparison test. Statistical differences between biomarkers levels or AUC were calculated with Kruskal Wallis test with Dunn's multiple comparison test.

Results: R406 decreased the release of CTX-1 (Fig 1A) and Ca^{2+} in a dose-dependent manner, with a significant decrease at $1\mu\text{M}$ ($P=0.01$). This might be due to a toxic effect of R406 on HOC (Fig 1B) ($P<0.05$). R406 decreased the total release of C2M and AGNx1 in a dose-dependent manner in BEX. C2M was inhibited at concentrations down to $1.25\mu\text{M}$ ($P=0.034$), and AGNx1 down to $5\mu\text{M}$ ($P=0.012$). In SME R406 only decreased the release of C1M and C3M (Fig 1e) significantly at $5\mu\text{M}$ (C1M: $P=0.03$, C3M: $P=0.046$), and tended to decrease release of acMMP3 (Fig 1f) at $5\mu\text{M}$. The later was however not significant.

Conclusions: Serum-based biomarkers of the joint ECM turnover were measured in CM from HOC, cartilage and synovial explant cultures. R406 decreased bone resorption and HOC metabolic activity in a dose-dependent manner, together with the MMP-mediated degradation of type II (C2M) collagen and aggrecanase degradation of aggrecan (AGNx1) in cartilage. However, R406 had limited effect on the inflammation driven MMP-mediated degradation of type I (C1M) and III (C3M) collagen and activation of MMP-3. CTX-1, C2M, and C3M have previously been measured in OSKIRA-1, with a profile identical to the *ex vivo* measurements here [1].

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AB0063 THE PROTECTIVE EFFECT OF PFT α ON ALCOHOL-INDUCED OSTEO NECROSIS OF THE FEMORAL HEAD

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Background: Epidemiologic studies have shown that alcohol plays a pivotal role in the development of osteonecrosis of the femoral head (ONFH). However, few studies have discussed the pathogenesis of or interventions for alcohol-induced ONFH.

Objectives: The aim of this study was to explore the underlying mechanism of alcohol-induced ONFH and the protective effect of pifithrin- α (PFT α).

Results: Through a series of *in vitro* assessments, we found that ethanol treatment significantly activated p53, suppressed Wnt/ β -catenin signaling and inhibited osteogenic-related proteins, including runt-related transcription factor 2 (RUNX2), osteocalcin (OCN), osteopontin (OPN) and collagen I (COL1). Furthermore, by separating the cytoplasmic and nuclear proteins, we found that ethanol inhibited osteogenesis by impairing the accumulation of β -catenin in both the cytoplasm and nucleus in human bone mesenchymal stem cells (hBMSCs), which resulted from activating glycogen synthase kinase-3 β (GSK-3 β). In this *in vivo* study, we established alcohol-induced ONFH in rats and investigated the protective effect of PFT α . Micro-CT, hematoxylin & eosin (H&E) staining, immunohistochemical analyses, immunofluorescence staining, TUNEL staining, and fluorochrome labeling were performed to reveal the PFT α -induced therapeutic effects. H&E findings combined with TUNEL, caspase-3-cleaved immunohistochemical staining, and micro-CT images revealed obvious ONFH in the alcohol-administered rats, whereas significantly less osteonecrosis developed in the rats injected with PFT α . As the initiator of osteogenesis, RUNX2 and its downstream targets OCN, OPN, COL1 were immunostained in the femoral heads. These results indicated that those osteogenic-related proteins were significantly decreased in the alcohol-administered rats, whereas these results were reversed in the PFT α -injected rats. Fluorochrome labeling showed a similar result in that alcohol significantly reduced the osteogenic activity in the rat femoral head, which was blocked by the injection of PFT α .

Conclusions: Pifithrin- α , a p53 inhibitor, was able to block the ethanol-triggered activation of p53 in hBMSCs and alcohol-induced ONFH in a rat model. Its antagonistic effect against ethanol's effect on hBMSCs could be a clinical strategy to prevent the development of alcohol-induced ONFH.

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AB0064 ADIPOSE STROMAL CELLS EXERT SPECIFIC EFFECTS ON OSTEOARTHRITIC SYNOVIAL MACROPHAGES

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Background: Osteoarthritis (OA) is the most common joint disease and the major cause of pain and disability in the aging population [1]. Adipose stromal cells (ASC) are promising candidate for cell therapy in OA, because they have immunomodulatory, trophic and differentiation capacities [2,3]. Synovial inflammation is accepted as important OA feature for the symptoms and disease progression [4]. Synovial tissue is mainly composed of synovial fibroblasts (SF), macrophages (SM) and a low percentage of other cell types [5].

Objectives: Aim of the study was to analyze the effects of adipose stromal cells in co-culture with SF and SM.

Methods: GMP clinical grade ASC were isolated from subcutaneous adipose tissue. Synoviocytes were isolated from synovial tissue of OA patients undergoing total joint replacement. Synovial cells at passage 1 and 5 were analyzed for: 1. different phenotypical markers by flow cytometric analysis, 2. inflammatory factors by multiplex immunoassay, 3. anabolic and degradative factors by qRT-PCR. Both p.1 (mix of SF and SM) and p.5 (only SF) synovial cells, as different cell models, were co-cultured with adipose stem cells (ASC) to define their effects. Furthermore macrophages type 1 (M1) were isolated and co-cultured with ASC.

Results: Synoviocytes at passage 1 were positive to typical markers of SM

(CD14, CD16, CD68, CD80, CD163) and SF (CD55, CD73, CD90, CD105, CD106), whereas at passage 5 were positive only to SF markers and showed a higher percentage of CD55 and CD106. At p.1 synovial cells released a significantly higher amount of all inflammatory (IL6, CXCL8, CCL2, CCL3, CCL5) and anabolic (IL10) factors than those at p.5. Moreover, p.1 synovial cells expressed also higher amount of some degradative factors (MMP13, S100A8, S100A9) than p.5 synovial cells. Co-culture experiments showed that the amount of SM in p.1 synovial cells specifically orchestrate the up or down-modulation of some inflammatory (IL6, CXCL8, CCL2, CCL3, CCL5) and degradative factors (ADAMTS5, MMP13, S100A8, S100A9) analyzed. Interestingly, p.5 synovial cells induced all factors analyzed, except CCL5. Finally, we demonstrated that ASC effects were strictly dependent by M1, that decreased the release of typical macrophages cytokines (IL1 β , IL6, TNF α and CCL3/MIP1 α) and that ASC effects are responsible for the switching by M1 like inflammatory macrophages to M2 like phenotype mainly due to PGE2 involvement.

Conclusions: These data demonstrate that the GMP-ASC effects on OA synovial inflammation are strictly dependent by macrophages, that orchestrate the switching activated-M1 inflammatory macrophages to a M2-like phenotype, mainly through PGE2

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AB0065 2-CARBA-CYCLIC PHOSPHATIDIC ACID SUPPRESSES EXPRESSION OF CARTILAGE DEGRADING ENZYMES SUCH AS MMP-13 IN INFLAMMATORY SYNOVIAL FIBROBLASTS AND ARTICULAR CHONDROCYTES INDUCED BY IL-1 BETA AND/OR TNF ALFA

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Background: Cyclic phosphatidic acid (cPA) is one of bioactive lipid, has been implicated as a mediator of various biological effects including inhibitory effects of proliferation, invasion and metastasis of cancer cells. cPA is naturally occurring mediator even exists in human serum. 2-carba-cPA (2ccPA) is structurally modified formula of cPA and has shown improved bioactivity. We have previously confirmed that 2ccPA stimulated HAS-2 production on osteoarthritic chondrocytes and synovial fibroblasts (SFs) *in vitro*. Furthermore, intra-articular administration of 2ccPA has shown its suppressing effect of pain, swelling, and articular cartilage destruction in rabbit experimental osteoarthritis (OA). We have shown that 2ccPA might had direct inhibitory effect of cartilage degrading enzymes on rheumatoid synovial fibroblasts (SFs) *in vitro*. Inflammatory arthritis such as rheumatoid arthritis (RA) and early stage of OA involves synovial inflammation and subsequent production of cartilage degrading enzymes also from chondrocytes. 2ccPA may be possible another therapeutic option for degenerative arthritis.

Objectives: The aim of this study was to evaluate the direct effects of 2ccPA on cartilage matrix degrading enzymes using SFs and articular chondrocytes under influence of inflammatory cytokines.

Methods: *In vitro* studies were performed using SFs and chondrocytes obtained from arthritis patients (RA and OA) at joint replacement surgery. First, 2ccPA 0–25 μ M was added to cell cultures and effects of 2ccPA on ADAMTS-4, -5, MMP-3, 9, -13 expression was assessed by real time PCR using specific primers to corresponding genes. Beta-actin was used as endogenous expression control for PCR. As we confirmed that 2ccPA had dose-dependent inhibitory effects on expression of above enzymes, the second experiment was performed. SFs or chondrocytes were pre-cultured with IL-1 β (1 ng/ml) and/or TNF- α (10 ng/ml) for 24 hours, then added 10 μ M 2ccPA to study attenuated effect of 2ccPA on synthesis of above cartilage matrix degrading enzymes. Newly synthesized MMP-3, -13 from SFs or chondrocytes in cultured media after 24 hours of 2ccPA addition were measured by sandwich ELISA.

Results: 2ccPA itself repressed cartilage degrading enzymes, ADAMTS-4, ADAMTS-5, MMP-3, MMP-9 and MMP-13 expression in both SFs and chondrocytes had less repressed by low dose of 2ccPA. Even after cells had been stimulated by cytokines, 10 μ M 2ccPA repressed expression of cartilage degrading enzymes in SFs or chondrocytes. Expression of MMP-13 were repressed more in chondrocytes by 2ccPA. ELISA results also confirmed the inhibitory effect of 2ccPA on MMP-13 production in RA SFs (n=5) by 52% or in RA chondrocytes (n=3) by 43%. In OA, MMP-13 production was reduced by 31% in OA SFs (n=6) and 34% in OA chondrocytes (n=4). However, not significant reduction of MMP-3 in both SFs or chondrocytes. MMP-9 expression by ELISA was under the detectable limit.