## 8. Towards novel therapeutic strategies

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**Background and objectives** The authors are developing local intra-articular gene therapy for the treatment of rheumatoid arthritis (RA) using human interferon  $\beta$  (hIFN $\beta$ ) as therapeutic gene expressed under control of an inflammation-inducible promoter and recombinant adeno-associated virus type 5 as vector (ART-I02). To evaluate hIFN $\beta$  expression by ART-I02 and bioactivity, fibroblast-like synoviocytes (FLS) from RA patients and different animal species were transduced with ART-I02 and the culture medium was analysed. Since most RA patients in their future phase I trial will be on methotrexate (MTX) treatment, the authors investigated the influence of MTX on transduction efficacy.

**Methods** Primary human, monkey, mouse and rat and non-primary rabbit FLS were transduced with ART-I02 (MOI 200.000). To activate the nuclear factor- $\kappa B$  promoter, cells were stimulated with tumour necrosis factor (TNF) (1 ng/ml) with or without interleukin 1β (IL-1β) (10 ng/ml) 4 or 24 h post-transduction. In addition, human FLS were incubated in medium with MTX (10 nM, 1μM, 100 μM) added pretransduction and post-transduction. Supernatants were harvested 48 h after stimulation. Production of hIFNβ was measured by ELISA. Bioactivity was established by analysing the effect on pro-inflammatory cytokine (IL-6, IL-8) and matrix metalloproteinases (MMP) production by ELISA and with a quantitative gene reporter bioassay.

**Results** Human IFN $\beta$  production was detectable in supernatants of FLS of all species, with comparable levels in human and monkey FLS. In human FLS transduced with ART-I02, the inhibition of IL-8 (80%) and MMP3 (60%) secretion was most pronounced after stimulation with TNF 24 h after transduction (p<0.05). IL-6 production was significantly (p<0.05) reduced by hIFN $\beta$  in cells stimulated with both TNF and IL-1 $\beta$ . Monkey FLS expressing hIFN $\beta$  showed a 40% decrease in IL-8 secretion (p<0.01) after stimulation with TNF. No effect of hIFN $\beta$  on cytokine and MMP secretion was observed in rabbit and rodent FLS. Human IFN $\beta$  produced by both human and monkey FLS showed robust levels of bioactivity in the gene reporter bioassay. MTX treatment did not influence hIFN $\beta$  production by ART-I02 or bioactivity.

**Conclusion** Transduction of FLS with ART-I02 resulted in significant hIFN $\beta$  expression in FLS of all species. Moreover, hIFN $\beta$  produced by ART-I02-transduced cells is bioactive in human and monkey FLS. This study supports the use of non-human primates in a non-clinical pharmacology-toxicity programme and represents a next step towards a phase I clinical trial in RA patients.