Effect of the oral application of a highly selective MMP-13 inhibitor in three different animal models of rheumatoid arthritis

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ABSTRACT

Objective To evaluate the decrease of cartilage destruction by a novel orally active and specific matrix metalloproteinase 13 (MMP-13) inhibitor in three different animal models of rheumatoid arthritis (RA).

Materials and methods The SCID mouse co-implantation model of RA, the collagen-induced arthritis (CIA) model in mice and the antigen-induced arthritis model (AIA) in rabbits were used.

Results In the SCID mouse co-implantation model, the MMP-13 inhibitor reduced cartilage destruction by 75%. In the CIA model of RA, the MMP-13 inhibitor resulted in a significant and dose-dependent decrease in clinical symptoms as well as of cartilage erosion by 38% (30 mg/kg), 28% (10 mg/kg) and 21% (3 mg/kg). No significant effects were seen in the AIA model. No toxic effects were seen in all three animal models.

Conclusion Although several MMPs in concert with other proteases have a role in the process of cartilage destruction, there is a need for highly selective MMP inhibitors to reduce severe side effects that occur with non-specific inhibitors. Significant inhibition of MMP-13 reduced cartilage erosions in two of three tested animal models of RA. These results strongly support the development of this class of drugs to reduce or halt joint destruction in patients with RA.

INTRODUCTION

Rheumatoid arthritis (RA) is a chronic inflammatory disease characterised by persistent inflammatory reactions in the joints resulting in a progressive articular destruction associated with the loss of joint function and disability.1 Matrix metalloproteinases (MMPs) are a family of secreted or transmembrane zinc-dependent endoproteases that are responsible for the degradation of cartilage in arthritides.2,3 MMP-1 and MMP-13 are powerful collagenolytic enzymes, cleaving type II collagen. In addition, MMP-13 cleaves also other cartilage collagen types such as types IX and X.4,5 and other extracellular matrix components like fibronectin, aggrecan and small leucine-rich repeat proteoglycans like fibromodulin.6

In this study, we analysed a novel highly selective MMP-13 inhibitor which differs from previous MMP inhibitors, because it does not bind to the catalytic zinc ion and is non-competitive with respect to substrate binding.7 Unlike other MMP inhibitors this novel MMP-13 inhibitor binds deeply into the S1′ pocket and interacts with residues in the MMP-13 specificity loop to gain remarkable selectivity. The feasibility of the oral application of this MMP inhibitor was previously tested and reached efficient plasma levels in animals.7 We used the SCID-mouse co-implantation model of RA, the collagen-induced arthritis (CIA) model in mice and the antigen-induced arthritis (AIA) model in rabbits, to analyse the effects of this highly selective MMP-13 inhibitor on the process of cartilage invasion and destruction in RA.

MATERIALS AND METHODS

Patients and materials

Normal human articular cartilage and RA synovial tissue biopsy specimens were obtained from patients undergoing joint replacement surgery at the Department of Orthopedic Surgery, Schulthess Clinic Zurich, Switzerland. All patients with RA fulfilled the American College of Rheumatology criteria for the classification of RA.8 The MMP-13 selective inhibitor used in this study is described as Compound 2 in a recent publication.7

Immunohistochemistry

Monoclonal mouse anti-human MMP-13 antibodies (Calbiochem, Nottingham, UK) or monoclonal mouse MMP-1 antibodies (R&D Systems, Rotkreuz, Switzerland) were used for immunohistochemistry as described in the online supplementary material.

SCID mouse co-implantation experiments and histological evaluation

Implantation of RA synovial fibroblasts (RASF) together with normal human cartilage was performed as described in the supplementary material.9 The oral administration of the specific MMP-13 inhibitor (60 mg/kg/day, provided by Pfizer, Ann Arbor, Michigan, USA) started on day 1 after surgery continuing through day 60.7 A histological evaluation was performed using a semiquantitative score for invasion as previously described.9

Collagen-induced arthritis

CIA was induced in DBA/1LacJ female mice (n=42) as described in the supplementary material. Beginning on day 27 after immunisation, the mice were treated twice a day by oral gavages with vehicle or vehicle containing compound at 3, 10 or 30 mg/kg/day continuing through day 42. The score grading system for the clinic and the erosion of the joints is described in the supplementary material.
Antigen-induced arthritis
Oral dosing of the specific MMP-13 inhibitor (30 mg/kg, twice a day) started 1 h before the adult male specific-pathogen free New Zealand white rabbits were immunised as described in the supplementary material. After 12 days the animals were killed. To score cartilage erosions toluidine blue stained slides of the joints were evaluated and the concentration of proteoglycan per mg cartilage was determined as described by Farndale et al. 10

Statistics
The Mann–Whitney U test was used for comparison of medians from independent samples, in all cases, p<0.05 was considered as significant.

RESULTS
Expression of MMP-13 and MMP-1 in the invasion process mediated by RASF
MMP-13 was highly expressed in human RA synovium at sites of cartilage invasion. In addition, all explants from the SCID-mouse co-implantation model showed expression of MMP-13 in fibroblasts around the explants as well as in chondrocytes of the implanted cartilage. In addition, MMP-1 was highly expressed in the explants from the SCID-mouse co-implantation model (figure 1A–F).

Effects of the MMP-13 inhibitor on the SCID-mouse model of RA
To investigate the effects of the specific MMP-13 inhibitor on cartilage erosion caused by RASF, the SCID-mouse co-implantation model of RA was used. The MMP-13 inhibitor was administered orally for 60 days (60 mg/kg/day) without any toxic side effects considering behaviour and weight. As expected, human RASF in mice receiving placebo food tablets invaded deeply into the co-implanted normal human cartilage (figure 2A,B; invasion score: 4.00±0.52, n=4). Most interestingly, treatment of mice with the specific MMP-13 inhibitor significantly decreased the invasiveness of RASF into the cartilage (figure 2C,D; invasion score: 0.98±0.24; p<0.001, n=4). In this model, cartilage invasion by RASF was decreased by 75.5% by the specific MMP-13 inhibitor (figure 3). In conclusion, the highly selective MMP-13 inhibitor significantly decreased the invasion of human RASF into human cartilage over 60 days.

Effects of the MMP-13 inhibitor in CIA
For CIA in mice the specific MMP-13 inhibitor was administered orally at 3, 10 and 30 mg/kg without any toxic side effects. By analysing each limb, a clinical score was obtained for the treated and control animals. Non-immunised and non-treated animals did not develop any clinical signs of arthritis (normal, figure 4A). Immunised and lipopolysaccharide-treated animals served as positive controls and developed severe clinical signs of arthritis (vehicle, figure 4A). Immunised and lipopolysaccharide-treated animals treated with the specific MMP-13 inhibitor showed a dose-dependent and significant decrease of clinical signs of arthritis (80 mg/kg: p=0.01; 10 mg/kg: p=0.05). The lowest dosage of 3 mg/kg showed no significant effects (figure 4A). By evaluation of the mean erosion score the MMP-13 inhibitor decreased dose
In conclusion, the selective MMP-13 inhibitor decreased clinical signs of arthritis and cartilage erosions in CIA.

To examine the inhibition of cartilage erosion by the MMP-13 inhibitor we developed AIA in rabbits. The oral application of the MMP-13 inhibitor (30 mg/kg/day) did not induce any side effects in the animals. To evaluate the breakdown of the cartilage, the concentration of proteoglycans of the joints was evaluated. The induction of AIA in untreated animals resulted in a significant loss of proteoglycans (positive control, proteoglycan ng/mg cartilage ± SEM: 112.4±6.6 to 82.2±4.8). However, the specific MMP-13 inhibitor did not significantly decrease the loss of proteoglycans (91.2±6.2; figure 6A). The histological analysis of the cartilage erosions showed a non-significant downregulation of erosions by 14% in animals treated with the MMP-13 inhibitor. In conclusion, in contrast to the other two animal models of arthritis, the MMP-13 inhibitor did not show significant effects in the AIA model.

**DISCUSSION**

In this study, we evaluated the effects of a novel MMP-13 inhibitor on cartilage and joint destruction using different models of arthritis.
RA—the SCID mouse co-implantation model, the CIA model and the AIA model. We are aware that animal models cannot reflect the complexity of any human disease. Therefore, we used three different models of RA since each model is focused on a specific process within the disease and does not display the whole spectrum of pathological changes that occur in humans.11 12 We used the CIA and the AIA model, which are strongly driven by inflammation. Moreover, we analysed the effects of the MMP-13 inhibitor on human cells using the SCID mouse co-implantation model. This focuses specifically on the invasion of human RASF into human cartilage and is therefore relevant for the analysis of processes that interfere with destruction.13 The specific MMP-13 inhibitor decreased cartilage destruction in both, the SCID mouse and the CIA model. In the AIA model, the MMP-13 inhibitor did not show a significant effect on the destruction process. Both the CIA and the AIA are animal models in which proinflammatory processes have a major role, which are associated with excessive expressions of other matrix degrading enzymes. This might explain why the specific MMP-13 inhibitor was more effective in the non-inflammatory SCID mouse co-implantation model.

Collagenase-1 (MMP-1) also has a key role in the process of cartilage destruction in RA. It has been shown that inhibition of MMP-1 by ribozymes has a protective effect on cartilage erosion in the SCID mouse co-implantation model.14 Both MMP-1 and MMP-13 contribute to the process of cartilage destruction in RA and can therefore be targeted for treatment. However, MMP-13 is five times more effective at degrading collagen type II than MMP-1,15 suggesting that small changes in the expression level of MMP-13 may have severe consequences for the cartilage integrity. Cleaved fragments of collagen type II again might account for the higher efficiency of the MMP-13 inhibitor in the AIA model. Even though MMP-13 in rabbits is 90% and in mice, excessive MMP-13 activity can result in articular cartilage degradation.25 In RA synovial tissues, MMP-13 is detected in fibroblasts, chondrocytes, macrophages and vascular endothelial cells.26-28 Most importantly, MMP-13 is detected at sites of joint destruction.29 30

To analyse the anti-destructive effects of this novel MMP-13 inhibitor, we decided to use a prophylactic approach for all three animal models and therefore we applied the drug before the appearance of the disease, which provides more information about the pathogenesis of the disease.

In RA, joint damage is often considered to be a direct result of the inflammatory synovitis.3 Thereby, the synovial fibroblasts keep an activated status mediated by the inflammatory milieu and continuously express matrix degrading enzymes and/or activate other cells like chondrocytes, resulting in enhanced destruction of the cartilage.31 This implies that by actively treating the synovial inflammation, subsequent joint damage would be reduced and the long-term outcome of patients with RA would improve. We observed that the specific MMP-13 inhibitor was effective in destructive models but less effective in inflammatory models. An alternative is that the mechanisms causing inflammation and those leading to joint destruction are parallel processes, but only indirectly related. Clinical studies show that radiological progression of RA occurs in spite of reduction in serological markers of inflammation.32 33 Experimental studies also fail to show a close correlation between inflammation and cartilage damage.34 35 Attempts to improve the outcome of RA should not merely concentrate on controlling inflammation, but should also aim to reduce the associated connective tissue damage. Therefore, there is a true need for the development of additional anti-destructive drugs such as selective MMP-13 inhibitors—that may target specifically activated synovial fibroblasts.

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Provenance and peer review  
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