Non-Hodgkin’s lymphoma in systemic lupus erythematosus


Background: Recent evidence supports an association between systemic lupus erythematosus (SLE) and non-Hodgkin’s lymphoma (NHL).

Objectives: To describe demographic factors, subtypes, and survival of patients with SLE who develop NHL.

Methods: A multi-site cohort of 9547 subjects with definite SLE was assembled. Subjects at each centre were linked to regional tumour registries to determine cancer cases occurring after SLE diagnosis. For the NHL cases ascertained, descriptive statistics were calculated, and NHL subtype frequency and median survival time of patients determined.

Results: 42 cases of NHL occurred in the patients with SLE during the 76 948 patient-years of observation. The median age at NHL diagnosis was 57 years. Thirty six (86%) of the 42 patients developing NHL were women, reflecting the female predominance of the cohort. In the patients, aggressive histological subtypes appeared to predominate, with the most commonly identified NHL subtype being diffuse large B cell (11 out of 21 cases for which histological subtype was available). Twenty two of the patients had died a median of 1.2 years after lymphoma diagnosis.

Conclusions: These data suggest aggressive disease in patients with SLE who develop NHL. Continuing work should provide further insight into the patterns of presentation, prognosis, and aetiology of NHL in SLE.

RESULTS

In total, 9547 patients with SLE were observed for a total of 76 948 patient-years. Forty two cases of NHL occurred during the observation interval.

The mean age at the time of NHL diagnosis in our sample was 55.3 years (SD 15.1, median 57, interquartile range 18). Among the 42 NHL cases, 36 (86%) patients were women. The majority of subjects who developed NHL were white (n = 20, 48%); the remainder were black (n = 5, 12%), other (one native North American, one Asian) or unknown (n = 15, 36%). Average SLE duration at the time of NHL diagnosis was 6.7 years (SD 5.8, median 4.0, interquartile range 8).

For 21 of the NHL cases found on tumour registry linkage, the subtype was not specified. The most common NHL type among the remaining 21 cases was diffuse large B cell (n = 11, 52% of the cases of known subtype), with the remainder being small lymphocytic (n = 4, 19%), follicular,

Abbreviations: CI, confidence interval; MALT, mucosa associated lymphoid tissue; NHL, non-Hodgkin’s lymphoma; SLE, systemic lupus erythematosus
(n = 3, 14%), and one each of Burkitt’s, peripheral T cell, and MALT lymphoma.

In only 14/42 (33%) cases of NHL was staging information available. Of these 14, five (36%) were localised disease, and the remainder were advanced (two regionally spread, the others widespread) stage.

Twenty two (52%) of the 42 cases had died a median of 1.2 years after lymphoma diagnosis. The remaining subjects had survived for a median of 2.1 years. Of the 21 cases where information on subtype was incomplete, nine subjects (43% of these 21 cases) had died after a median survival of 0.5 years (mean (SD) 2.5 (2.9)). Of the 22 patients with SLE and NHL who had died, information on specific cause of death was available in 10 cases, the primary cause of death being malignancy in all but one of these (in whom congestive heart failure was the cause of death). After diagnosis of NHL, the Kaplan-Meier estimate for the probability of survival to 5 years was 46.8% (95% CI 19.6 to 73.9).

**DISCUSSION**

In general, NHL is more common in men; indeed the percentage of men among our subjects who developed NHL (14%) was slightly higher than the percentage of men in the entire cohort (10%).

NHL incidence is also highest among white subjects; this was possibly reflected in our sample because the proportion of white subjects among the NHL cases (74% of all cases where race was known) was slightly higher than the proportion of white subjects in the entire cohort (just under 70%).

“Anticipation” is a term describing the phenomenon whereby subjects who have strong genetic determinants of cancer present for investigation at an earlier age than the norm. For the general population, the median age at NHL diagnosis is 60–65 years. The slightly lower median age at time of cancer diagnosis for the patients with NHL in our cohort may be due to an overall younger age distribution of subjects with SLE than in the general population. Thus, one cannot necessarily interpret our findings as suggestive of a genetic basis for an association between NHL and SLE.

NHL can be divided into two general prognostic groups: indolent lymphomas and more aggressive (intermediate or high grade) lymphomas. Of the 21 NHL of known type occurring during the observation interval, only nine were probably indolent, with the remaining being more aggressive (diffuse large B cell and Burkitt’s) lymphoma.

The diffuse large B cell subtype makes up about 30% of all NHL lymphomas in the general population, but represented more than half of the NHL lymphomas of known cell type in our sample (a difference of 22.4%, 95% CI 2.2 to 41.8%). Information about tumour subtype was inadequate for many of the cases. However, the median survival time of patients with NHL of unknown subtype was 2.1 years, which is in keeping with more aggressive kinds of NHL. However, because diffuse large B cell lymphomas may arise from other lesions, it is possible that some of the diffuse large B cell lymphomas seen in our sample arose from previously unrecognised more indolent disease.

Only one of the patients with SLE observed developed a MALT lymphoma during the study interval. This is of interest, because some speculate that the increased NHL risk in SLE might relate to overlap with Sjögren’s syndrome. Given our findings, it appears unlikely that identical pathological processes are occurring in the cases of cancer that develop in patients with Sjögren’s syndrome and SLE.

The genetic abnormalities underlying the association between SLE and NHL are unknown. An important feature of NHL is the presence of chromosomal abnormalities (table 1), such as translocations in which an oncogene is juxtaposed next to a gene important for immune cell function. These chromosomal abnormalities may represent common pathways linking SLE and lymphoproliferative malignancies. Specifically, the same oncogenic factors implicated in NHL may be important in SLE pathogenesis, where uncontrolled lymphocyte proliferation also occurs.

We are unable to comment about specific translocations in the NHL cases that arose in our subjects. For the present, a reasonable hypothesis is that uncontrolled lymphocyte activity in active SLE leads to chromosomal translocations that allow malignant transformation. However, the effect of immunosuppressive agents and viral exposures (such as the Epstein-Barr virus) are also of interest. These factors are currently under study.

The likelihood of extrinsic exposures (such as drugs) would presumably increase with SLE duration; intrinsic immunopathology might also vary with time. Given this, it would be interesting to know whether the histological subtypes differ for those patients who developed NHL early (versus later) in the course of SLE. Unfortunately, the relatively small number of NHL cases hampered our examination of this issue. We note that of the 21 cases where NHL subtype was known, two had occurred within a year of the SLE diagnosis; one of these was a diffuse large B cell lymphoma. In the remaining 19 cases where NHL subtype was known (all occurring more than a year after SLE diagnosis), 10 (53%) were diffuse large B cell.

In general, with current treatment, median survival for NHL in the general population exceeds 5 years; this rate has been relatively stable for the past three decades, which is when the NHL cases in our cohort occurred. Median survival for indolent NHL types is estimated at 8–10 years. Twenty two of our 42 cases had died after a median of 1.2 years. The remaining subjects had survived to a median of 2.1 years.

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**Table 1**  
Reported chromosomal abnormalities seen in specific subtypes of NHL

<table>
<thead>
<tr>
<th>Translocation</th>
<th>Associated histology</th>
<th>Oncogene affected</th>
<th>Molecular events</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td>t(3;16)</td>
<td>Diffuse large B cell (DLBCL)</td>
<td>bcl-2</td>
<td>Lymphocyte proliferation</td>
<td>16–35% of DBCL and &lt;13% of follicular NHL have bcl-6 translocation. 15% of DBCL have bcl-1 translocation.</td>
</tr>
<tr>
<td>t(14;18)</td>
<td>Follicular (FL)</td>
<td>bcl-2</td>
<td>Apoptosis inhibition</td>
<td>80–90% of FL and 6–30% of DBCL have bcl-2 translocation. (These DBCL may represent transformation from FL)</td>
</tr>
<tr>
<td>t(14;18)</td>
<td>Burkitt’s</td>
<td>c-myc</td>
<td>Lymphocyte proliferation</td>
<td></td>
</tr>
<tr>
<td>t(14;18)</td>
<td>Marginal zone (MALT)</td>
<td>bcl-10</td>
<td>Apoptosis inhibition</td>
<td>25% of MALT</td>
</tr>
</tbody>
</table>
This suggests that patients with SLE who develop NHL do not fare as well as most patients with NHL. This is particularly interesting given that the majority of the patients with NHL in our sample were young, white women, which are traditionally indicators of good prognosis.

We do not have information about the cancer treatment given to the patients with SLE who developed NHL, or data about their response and relapse rates after treatment. However, we are embarking upon a review of the pathology and clinical factors (including prognostic factors at presentation (particularly stage), treatment, response, and relapse) of the NHL cases that arose in our SLE sample.

If more aggressive tumour types or late stage of presentation are more common in SLE, these might lead to a lower than expected survival. Also, some therapeutic measures may be inappropriately withheld from patients with SLE who develop cancer. Other possible reasons for our observed data include decreased survival related to SLE comorbidity.

In summary, we have completed the most comprehensive assessment to date of NHL cases within a large SLE cohort. These data suggest more aggressive disease in patients with SLE who develop NHL compared with the general population. Continuing work should provide much needed insight into the aetiology of NHL in SLE.

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Authors’ affiliations

S Bernatsky, R Rajan, L Joseph, Y St Pierre, A Clarke, Division of Clinical Epidemiology Montreal General Hospital, Montreal, PQ, Canada

R Ramsey-Goldman, Division of Rheumatology, Northwestern University, Chicago, IL, USA

R Rajan, S Lachance, D Cournoyer, Department of Oncology, Montreal General Hospital, PQ, Canada

J-F Boivin, L Joseph, Department of Epidemiology and Biostatistics, McGill University, Montreal, PQ, Canada

A Zoma, Lanarkshire Centre for Rheumatology, Hairmyres Hospital, Scotland, UK

S Manzi, University of Pittsburgh School of Medicine and GSPH, Pittsburgh, Pennsylvania, USA

E Ginzler, SUNY-Downstate Medical Center, Brooklyn, NY, USA

M Urowitz, D Gladman, P R Fortin, Toronto Western Division of University Health Network, University of Toronto, ON, Canada

S Edworthy, S Barr, University of Calgary, Calgary, AB, Canada

C Gordon, Department of Rheumatology, University of Birmingham, Birmingham, UK

S-C Baek, Department of Internal Medicine, Division of Rheumatology, The Hospital for Rheumatic Diseases, Hanyang University, Seoul, Korea

J Sibley, Department of Rheumatology, Royal University Hospital, Saskatoon, SK, Canada

K Steinson, Department of Rheumatology and Center for Rheumatology Research, Landspitalinn; University Hospital, Reykjavik, Iceland

O Nived, G Sturfelt, Department of Rheumatology, University Hospital, Lund, Sweden

A Clarke, Division of Clinical Immunology/Allergy, Montreal General Hospital, PQ, Canada

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Correspondence to: Dr S Bernatsky, 1650 Cedar Avenue, Room L10-424, Montreal, Quebec H3G 1A4, Canada; sasha.bernatsky@mail.mcgill.ca

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REFERENCES


