degree of activity). ADA-2 isoenzymes were more in chronic form of Gout than in RA. We revealed the simultaneous increase of XO, XDG activities in Gout (XO/XDG activities ratio $\geq 0.6-0.8$), but increased XO activity in RA was accompanied by normal or lowered XDG activity (XO/XDG activities ratio $\geq$ more 1.0).

Conclusion XO, XDG activities changes is more essential in differential diagnostics of RA and Gout among studied enzymatic indices.

AB0153 GOUT IN YUZHNO-SAKHALINSK RESIDENTS

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Background Prevalence of gout in the population of Russian cities 20 years ago according to the data of multicentral study was 0.02–0.06%. Since that time there were no studies on epidemiology of this disease.

Objectives To assess the prevalence and clinical manifestations of gout among Sakhalin population (residents of Yuzhno-Sakhalin city).

Methods Clinical manifestations in 120 gout pts (M:F = 117:3) examined in Municipal Diagnostical Centre of the city of Yuzhno-Sakhalinsk from 1990 to 1999 were studied. Population of the city includes 7% of Koreans and the rest are Slavs.

Results In the result of analysis it was found that gout prevalence among Korean population (300 per 100000 of population) was 6.3 times higher than among Slavs (47 per 100000). In Korean population the disease was found only in males and in Slavs the relation M:F = 26:1. Among Slavs the median period of gout attack was 7–10 days per year whereas in Koreans 3–5 days by 4–5 times a year. Tofies in Koreans were found in 2% of cases, and in the rest – in 17%. Family aggregation of the disease was noticed in 25% of Korean pts and 7% in pts of other ethnicity.

Conclusion In similar environmental circumstances the prevalence and clinical manifestations of gout are closely related to nationality, that is the certain genotype.

AB0154 PREVALENCE AND CHARACTERISATION OF URIC GOUT DISEASE IN A RHEUMATOLOGY OUTPATIENT'S CLINIC

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Background

Objectives As all other crystal-related arthropathies, uric gout (UG) is a disease that is relatively disabling in its acute phase. There is a lack of published works on the characterisation and prevalence in the portuguese population. The authors' have initiated a study on the sociodemographic and clinical characterisation of the patients with UG of their outpatients rheumatology clinic.

Methods It is a retrospective study, whose data collection took place between May and October 2000, and was later restarted in December 2000. The sample included all patients which presented a UG diagnosis. A 48 variable questionnaire and the patient's clinic register were used for the gathering of data. The questionnaire comprised the patient's identification, professional

occupation, clinical profile, changes in the laboratorial and radiological exams, associated diseases, habits, family history. The data analysis was performed using the SPSS 9.0 for Windows software.

Results Of an outpatient's clinic universe of 3000 patients, a total of 39 (1.9%) patients with UG diagnosis was selected. Only 32 of these, were included in the study, representing the sample. It is characterised by an average age of 59.4 and 87.5% males. The average age at which the first UG crisis happens is 45. The average duration of crisis without therapeutics is 13.7 days, and with therapeutic is 5.4 days. The average asymptomatic period is variable, with a minimum of 15 days and a maximum of 100 days. In 51.6% of the patients the first affected joint is the 1st MTP, followed by the instep, knee and ankle. Globally, the most affected joints are, in decreasing order, 1st MTP and foot, knee, ankle, hand and fingers, elbow, wrist and shoulder. About 33% of the sample patients show gouty tophi. The precipitating factors can only be identified by 78% of the patients, and they are, in decreasing order, alcohol + meals, meals, other disease or trauma, alcohol, and cold. The average of the serum uric acid measured at the first appointment is 9.7 mg/dl. The urine uric acid was measured in 50% of the patients, presenting an average value of 670 mg/24 h. The average serum creatinine is 1.7 mg/dl, in which 5 patients had renal impairment. Only 28.1% of the sample was researched for crystals in sinovial fluid, being positive in 11.1% of these. X-rays were performed on 53.1% of the patients, and among these 88.2% present radiological abnormalities. In what concerns associated diseases, 60% were obese, having also been considered the following diseases: diabetes, hypertension and hyperlipidemia. Additionally, 35.5% of the patients have moderate to heavy alcoholic habits, 42.6% have family history of UG.

Conclusion The results obtained in this study are in good agreement with the published literature concerning the european and north-american population. The sample considered is small due to the fact that this study was paused, and restarted latter, now tuned into the research of monosodium urate monohydrate crystals to confirm the clinical diagnosis.

AB0155 CHRONIC TOPHACEOUS GOUT IN A PREMENOPAUSAL PATIENT WITH FAMILIAL NEPHROPATHY

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Background Only 5% of gouty patients are women and 90% of them are postmenopausal at the time of onset.

Objectives To describe a delayed diagnosis in a young female patient with gouty arthritis and familial nephropathy, to mention about approach to allopurinol cutaneous hypersensitivity.

Methods A 35-year-old woman presented with a 8 year history of arthritis that became crippling in the last year. Initially she was misdiagnosed as acute rheumatic fever, and later she was treated as rheumatoid arthritis. She denied any usage of diuretics or alcohol. Pedigree evaluation revealed five cases of chronic renal failure in the family, some with gouty complaints. On presentation; blood pressure was 120/70 mmHg, she was Steinbrocker functional class IV. She had large, tophi over metatarsophalangeal joints and tenderness with motion of ankles, wrists and right elbow. Monosodium urate crystals were demonstrated in synovial fluid. Serum urate level was 14 mg/dl, uric