HLA antigen familial study in complete Behçet’s syndrome affecting three sisters

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Abstract
Behçet’s disease is a multisystemic disease affecting most organs. Although a tendency towards an association with a certain genetic type and with HLA-B51 is suspected, the incidence of several siblings with Behçet’s disease in a single family is rare. A family, in which three sisters were affected with Behçet’s disease, uveitis being the most severe manifestation, was studied. In this family all siblings were B51 positive. Only the female siblings, however, with a positive identical HLA phenotype: A2, A11, B51, B44, Cw6, Cw5, DR4, DRw13, DRw53, DRw52, DQw7, DQw6, developed the disease symptoms, whereas none of the male siblings was affected.

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Behçet’s syndrome is a multisystemic disease which may affect many organs. The diagnosis is based on clinical manifestations in at least three or four cardinal organs: oral and genital ulcers, skin lesions, and ocular disease.¹ Most patients with Behçet’s syndrome are of Oriental or Mediterranean origin.

A close association of HLA-B5 and more recently of its split B51 was reported from Turkey² and Japan.³ Nevertheless, a genetic cause is still debatable.⁴ We report on a Spanish family with Behçet’s syndrome and show the HLA typing of all family members.
Familial involvement has been reported,^{5 6} but as far as we know complete Behçet’s syndrome in all female siblings of a family in which all male siblings were free from symptoms has never been published.

Patients
The figure shows the pedigree of the family and the table the clinical features of affected siblings.
II-1 The proband, a 22 year old woman had had mouth ulcers when she was 17 years old. In recent years she developed recurrent oral and vulvar ulcerations, and erythema nodosum. At the age of 20 she was admitted to hospital with severe bilateral posterior uveitis with unilateral vitreal haemorrhage. Physical examination showed orogenital ulceration and posterior uveitis. Tests for the presence of rheumatoid factor (RF), antinuclear antibodies (ANA), anti-dsDNA, and IgG anticardiolipin (aCL)

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Pedigree of the family with indications of the HLA phenotypes and the symptoms related to Behçet’s syndrome.

Clinical features of the siblings affected with Behçet's syndrome

Patient code	Recurrent ulceration	Eye lesions	Skin lesions
II-1	Oral, genital	Posterior uveitis Vitreous haemorrhage	Erythema nodosum
II-2	Oral, genital	Posterior uveitis	Erythema nodosum
II-3	Oral, genital	Anterior uveitis	Erythema nodosum

antibodies were negative. A diagnosis of complete Behçet's syndrome was made and she was treated with cyclosporin A 5 mg/kg/daily; ocular symptoms recurred when cyclosporin was withdrawn. Tissue typing, performed by the NIH technique, was HLA-A2, A11, B51, B44, Cw6, Cw5, DR4, DRw13, DRw53, DRw52, DQw7, DQw6.

II-2 This 28 year old sister of the above patient had a six year history of orogenital ulceration and erythema nodosum and a past history of two abortions. Ophthalmological examination showed unilateral posterior synechial uveitis. Tests for the presence of RF, ANA, anti-dsDNA, and IgG aCL antibodies were negative. A diagnosis of complete Behçet's syndrome was made. She was treated with prednisone 40 mg/day and her symptoms were relieved. HLA phenotype was HLA-A2, A11, B51, B44, Cw6, Cw5, DR4, DRw13, DRw53, DRw52, DQw7, DQw6.

II-3 The third sister, aged 26, had had recurrent aphthous stomatitis and genital ulcers from the age of 22, and recurrent erythema nodosum was also present. Examination detected unilateral anterior uveitis. Tests for the presence of RF, ANA, anti-dsDNA, and IgG aCL antibodies were negative. This patient also fulfilled the criteria for diagnosis of Behçet's syndrome. She was treated with prednisone and her symptoms remitted in two weeks. Tissue typing was HLA-A2, A11, B51, B44, Cw6, Cw5, DR4, DRw13, DRw53, DRw52, DQw7, DQw6.

The patient's three brothers (II-4, II-5, and II-6, aged 34, 31, and 25 respectively) were symptom free. Repeated physical and ocular examination of the three brothers every six months did not show any symptoms of Behçet's syndrome. HLA phenotypes were II-4: A3, A11, B51, B44, Cw5, DRw13, DRw52, DQw6; II-5: A3, A1, B51, B8, DRw13, DR3, DRw52, DQw6, DQw2; and II-6: A2, A1, B51, B8, Cw6, DR4, DR3, DRw53, DRw52, DQw7, DQw2.

The patient's father (I-1, aged 65) was also symptom free. HLA phenotype was A2, A3, B51, Cw6, DR4, DRw13, DRw53, DRw52, DQw7, DQw6.

The patient's mother (I-2, aged 62) had a history of oral ulcers but no other symptoms of Behçet's disease. HLA phenotype was A1, A11, B8, B44, Cw5, DR3, DRw13, DRw52, DQw2, DQw6.

Discussion

In this study the three sisters of the family (patients II-1, II-2, and II-3) had complete Behçet's syndrome.¹ The proband's mother (I-2) had one of the four major symptoms of the

disease: recurrent oral ulcers, but no other symptoms were reported. The rest of the family were free from symptoms. A familial incidence of Behçet's syndrome has been rarely reported in different ethnic groups.⁴⁻⁶ In this family it is remarkable that only the female siblings were affected, all of them with complete Behçet's syndrome including severe uveitis, though it has been reported that uveitis is more prevalent in men.⁷ Because of the severe ocular disease, patient II-2 required extended cyclosporin A treatment.

The cause of Behçet's syndrome is unknown, though the association between HLA phenotypes in Behçet's syndrome is significant. HLA-B51 may serve as an immunogenetic marker for a subgroup of patients with Behçet's syndrome in Israeli,⁸ Japanese,³ and Turkish patients.² In European patients, however, this association is not obvious.⁴ Investigations of HLA class II antigens⁹ in Behçet's syndrome has shown a correlation with the DR2 and DR7 antigens. In Japanese and Italian patients an increased expression of HLA-B51 and HLA-DRw52 has been reported.^{10 11} Increased expression of HLA-DQw3 has been found in Japanese¹² and Tunisian patients.¹³ Restriction fragment length polymorphism analysis has suggested an association of a particular DQw3 pattern with refractory Behçet's disease.¹⁴ Other studies in North American and Italian patients, however, have shown no association between HLA class II antigens and Behçet's disease.¹⁵

In our familial study the affected patients have identical HLA typing sharing both haplotypes, whereas the non-affected siblings share only one maternal (II-4), paternal (II-6), or no (II-5) haplotype of their sisters. These results support the hypothesis that different HLA linked genetic factors may contribute to the onset of the disease. In this family all siblings are HLA-B51, as the father is homozygous B51. However, this disease only affected female siblings who had the haplotype A2, B51, Cw6, DR4, DRw53, DQw7. The father (I-1) and one brother (II-6) also had this haplotype, but they had no clinical symptoms of Behçet's syndrome. The particular involvement of female subjects might be related to hormonal factors or to the inclusion of the maternal haplotype A11, B44, Cw5, DRw13, DRw52, DQw6. This haplotype or the presence of the antigen HLA-B44 might be associated with the presence of oral ulcers in the mother. Although we cannot establish a particular HLA gene, our findings lend support to the suggestion that the association of Behçet's disease with certain HLA antigens³ is multifactorial.

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