



VOLTAROL[®] RETARD

diclofenac sodium in a slow-release formulation

Joint pain relief day after day...

Presentation 100mg diclofenac sodium in a slow-release tablet. **Indications** Osteoarthritis, rheumatoid arthritis, ankylosing spondylitis, low back pain and other acute musculo-skeletal disorders. **Dosage** 1 daily. **Side-effects** GI tract disturbance, headache, slight dizziness, skin rash, peripheral oedema and abnormalities of serum transaminases; very rarely peptic ulcer, blood dyscrasias (no causal relationship established); isolated reports of anaphylactoid reactions. **Precautions** Pregnancy. Use with

caution in patients with a history of peptic ulcer, GI bleeding, bleeding diathesis, severe hepatic



or renal insufficiency. Voltarol has been reported to depress salicylate levels and vice versa; the clinical relevance of this is not yet clear. **Contra-indications** Peptic ulcer; previous sensitivity to Voltarol, aspirin or other NSAIDs. **Packs** Voltarol Retard tablets of 100mg (PL0001/0101) in packs of 28, basic NHS price £11.98.

Full prescribing information is available from Geigy Pharmaceuticals, Harsham, West Sussex.

HOW TO DO IT

SECOND EDITION

The first edition of HOW TO DO IT proved a useful and popular guide to those things a doctor needs to know but is rarely taught: how to take an examination, how to interview and be interviewed, how to plan and write up research, how to behave at an inquest. In the second edition the original chapters have been expanded and updated, and there are several more chapters on new challenges—choosing a computer, flying, holding a press conference—and on some older ones not included in the first edition—assessing a job, dealing with a publisher.

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HOW TO DO IT SECOND EDITION

BMA

HOW TO DO IT

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