Correspondence

Association between rheumatoid arthritis and chronic bronchial suppuration

Sir, We have investigated the coexistence of rheumatoid arthritis (RA) and chronic bronchial suppuration (CBS) and concluded, in a report to be published shortly, that there is a true association between the diseases. As part of this study we found four patients with RA who had recurrent acute respiratory tract infections associated with hypogammaglobulinaemia. Therefore we read with great interest the report of So, Peskett, and Webster suggesting that gold can cause immunodeficiency.

Our four patients were hypogammaglobulinaemic when first investigated for their respiratory problems. All were IgM rheumatoid factor (IgMRF) negative at that time, but all had been IgMRF positive at some previous time. All had been on gold; one patient had normal immunoglobulin (Ig) levels prior to gold treatment, but baseline levels were not available in the other three.

A fifth patient with IgMRF positive RA presented with acute recurrent chest infections while on gold and was found to be hypogammaglobulinaemic. Gold therapy was stopped for lack of effect and Ig levels subsequently returned to normal, but the patient developed bronchiectasis.

The prior seropositivity of all five patients indicates that their arthritis could not itself be attributed to the hypogammaglobulinaemia.

We suggested that: (1) gold was implicated in the genesis of the hypogammaglobulinaemia, (2) this could predispose the patient to the development of recurrent acute chest infections, and (3) chronic bronchial suppuration might develop subsequently.

The severity of chest symptoms in our study group was such that we concluded our report: 'If an inherent predisposition to infection in RA is exacerbated by disease-modifying drugs then risk factors for CBS should be identified before starting treatment with these drugs and immunoglobulins monitored regularly. A significant fall necessitates drug withdrawal.' Our own experience suggests however that such monitoring should not be confined to IgMRF negative patients.

Lastly, it appears that the first case described by So et al. had 'gold lung', which is rare and not previously reported to be associated with hypogammaglobulinaemia.

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References

Vertebral rim lesions in dorsolumbar spine

Sir, We wish to reply to the letter from Professor B. Vernon-Roberts. Much as we value the work of Schmorl and Junghanns they do not describe vertebral rim lesions, and the concept of occult traumatic lesions of the anterior vertebral rim in the lumbar spine and dorsolumbar junction as a potential cause of idiopathic low back pain does not emerge from their writings.

We accept that the presentation of a vertebral rim may be due to trauma, the pathological hallmark of a vertebral rim lesion is traumatic damage to the bone. These bone lesions are not always associated with a tear in the adjacent annulus. When present the tear does not just occur near the rim as described by Vernon-Roberts and Pirie and Schmorl and Junghanns but runs down to the site of the vertebral bone damage. As bone is known to be innervated by pain fibres, these lesions may have a greater potential for causing pain than annular tears occurring alone.

Vernon-Roberts implies that tears occurring at the annular attachment cannot be seen on clinical radiographs. We do not agree. Fig. 1 is a clinical radiograph showing a translucency in the annulus which is accompanied by sclerosis in the underlying rim giving an overall appearance identical to the lesion shown in Fig. 2 of our paper. We have used the term vacuum phenomenon in relation to the annular translucency because it describes a radiological appearance and we can see no reason why the term should be restricted to degenerative clefts occurring in the nucleus.

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