BOOK REVIEWS

A Text Book of Orthopaedic Medicine. Vol. II, Treatment by Manipulation and Deep Massage. By James Cyriax. 1950. Cassell, London. Pp. xv + 335, 111 plates, 10 figs. 18s. 6d.

This is a new and enlarged edition of a work formerly published under the title of *Deep Massage and Manipulation Illustrated*. As such it is well known to physiotherapists for whom it was written. The new edition should be of great value to medical men interested in "rheumatism and soft-tissue injuries", a subject dealt with in another work by this author which is shortly to appear as Volume I of *A Text Book of Orthopaedic Medicine*. Though objecting to the title, we can wholeheartedly recommend this exposition of Dr. James Cyriax's work. It provides a manual of manipulative procedures well presented and adequately described. The methods are of special interest in that they are based upon manoeuvres which do not usually require anaesthesia, the necessary relaxation being obtained by preliminary massage. Most of the work is within the scope of his well-trained physiotherapists, and he performs a notable service in spreading knowledge of such technical procedures, which should also be within the scope of medical men prepared to take a sympathetic interest in them. It is perhaps regrettable that Dr. Cyriax occasionally uses such jargon as "subluxation of the intra-articular annulus" when he means protrusion of intervertebral-disk substance and "subluxation between the capitate and lunate bones at the wrist", which he cannot prove. We can, however, forgive such minor lapses from pathological rectitude by comparison with the excellence of method.

We return to the question of title, for it is one that recalls another. Is the subject matter of this book that of an "orthopaedic physician"? If so, it would imply a falsification of all that we understand by the term "physician". The study of present-day problems in all fields of medicine reveals a greater need than ever of physicians of the first rank. Dr. Kenneth Stone has already made a noteworthy attempt to outline the scope of the physician in rheumatic diseases, but he also fell into the error of regarding that as orthopaedic medicine. If such an individual as an "orthopaedic physician" exists, he must have command of the problems of tuberculosis and other infective conditions, organic nervous diseases, cardio-vascular disorders, metabolism and endocrinology, rheumatism, paediatrics, gynaecology, industrial disease, and psychiatry. In other words he must be a physician. A practitioner, however excellent, who merely treats soft-tissue injuries and rheumatism by manipulative techniques, is not a physician but a specialist in physical medicine.

NORMAN CAPENER.

Ligue Internationale contre le Rhumatisme. Yearbook, 1950. 1st edition. 7s. 6d. (U.S.A. \$1.00).

Her Majesty Queen Alexandrine of Denmark, patroness of the National Danish Association against Rheumatic Diseases, having expressed the wish that the Association should present this first edition of the Yearbook to the Ligue Internationale contre le Rhumatisme, the Danish Association has considered it an honour to comply with her Majesty's wish.

The Yearbook's opening pages contain the photographs of eminent rheumatologists closely identified with the formation of the Ligue, Jan van Breemen, Fortescue Fox, and the late Ralph Pemberton. There follows a brief survey of the circumstances and meetings which, by bringing together physicians interested in the subject from all over