Online supplementary file 4: List of papers included from the systematic literature review

Systematic reviews


Randomised Controlled Trials


Krauth C, Rieger J, Bönisch A, et al. [Costs and benefits of an education program for patients with ankylosing spondylitis as part of an inpatient rehabilitation programs-study design and first results] [German]. *Z Rheumatol* 2003;62:14-16.


**Controlled Clinical Trials**


Pre-post-test studies


Cross-sectional studies


Werner CA, Kaliski KS, Salazar QK, et al. [Knowledge about their disease and treatment among patients with rheumatoid arthritis] [Spanish]. Rev Med Chile 2006;134:1500-6.

Qualitative Studies


Hamnes B, Hauge MI, Kjeken I, et al. 'I have come here to learn how to cope with my illness, not to be cured': a qualitative study of patient expectations prior to a one-week self-management programme. Musculoskeletal Care 2011;9:200-10.


