

**Results:** The mean (SD) age was 59 (8) years, 63% were women. Self-reports of physical function (RMDQ) were 4.5 (4.8), health related quality of life (EQ5D) 0.71 (0.21), kinesiophobia (FABQ-PA and FABQ-Work) 8.3 (5.9) and 14.7 (11.1), and mental health (HAD-A and HAD-B) 8.8 (2.0) and 4.5 (1.7). Comparing the different screening methods, 5 patients (7%) were at high risk as captured by SBST while using the pain mannequin 38 (52%) patients had CWP and 22 (30%) had MS-CWP. No patients in the SBST high risk group had NCP, but 31 (50%) in the SBST low risk group reported CWP, and 16 (26%) reported MS-CWP. In the medium risk group 3 reported CWP, and 3 were also categorized as MS-CWP.

Table 1

Pain distribution groups	StarT Back Screening Tool		
	Low risk	Medium risk	High risk
No chronic pain (NCP)	7	2	0
Chronic regional pain (CRP)	24	1	1
Chronic widespread pain (CWP)	31	3	4
No multisite - CWP	46	3	2
Multisite - CWP (high risk)	16	3	3

**Conclusions:** SBST and the pain mannequin as screening tools partly capture different patients at high risk of developing chronic back pain. Using a combination of the two instruments may improve the ability to facilitate triage to appropriate treatment level.

#### References:

[1] Macfarlane GJ et al. EULAR revised recommendations for the management of fibromyalgia. *Ann Rheum Dis.* 2017;76(2):318–328.

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### AB1200-HPR THE RELIABILITY OF ROMANIAN ROLAND MORRIS DISABILITY QUESTIONNAIRE IN PEOPLE WITH LOW BACK PAIN. A PRELIMINARY STUDY

E. Ilie, L. Rusu. *Faculty of Physical Education, Department of Sports Medicine and Kinesiology, University of Craiova, Craiova, Romania*

**Background:** Patient reported assessments are widely recommended by the clinical guidelines and an important part of a comprehensive assessment. Patient-reported questionnaires should be translated into local language accordingly and validated in the translated language (1). The clinicians in Romania suffer from lack of validated questionnaires in Romanian language. The Roland Morris Disability questionnaire is one of the most recommended questionnaires evaluating low back pain. Although, the Romanian translation was performed before, there is no effort regarding to its validation in Romanian language until now.

**Objectives:** To investigate the test-retest reliability Romanian version of the Roland Morris Disability Questionnaire (RMDQ-Ro) in people low back pain.

**Methods:** The permission to conduct such a study was asked to the original author Prof. Martin Roland, before starting to the study. The Romanian translated form of Roland Morris Disability Questionnaire which is provided on the web site "http://www.rmdq.org/" was used in the study. A total of 100 people with low back pain filled the RMDQ as well as Numeric Rating Scales for rest (NRS-R) and activity (NRS-A). Due to the lack of other validated measures such the Oswestry Disability Index in Romanian, these additional assessments (VAS-R and VAS-A) were performed for investigating convergent validity. For test-retest reliability 30 people filled the RMDQ-Ro after 3–14 days later as recommended. Test-retest reliability was assessed with intra-class coefficient correlation (ICC). Non-parametric tests were employed due to the heterogeneity of the data. Therefore, the Spearman correlation test was used for determining the relationship between RMDQ-Ro and VAS-R and VAS-A.

**Results:** The characteristics of the participants were shown at Table 1. The test-retest reliability of RMDQ-Ro was found at an excellent level (ICC: 0.95). Moderate positive correlations were determined between RMDQ-Ro and NRS-R (rho: 0.518,  $p < 0.001$ ), and NRS-A (rho: 0.484,  $p < 0.001$ ).

Table 1. Characteristics of the Participants

	Male (n: 52)	Female (n: 48)	Total (n: 100)
	Median (IQR 25/75)	Median (IQR 25/75)	Median (IQR 25/75)
Age (years)	32 (28.25/46.50)	35 (28.5/45.5)	34.5 (28.5/46)
Height (cm)	179.50 (175/183)	168 (163/170.5)	174 (168/180)
Weight (kg)	81 (72/90)	61 (55.5/61)	71 (61/81.5)
RMDQ-Ro (0–24)	6 (3/8)	4 (3/7)	5 (3/7)
NRS-R (0–10)	3.5 (2/5)	3.5 (2/5)	3.5 (2/5)
NRS-A (0–10)	2 (1/5)	3 (1/6)	2 (1/5)

IQR: Interquartile Range, RMDQ-Ro: Romanian Version of Roland Morris Disability Questionnaire, NRS-R: Numeric Rating Scale in Rest, NRS-A: Numeric Rating Scale in Activity.

**Conclusions:** RMDQ-Ro was found reliable regarding test-retest reliability. This questionnaire can be performed in the repeated measures for evaluating low back pain patients. However, more psychometric characteristics of RMDQ-Ro such as internal consistency and construct validity should be investigated in further studies.

#### References:

[1] Beaton DE, Bombardier C, Guillemin F, Ferraz MB. Guidelines for the process

of cross-cultural adaptation of self-report measures. *Spine (Phila Pa 1976).* 2000;25(24):3186–91.

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### AB1201-HPR THE VALIDITY AND TEST-RETEST RELIABILITY OF THE TURKISH PATIENT SPECIFIC FUNCTIONAL SCALE IN CHRONIC NECK PAIN PATIENTS. A PRELIMINARY REPORT

G. Yalcinkaya<sup>1</sup>, B. Kara<sup>1</sup>, M.N. Arda<sup>2</sup>. <sup>1</sup>*School of Physical Therapy and Rehabilitation;* <sup>2</sup>*Department of Neurosurgery, Dokuz Eylül University, Izmir, Turkey*

**Background:** Current clinical guidelines recommend to use both clinical and self-reported measurements for evaluation of chronic neck pain. Among the self-reported outcomes, Neck Disability Index (NDI) and Patient Specific Functional Scale (PSFS) are the most widely used and recommended instruments.<sup>1</sup> Although, NDI was validated in Turkish language before, no validation study related to the PSFS was detected in the literature.

**Objectives:** The aims of this study were to translate PSFS in Turkish language and to establish the test-retest reliability and validity of the PSFS-T in chronic neck pain patients.

**Methods:** The PSFS was translated into Turkish by using the "translation-backward translation" method as recommended in the guidelines.<sup>2</sup> The demographic information, PSFS-T and NDI were recorded at the first visit of the patients. Thirty patients were called by phone for the retest evaluation of PSFS-T. The construct validity of PSFS-T was determined by investigating the correlation between NDI and PSFS-T scores. The Cronbach's alpha was used for the internal consistency. Intra-class coefficient (ICC) was employed to determine the test-retest reliability.

**Results:** The final form was completed by 42 chronic neck pain patients (18 F) until now. The mean age was 42±14. The internal consistency was found as good (Cronbach's alpha:0.89). A positive moderate correlation was determined between NDI and PSFS-T scores ( $p < 0.05$ ;  $r = 0.405$ ). The ICC for test-retest reliability was determined in high level (ICC: 0.88).

**Conclusions:** The PSFS-T is a reliable and valid instrument for chronic neck pain patients. However, the preliminary results should be confirmed by completing the study.

#### References:

[1] Childs JD, Cleland JA, Elliott JM, Teyhen DS, Wainner RS, Whitman JM, Sopyk BJ, Godges JJ, Flynn TW. Neck pain: Clinical practice guidelines linked to the International Classification of Functioning, Disability, and Health from the Orthopedic Section of the American Physical Therapy Association. *J Orthop Sports Phys Ther.* 2008;38(9):A1-A34.

[2] Beaton DE, Bombardier C, Guillemin F, Ferraz MB. Guidelines for the process of cross-cultural adaptation of self-report measures. *Spine (Phila Pa 1976).* 2000;25(24):3186–91.

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### AB1202-HPR RELATIONSHIP OF WORK DISABILITY BETWEEN THE DISEASE ACTIVITY, DEPRESSION AND QUALITY OF LIFE IN HOUSEWIFE AND WORKING PATIENTS WITH RHEUMATOID ARTHRITIS

S. Sağ, K. Nas, M.S. Sağ, I. Tekeoğlu, A. Kamanlı. *Department of Physical Medicine and Rehabilitation, Rheumatology, Faculty of Medicine, Sakarya University, Sakarya, Turkey, sakarya, Turkey*

**Background:** The aim of this study was to determine the work status in patients with rheumatoid arthritis (RA) while also defining the factors related to work disability.

**Objectives:** In this study, our objective was to determine the work productivity, work disability and difficulty in time-off daily activities of the housewife and working patients with rheumatoid arthritis (RA) and to investigate the relation of these parameters with disease activity, anxiety, depression and quality of life.

**Methods:** 82 patients with the diagnosis of RA (26 males, 56 females) and 29 healthy control subjects (5 males, 24 females) were included in the study. In patients with RA, DAS28 was used to evaluate the disease activity; Duruöz hand index was used to determine the functional status. In addition, HAQ (Health assessment quality) and The Short Form (SF-36) Health Survey was used to evaluate the health status, Hospital Anxiety and Depression Scale (HADS) was used for the evaluation of depression and anxiety and Work Productivity and Activity Impairment Questionnaire: Specific Health Problem v2.0 (WPAI:SHP) was used to evaluate the work productivity.

**Results:** Demographic characteristics such as age and gender, were comparable in both patient and control groups ( $p > 0.05$ ). The difficulty in the time off daily activities were worse in the patient group compared with the control group ( $p < 0.05$ ). Anxiety, were significantly higher in housewife RA group ( $p < 0.05$ ). Difficulty in time-off daily activities was correlated with VAS-fatigue and DAS28, HAQ, Duruöz hand index was correlated. ( $p < 0.05$ ).

**Conclusions:** Even if they are not working in housewives, we have found that