Generation and characterisation of therapeutic tolerogenic dendritic cells for rheumatoid arthritis

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ABSTRACT

Objectives Tolerogenic dendritic cells (tolDCs) constitute a promising experimental treatment for targeting autoreactive T cells in autoimmune diseases, including rheumatoid arthritis (RA). The authors’ goal is to bring tolDC therapy for RA to the clinic. Here the authors address key translational issues related to the manufacturing of tolDCs from RA patients with current good manufacturing practice (cGMP)-compliant reagents, the stability of tolDCs, and the selection of suitable quality control markers.

Methods Human monocyte-derived tolDCs were established from RA patients and healthy controls (HCs) using the immunosuppressive drugs dexamethasone and vitamin D3, and the cGMP-grade immunomodulator, monophosphoryl lipid A, in the cGMP-compliant medium, CellGroDC. The functionality of tolDCs and tolDC-modulated autologous CD4 T cells was determined by flow cytometry, [{\textsuperscript{3}}H]thymidine incorporation and ELISA.

Results Clinical-grade tolDCs established from patients with RA exhibit a typical tolerogenic phenotype of reduced costimulatory molecules, low production of proinflammatory cytokines and impaired stimulation of autologous antigen-specific T cells, comparable to HC tolDCs. Toll-like receptor 2 (TLR-2) was highly expressed by tolDCs but not mature DCs. Furthermore, tolDCs suppressed mature DC-induced T cell proliferation, interferon γ and interleukin 17 production, and rendered T cells hyporesponsive to further stimulation. Importantly, tolDCs were phenotypically stable in the absence of immunosuppressive drugs and were refractory to further challenge with proinflammatory mediators.

Conclusions tolDCs established from patients with RA are comparable to those derived from healthy donors. TLR-2 was identified as an ideal marker for quality control of tolDCs. Potently tolerogenic and highly stable, these tolDCs are a promising cellular therapeutic for tailored immunomodulation in the treatment of RA.

INTRODUCTION

Rheumatoid arthritis (RA) is a chronic, debilitating autoimmune disease with no known cure. Autoimmune diseases including RA are thought to arise through a breakdown in self-tolerance. Current treatments involve non-antigen-specific global immunosuppression leading to numerous side effects. Much research has therefore focused on the development of more selective immunosuppressive, drug-sparing therapies with fewer complications and the potential of long-term disease remission. T cell immunomodulation, or immune reprogramming, is an attractive strategy for treatment of autoimmune disorders, and a novel approach for targeting autoreactive T cells is the use of antigen-specific dendritic cells (DCs). DCs are critical in the initiation of immune responses against invading pathogens and tumours, but also in the induction of central and peripheral tolerance to self-antigens. The constitutive depletion of DCs in mice leads to a collapse in self-tolerance and the development of fatal autoimmune disease. Tolerogenic DCs (tolDCs) induce tolerance through the presentation of antigen with inadequate costimulation and cytokine production for effector T cell activation, resulting in T cell silencing or deletion or induction of regulatory T cells.

tolDCs can be generated in vitro by a variety of methods, including genetic or pharmacological modification. Injection of ex vivo modified tolDCs has proven beneficial in models of autoimmune disease, including collagen-induced arthritis, diabetes, experimental autoimmune encephalomyelitis and uveoretinitis. Therapy with tolDCs therefore has great potential for the treatment of autoimmunity in humans, and the current challenge is to develop tolDCs for clinical application. Others have addressed the development of clinical-grade DCs for cancer immunotherapy. However, criteria for the development of safe tolDCs for the treatment of autoimmune disease remain to be evaluated.

Previously, we have described a simple and robust method for the establishment of tolDCs by treatment of monocyte-derived DCs with the immunosuppressive glucocorticoid, dexamethasone (Dex), the vitamin D receptor agonist, 1,25(OH){\textsuperscript{2}}D\textsubscript{3} (vitamin D\textsubscript{3} (VitD\textsubscript{3})) and the toll-like receptor 4 (TLR-4) ligand, lipopolysaccharide (LPS) from Escherichia coli. These tolDCs, characterised by low expression of costimulatory molecules and low production of proinflammatory cytokines, have impaired T cell stimulatory capacity and tolerate T cells in vitro. Our aim is to conduct clinical trials with these tolDCs for RA.
be used to treat RA, a chronic inflammatory disease, their stability in proinflammatory environments is paramount and requires investigation. This study describes a cGMP-compatible method for generating stable tolDCs from patients with RA, resulting in a novel autologous cellular therapy for the specific modulation of autoreactive T cells for the treatment of RA.

**MATERIALS AND METHODS**

**Ethics**

Peripheral blood samples from healthy controls (HCs) and patients with RA were obtained with informed consent and after approval by the Newcastle and North Tyneside Research Ethics Committee 2.

**Isolation of cells**

Peripheral blood mononuclear cells were isolated by density centrifugation. Monocytes were positively selected from peripheral blood mononuclear cells using anti-CD14 microbeads (Miltenyi Biotec, Bergisch Gladbach, Germany). CD4 T cells were enriched using CD4 RosetteSep (StemCell, Vancouver, BC, Canada) or by positivewith anti-CD4 microbeads (Miltenyi Biotec).

**Establishment of DCs**

Monocytes were cultured at 0.5×10^6/ml for 7 days in cGMP-grade CellGroDC (CellGenix, Freiburg, Germany) containing penicillin and streptomycin solution (100 U/ml and 100 μg/ml, respectively) in the presence of clinical-grade granulocyte–macrophage colony-stimulating factor (50 ng/ml; Berlex, Seattle, Washington, USA) and interleukin 4 (IL-4; 50 ng/ml; Immunotools, Friesoythe, Germany). Cells were replenished on day 3 with fresh medium and cytokines, and cytokines only on day 6. To induce mature DCs (matDCs), DCs were treated with cGMP-grade monophosphoryl lipid A (MPLA) (1.0 μg/ml; Avanti Polar Lipids, Alabaster, Alabama, USA) on day 6. tolDCs were established by treatment with Dex (1 μM, Sigma Aldrich, Poole, UK) on day 3 and Dex (1 μM) and VitD_3_ (0.1 nM, Sigma Aldrich, Poole, UK) on day 6. tolDCs were established by treatment with Dex (1 μM, Sigma Aldrich, Poole, UK) on day 3 and Dex (1 μM) and VitD_3_ (0.1 nM), Biomol, Exeter, UK) and MPLA on day 6. On day 7, DCs were harvested and washed extensively before functional assays were performed. DCs were loaded during the final 24 h of culture with the recall protein antigen, purified protein derivative (PPD; 1 μg/ml; Statens Serum Institut, Copenhagen, Denmark) or candidate RA autoantigen human cartilage glycoprotein 39 (HCgp39; 10 μg/ml; Organon, Welwyn Garden City, UK). Control DCs were left unloaded. For supernatant experiments, DCs were pulsed with 5 ng/ml toxic shock syndrome toxin 1 (TSST-1) for 1 h.

**DC phenotyping**

Cell surface expression was investigated using the following antibodies: CD14-PE (M5E2), CD40-APC (5C3), CD80-FITC (L307.4), CD86-APC (FUN-1), CD83-PE (HB15e), HLA-DR DP DQ-FITC (Tu59), all from BD Biosciences (Oxford, UK), and TLR-2-APC (TL2.1; e-Bioscience, Hatfield, UK). DCs were washed and resuspended in staining buffer (phosphate-buffered saline supplemented with 1% fetal calf serum, 2 mM EDTA and 0.01% sodium azide) in the presence of IgG (Grifols, Los Angeles, California, USA), and incubated with antibody for 30 min before acquisition on a BD FACSscan and analysed using FlowJo software (Treestar).

**DC cytokine production**

DCs were stimulated at 1×10^5 DCs/ml with CD40-ligand-transfected J558L mouse cells (a gift from Professor Peter Lane, Birmingham University, UK) at a 1:1 ratio for 24 h. Cytokine production was determined in supernatants by sandwich ELISA from BD Pharmingen (Oxford, UK) (IL-6, IL-10, IL-12p70, tumour necrosis factor (TNF)α or e-Bioscience (IL-1β, IL-23).

**DC/T cell cultures**

DC/T cell cultures were carried out in complete medium: RPMI-1640 containing human AB serum (5%), l-glutamine (2 mM), and penicillin (100 U/ml) and streptomycin (100 μg/ml). T cells (10^5) were cultured with unloaded or antigen-loaded tolDCs or matDCs. In restimulation experiments, primed T cells were subsequently rested from day 6 to 10 in the presence of 20 IU/ml recombinant IL-2 (Novartis, Camberley, UK) and restimulated on day 10 with antigen-loaded autologous matDCs for 3 days. DC/T cell cultures were performed at varying ratios. Proliferation was determined by incorporation of [3H]thymidine for 18 h or by carboxyfluorescein succinimidyl ester (0.5 μM) dilution analysis of T cell receptor β-chain variable region 2 (Vβ2)-expressing cells (anti-TCR-Vβ2; clone MPB2D5; Immunotech, Marseille, France) at various time points. For the tolDC-suppression assay, additional tolDCs or matDCs were incorporated as indicated. Cytokine production in T cell supernatants was determined by sandwich ELISA for interferon γ (IFNγ) (BD Pharmingen) and IL-17 (e-Bioscience).

**Intracellular cytokine staining**

T cells restimulated with matDCs for 3 days were activated for maximal cytokine production with phorbol myristate acetate (50 ng/ml) and ionomycin (1 μg/ml) for 5 h in the presence of brefeldin A (10 μg/ml) for the final 4 h. Cells were stained for cell surface Vβ2 expression before fixation and permeabilisation (FoxP3 staining kit; e-Bioscience) and subsequent staining for intracellular IL-17 (clone eBio64DEC17) and IFNγ (clone B27). Cells were acquired on a BD LSRII and analysed using FlowJo software.

**DC stability**

Phenotypic stability of DCs was investigated 24 h after washing and reculture of DCs in complete medium. Firstly, 1×10^6 cells/ml were left unstimulated or stimulated with a cocktail of proinflammatory cytokines containing 1000 U/ml IFNγ and 10 ng/ml each of IL-1β, IL-6 and TNFα, 0.1 μg/ml LPS or 10 μg/ml peptidoglycan (PGN). Cells were stained as described for DC phenotyping, and cytokine production was investigated in the absence and presence of proinflammatory cytokines, LPS or PGN as described for DC cytokine production.

**Statistical analysis**

The following statistical analyses were performed using Prism 4.0: analysis of variance (ANOVA) for comparisons between multiple groups, Mann–Whitney U or Student t test for comparisons between two groups, and two-way ANOVA for multiple groups over time.

**RESULTS**

**cGMP-tolDCs from patients with RA are phenotypically and functionally comparable to HC tolDCs**

Our initial studies investigated the surface phenotype, cytokine profile and T cell-stimulatory capacity of tolDCs from RA patients as compared with HCs, established using the cGMP-medium CellGroDC and bacterial immunomodulator MPLA.
Immature DCs (iDCs; figure 1A) expressed reduced levels of major histocompatibility complex II (MHC II) and low levels of CD40, CD83 and the costimulatory molecules CD80 and CD86. Expression of all these markers was substantially enhanced upon DC maturation (matDCs; figure 1A,B). In contrast, tolDCs from both RA patients and HCs displayed a typical semimature phenotype of reduced MHC II and CD80 and significantly lower CD40, CD83 and CD86 expression than matDCs (figure 1B). A highly expressed marker on tolDCs was TLR-2, which was low on iDCs and matDCs (figure 1A,B) and may therefore be suitable for QC. Despite the high propensity of RA-matDCs to produce TNFα, production of all other cytokines investigated was comparable between RA and HC cultures (figure 2A). tolDCs from both RA patients and HCs consistently produced lower levels of proinflammatory cytokines IL-1β, IL-6, IL-23 and TNFα upon CD40-mediated...
activation, as compared with matDCs, while IL-12 was notably undetected in all tolDC cultures (figure 2A). Similar differences were found when cytokine production by tolDCs and matDCs was measured directly after maturation with MPLA, before activation through CD40 (online supplemental figure 1). Anti-inflammatory IL-10 production by tolDCs was non-significantly reduced as compared with their equivalent matDC counterparts.

The cytokine profile of tolDCs was unaffected by incorporation of an antigen-loading step during tolDC generation, investigated using a RA candidate autoantigen (HCgp39; figure 2B). Furthermore, we investigated the autologous T cell immunostimulatory capacity of tolDCs using the recall antigen, PPD. Minimal T cell proliferation was observed in response to both RA and HC non-antigen-loaded DC populations, while PPD-loaded matDCs induced significant T cell proliferation. Consistent with their semimature phenotype and anti-inflammatory cytokine profile, both RA and HC PPD-loaded tolDCs only poorly induced antigen-specific proliferation (figure 3A,B) and IFNγ and IL-17 production by autologous T cells (figure 3B).

tolDCs induce T cell hyporesponsiveness

We further investigated the immunoregulatory capacity of clinical-grade tolDCs in a superantigen-based T cell activation model. This model is well established for studying T cell activation and modulation by autologous DCs.32–36 TSST-1 binds with high affinity to TCR-Vβ2, preferentially expanding Vβ2+ T cells in a MHC II-dependent manner,37 although expansion of low-affinity Vβ2− T cells can occur.32 Here we quantitated the T cell response to tolDCs and matDCs loaded with TSST-1 (figure 4A). matDCs were superior over tolDCs in inducing T cell proliferation, inducing activation of Vβ2+ T cells even at

![Figure 2](http://ard.bmj.com/)

**Figure 2**  Healthy control (HC) and rheumatoid arthritis (RA) tolerogenic dendritic cells (tolDCs) have an anti-inflammatory phenotype. (A) Mean cytokine production by tolDCs and mature DCs (matDCs) in response to CD40 activation. At 24 h after maturation with 1 μg/ml monophosphoryl lipid A (MPLA) in the presence or absence of dexamethasone (Dex) and vitamin D3 (VitD3), DCs were washed, and 10⁵ tolDCs or matDCs cocultured at a 1:1 ratio with the J588L-CD40L-expressing cell line in the absence of Dex and VitD3 for a further 24 h. Supernatants were harvested for cytokine analysis by ELISA. Data are expressed as the mean±SEM for at least four HCs and seven RA-independent donors. (B) Representative RA donor DC-derived cytokine production when unloaded (UL) or loaded with 10 μg/ml human cartilage glycoprotein 39 (HCgp39) as a model antigen, during maturation with 1 μg/ml MPLA. Unloaded and antigen-loaded DCs were activated via CD40 as described in (A). Data are representative of four independent donors. Cytokine production was determined by ELISA. <d, below limits of detection. Detection limit for IL-12 is 30 pg/ml. *p≤0.05, **p≤0.01, ***p≤0.001 (Mann–Whitney U test). TNF, tumour necrosis factor.
toDCs have a highly stable semimature, anti-inflammatory phenotype

A key consideration in the development of a toDC therapy for RA and other chronic inflammatory diseases is the stability of toDCs to proinflammatory mediators. toDC stability was therefore investigated after removal of Dex, VitD3, and MPLA. Both toDCs and matDCs were phenotypically refractory to stimulation with all proinflammatory mediators investigated, with toDCs retaining their typical semimature phenotype and cytokine profile (figure 6A,B). TLR-2 expression by toDCs was found to be downregulated comparable to that of matDC expression (figure 6A), while the only marker that was significantly upregulated by toDCs was CD83 in response to proinflammatory cytokines, although levels remained significantly (p<0.01; paired t test) lower than that expressed by equivalent matDCs (figure 6A). CD40-activation-induced cytokine production by toDCs and matDCs was unaltered in response to cytokine or LPS challenge (figure 6B), while PGN induced increases in IL-10 production by both toDCs and matDCs. IL-12p70 remained undetectable in toDC cultures under all conditions investigated (figure 6B). Overall, these data indicate that toDCs are highly stable.

DISCUSSION

This study describes the development of clinical-grade toDCs, focusing on a number of key translational issues that require elucidation before therapeutic application of these cells.

We investigated the functionality of toDCs generated using cGMP-grade reagents, suitable for the development of an Investigational Medical Product for human therapy. We describe a protocol for the establishment of semimature, anti-inflammatory, clinical-grade toDCs using the cGMP-compliant serum-free medium CellGroDC and DC immunomodulator, MPLA. These clinical-grade toDCs are comparable to our previously characterised research-grade toDCs in terms of cell surface phenotype, cytokine production and in vitro T cell modulatory function. CellGroDC was deemed the medium of choice, and is currently used in DC vaccine development for cancer.38–40 MPLA, a low-toxicity alternative to LPS, is currently being tested in vaccine development.41 As a known TLR-4 agonist inducing matDCs,42 MPLA is less potent than LPS,43 which may explain the increased MPLA dose (1.0 μg/ml MPLA vs 0.1 μg/ml LPS42) required to induce comparable DC maturation.42–44 We observed that MPLA potently induces IL-10 production by DCs. Considering the inhibitory effect of IL-10 on IL-12p55 and p40 mRNA45–46 and IL-12p40 protein,46 it is not surprising that MPLA only poorly induced IL-12p70 and IL-23 (consisting of IL-12p40 and IL-23p19) by matDCs in this study. As the lack of IL-12 production by toDCs is pivotal to their tolerogenicity,24–47 MPLA by virtue of its inability to induce IL-12 is highly appropriate for the establishment of toDCs, but less suitable for the generation of matDC therapy for cancer.

As antigen-presenting cell dysregulation has been implicated in RA pathogenesis,48–52 we confirmed that this protocol could be used for the establishment of toDCs from patients with RA. Indeed, in our and other studies,28–29 matDCs established from patients with active RA produced significantly more TNFα than HCs or RA patients in remission. We demonstrate that, despite an inherently more proinflammatory cytokine profile, toDCs established from RA patients adopt a HC-toDC-like phenotype, suggesting that, even with potentially altered antigen-presenting cell functionality during RA, it remains possible to establish very low DC numbers and also inducing expansion of VB2- T cells at higher DC numbers. In contrast, toDCs expanded VB2+ T cells at high DC concentrations, but failed to support strong VB2+ T cell proliferation (figure 4A). Upon optimal restimulation with TSST-1-loaded matDCs, T cells primed by TSST-1-loaded toDCs (Ttol) showed impaired proliferative potential (figure 4B) and a reduction in the percentage of IFNγ- and IL-17-producing T cells as compared with T cells primed by TSST-1-loaded matDCs (Tmat) (figure 4C), suggestive of Ttol hyporesponsiveness.

toDCs suppress matDC-induced T cell proliferation, IFNγ and IL-17

Successful toDC therapy may in part depend on the ability to suppress immune responses induced by resident immunogenic DCs. We therefore investigated the ability of toDCs to modulate matDC-induced PPD-specific T cell proliferation and cytokine production. Co-incubation of PPD-loaded toDCs and matDCs significantly inhibited T cell proliferation (figure 5A), IFNγ and IL-17 production (figure 5B) at a 1:1 toDC/matDC ratio and significantly inhibited proliferation (figure 5A) and IFNγ production at a 1:10 toDC/matDC ratio (figure 5B) as compared with PPD-loaded matDCs alone. These inhibitory effects were not caused by increasing the total DC number, as doubling the number of matDCs did not result in suppression of T cell proliferation and even enhanced cytokine production (figure 5A,B).

Figure 3 Antigen-specific T cells exhibit a reduced responsiveness to tolerogenic dendritic cells (toDCs). (A) 10^5 healthy control (HC) and RA CD4 T cells were stimulated with 10^4 autologous unloaded or purified protein derivative (PPD)-loaded (1 μg/ml) toDCs or mature DCs (matDCs), and proliferation determined at various time points. Data are expressed as the mean±SEM of triplicate wells, representative of three independent experiments. (B) Mean healthy control (HC) CD4 T cell proliferation and cytokine production as a percentage of matDC-induced T cell responses. HC CD4 T cells (10^5) were stimulated at a 10:1 ratio with 10^4 PPD-loaded toDCs or matDCs. Cytokine production and proliferation were determined on day 6 and 7, respectively. Data are expressed as the mean of three independent experiments. 

To our knowledge, toDC stability was not previously investigated after removal of Dex, VitD3, and MPLA. Both toDCs and matDCs were phenotypically refractory to stimulation with all proinflammatory mediators investigated, with toDCs retaining their typical semimature phenotype and cytokine profile (figure 6A,B). TLR-2 expression by toDCs was found to be downregulated comparable to that of matDC expression (figure 6A), while the only marker that was significantly upregulated by toDCs was CD83 in response to proinflammatory cytokines, although levels remained significantly (p<0.01; paired t test) lower than that expressed by equivalent matDCs (figure 6A). CD40-activation-induced cytokine production by toDCs and matDCs was unaltered in response to cytokine or LPS challenge (figure 6B), while PGN induced increases in IL-10 production by both toDCs and matDCs. IL-12p70 remained undetectable in toDC cultures under all conditions investigated (figure 6B). Overall, these data indicate that toDCs are highly stable.

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tolDCs ex vivo for autologous cellular immunotherapy. To our knowledge, this is the first study to demonstrate the generation of tolDCs from RA patients.

tolDCs for immunotherapy must be safe, standardised and controlled; however, robust and reliable markers are poorly defined. Ideally, QC of tolDCs should be based on markers that are quickly and readily detectable. Phenotypic identification of tolDCs is most commonly determined relative to other DC populations (eg, iDCs and/or matDCs), which is impractical in the cGMP laboratory setting. This study revealed the exclusive high-level expression of TLR-2 by tolDCs, a known response to glucocorticoids, making this an ideal marker for QC purposes.

Of particular importance in tolDC treatment of inflammatory autoimmune diseases including RA is their stability. We therefore investigated the stability of tolDCs to a number of known proinflammatory mediators in vitro, as the use of maturation-sensitive tolDCs in ongoing inflammatory disease risks the conversion of tolDCs into matDCs with the potential to exacerbate disease. This study revealed that cGMP-tolDCs, despite differential signalling of MPLA and LPS via TLR-4, were rendered refractory to further maturation with LPS, a phenomenon previously described for LPS as LPS desensitisation. tolDCs were also resistant to maturation and maintained stable cytokine production in response to stimulation with proinflammatory cytokines, a process termed DC exhaustion or paralysis. Even though the tolDCs described here express high levels of TLR-2, PGN, a microbial compound recognised by TLR-2, had only subtle effects on tolDCs. Consistent with our findings, it was recently shown that LPS-activated, Dex-treated DCs further challenged with LPS in the absence of Dex were phenotypically stable and remained poor producers of TNFα and IL-6. However, other TLR ligands or proinflammatory cytokines were not investigated in that study. In contrast with the study of Chamorro et al, our study revealed a downregulation of TLR-2 expression in the absence of Dex, and TLR-2- or TLR-4-mediated challenge of tolDCs failed to enhance TLR-2 expression by tolDCs. This may be explained by the different TLR-2 ligands used or be due to the different protocols used for the establishment of tolDCs. Importantly, the cGMP-tolDCs described here, once removed from the

**Figure 4** Tolerogenic dendritic cells (tolDCs) induce T cell hyporesponsiveness. (A) 10⁵ CD4 T cells were primed with the indicated numbers of toxic shock syndrome toxin 1 (TSSS-1)-loaded (5 ng/ml) autologous tolDCs or mature DCs (matDCs) and proliferation of carboxyfluorescin succinimidyl ester (CFSE⁺) T cell receptor β-chain variable region 2 (TCR-Vβ2)-stained cells quantitated at day 5. Values represent percentage of cells as a percentage of CD4 T cell population. Percentage of Vβ2⁺ cells in starting CD4 population was 8.9±0.95%. (B) and (C) T cells primed with TSSS-1-loaded (5 ng/ml) tolDCs (Ttol) or matDCs (Tmat) (10:1 ratio) for 6 days were rested with interleukin (IL)-2 (20 IU/ml) for 4 days before CFSE labelling and restimulation at a 10:1 ratio with TSSS-1-loaded matDCs on day 10. (B) Day 13 T cell proliferation was determined by CFSE dilution. Values represent the percentage of proliferating cells. (C) Day 13 intracellular IL-17 and interferon (IFN)γ production was quantitated after 5 h stimulation with phorbol myristate acetate (PMA) (50 ng/ml) and ionomycin (1 μg/ml) with brefeldin A (10 μg/ml) added for the final 4 h. Values represent the percentage of cytokine-positive cells as a percentage of the total CD4 T cell population (Ttol). Gates determining positive cells were set using equivalent non-PMA/ionomycin-stimulated controls. The percentage of positive cells for IL-17 and IFNγ unstimulated cultures was <1% and <2%, respectively. Data shown are representative of two independent experiments.
Appropriate for QC. Potently tolerogenic to autologous T cells, these cGMP-tolDCs are highly stable in proinflammatory environments. tolDCs are a promising novel autologous cellular therapy for the specific modulation of autoreactive T cells in the treatment of RA and other inflammatory autoimmune diseases.

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