EP₂/EP₄ signalling inhibits monocyte chemoattractant protein-1 production induced by interleukin 1β in synovial fibroblasts

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Background: Besides its proinflammatory properties, prostaglandin E₂ (PGE₂) acts as a regulator of the expression of inducible genes. Inhibition of PGE₂ synthesis might thus result in a paradoxical deleterious effect on inflammation.

Objective: To examine the effect of PGE₂ on monocyte chemoattractant protein-1 (MCP-1) expression in cultured synovial fibroblasts (SF) stimulated with interleukin (IL)1β.

Methods: MCP-1 expression was assessed in SF stimulated with IL1β in the presence of PGE₂ or different NSAIDs by RT-PCR or northern blot and immunocytochemistry. Expression of cyclo-oxygenase (COX) isofoms was studied by western blot techniques. The role of PGE₂ receptors (EP) in PGE₂ action was assessed employing EP receptor subtype-specific agonists.

Results: PGE₂ significantly inhibited IL1β induced MCP-1 expression in SF in a dose dependent manner. IL1β increased COX-2 and did not alter COX-1 synthesis in SF. 11-Deoxy-PGE₁, an EP₂/EP₄ agonist, reproduced PGE₂ action on MCP-1 expression. Butaprost, a selective EP₂ agonist, was less potent than PGE₂. Sulprostone, an EP₁/EP₃ agonist, had no effect on IL1β induced MCP-1 expression. Inhibition of endogenous PGE₂ synthesis by NSAIDs further enhanced MCP-1 mRNA expression in IL1β stimulated SF, an effect prevented by addition of exogenous PGE₂.

Conclusion: Activation of EP₂/EP₄ receptors down regulates the expression of MCP-1 in IL1β stimulated SF, while PGE₂ pharmacological inhibition cuts off this signalling pathway and results in a superinduction of MCP-1 expression. The data suggest that NSAIDs may intercept a natural regulatory circuit controlling the magnitude of inflammation, which questions their continuous administration in inflammatory joint diseases.

Postaglandins are lipid mediators locally increased in the synovial fluid and synovial membrane of patients with inflammatory joint diseases.¹ Prostaglandin E₂ (PGE₂), particularly, contributes to tissue oedema, hyperalgesia, and cytokine production in inflamed tissues.² PGE₂ synthesis takes place in response to cell activation by cytokines, such as interleukin (IL)1β or tumour necrosis factor α, and its generation accounts for many of the proinflammatory actions induced by these peptides.³ However, different, and even opposite, effects of PGE₂ have been seen depending on the experimental system tested. Thus, PGE₂ induced effects on vascular smooth muscle tone,² cellular proliferation,³ IL6 production,¹ or the synthesis of adhesion molecules⁵ are highly variable. These diverse and cell-specific effects of PGE₂ are greatly dependent on the binding of different subtypes of PGE₂ receptors (EP receptors).⁶ Six EP receptor subtypes have been identified in humans, classified into EP₁, EP₂, EP₃, and EP₄ according to their different signalling pathways (reviewed by Narumiya et al⁷). Triggering of EP₁ receptors increases calcium mobilisation. Both EP₂ and EP₄ receptors are coupled with cyclic adenosine monophosphate (cAMP) generation. In addition, three different splicing forms of EP₂ receptor mediate the activation of several second messengers, leading to changes in cAMP levels, calcium mobilisation, and activation of phospholipase C.⁷ Different cell responses can be described for the production of inflammatory mediators, depending on the specific receptor subtype expressed at the cell surface.⁷ Chronic inflammatory diseases are characterised by proliferation of resident cells and infiltration of large numbers of mononuclear cells into the tissue. Migration of these cells is directed by the release of chemokines at the target tissue.⁸ Chemokines are a superfamily of small proinflammatory peptides that, based on structural analysis, can be divided into two subfamilies, C-X-C—mainly chemotactic for neutrophils—and C-C—primarily attracting mononuclear cells.⁹ A variety of chemokines are found at high concentrations in joint effusions and cells of pannus, in rheumatoid and in experimental arthritis.¹⁰–¹³ In particular, monocyte chemotactic peptide-1 (MCP-1) is known to attract monocytes to the joint, where these cells have a decisive contribution to the perpetuation of disease.¹⁴ The number of macrophages in the synovial membrane is one of the better markers for showing local disease activity.¹⁵ In a parallel way, plasma and synovial MCP-1 concentrations closely reflect the severity of joint inflammation in rheumatoid and in antigen induced arthritis.¹⁶–¹⁸ In antigen induced arthritis we have found that expression of synovial MCP-1 strongly correlates with leucocyte infiltration into the tissue.¹⁹ Strikingly, we also found that pharmacological inhibition of PGE₂ further increases MCP-1 expression and mononuclear cell concentration, in comparison with no treatment.²⁰ These data

Abbreviations: AC, adenylate cyclase; cAMP, cyclic adenosine monophosphate; COX, cyclo-oxygenase; DCF, diclofenac; EMSA, electrophoretic mobility shift assay; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; IL, interleukin; MCP-1, monocyte chemoattractant peptide-1; MXC, meloxicam; NSAIDs, non-steroidal anti-inflammatory drugs; PGE₂, prostaglandin E₂; RT-PCR, reverse transcription-polymerase chain reaction; SF, synovial fibroblasts
suggest that PGE2 may regulate MCP-1 expression, thus playing an important role in controlling mononuclear cell migration to the joint. In this study we have explored this hypothesis using synovial fibroblasts (SF) stimulated with IL1β, a well recognised proinflammatory cytokine. Our data provide new evidence for an anti-inflammatory role of PGE2 in SF acting through its EP2/EP4 receptors.

METHODS
Culture of SF
SF were obtained as described previously from the knee synovial membranes of healthy New Zealand rabbits or osteoarthritic patients undergoing joint replacement surgery at the Orthopaedic Department of the Fundacion Jimenez Diaz. Patients were selected for the study only if they had not taken non-steroidal anti-inflammatory drugs (NSAIDs) for at least 30 days before surgery. All studies were performed strictly in accordance with current local regulations. Briefly, human or rabbit synovial explants were exposed to enzymatic digestion with 1.25 mg/ml of trypsin for 1 hour with agitation (Boehringer Mannheim). Collected cells were resuspended in RPMI 1640 medium (Gibco BRL) enriched with 10% fetal calf serum (BioWittaker) and supplemented with 2 μM glutamine (Gibco BRL), 100 U/ml penicillin, and 100 μg/ml streptomycin. Cells were cultured at 37°C in 5% CO2, and used between the sixth and twelfth passages.

Stimulation of SF
SF were seeded onto Petri dishes (Costar) for RNA or total protein extraction experiments. When cells reached confluence, the medium was changed to RPMI without fetal calf serum. After 48 hours, cells were stimulated with vehicle or human recombinant IL1β (Immugenex Corp) in the presence or absence of PGE2. 11-deoxy-prostaglandin E12, butaprost, sulprostone (all from Cayman Chemicals), or the adenylate cyclase (AC) inhibitor MDL-12,330A (Calbiochem) in the indicated concentrations. Where indicated, cells were pre-incubated for 1 hour with diclofenac (DCF; Sigma Chemicals) or meloxicam (MXC; Boehringer Ingelheim) before IL1β addition.

RNA studies
Rabbit or human SF were harvested and total RNA was obtained by the acid guanidium thiocyanate-phenol-chloroform method. Messenger RNA expression in rabbit SF was analysed by reverse transcription-polymerase chain reaction (RT-PCR)12 and by northern blot22 in human SF. SF was analysed by reverse transcription-polymerase chain reaction (RT-PCR)11 and by northern blot autoradiograph of four different experiments carried out in human SF. Panels (B) and (C) show the average increase of MCP-1 mRNA levels in human and rabbit SF, respectively, compared with non-stimulated cells (n = 4). Data are expressed in arbitrary densitometric units (AU) after correction by mRNA levels of GAPDH, which was employed as housekeeping gene.10 10-6 M PGE2 did not alter MCP-1 gene expression in vehicle. *p<0.05 v vehicle; †p<0.05 v IL1β alone.

Immunofluorescence staining
Human SF were grown in eight well Titer-Tek slides (Costar). Quiescent cells were exposed to 10 U/ml IL1β with or without 10-6 M PGE2 for 4 hours. After incubation, cells were washed and fixed in methanol/acetic (50:50 vol/vol) at -20°C. Cells were incubated with 3% bovine serum albumin in phosphate buffered saline (9.1 M dibasic sodium phosphate, 1.7 M monobasic sodium phosphate, 150 M NaCl, pH 7.4) overnight at 4°C. A mouse monoclonal antibody against MCP-1 (10 μg/ml) (Immugenex Corp) was used as primary antibody, and a 1:200 dilution of FITC labelled rabbit antimouse IgG was used as a secondary antibody (Sigma). Cultures were incubated with non-immune serum or with the secondary antibody alone. Slides were mounted in glycerol and examined under microscope by two “blinded” observers. Images were photographed and printed at equivalent exposures.

PGE2 assay
The amount of PGE2 in the conditioned media collected from stimulated rabbit SF was determined by a commercially available enzyme linked immunosorbent assay (ELISA; Assay Designs). Experiments were done in triplicate in two different cell cultures.

Western blot analysis
Human SF were employed for protein determinations owing to the absence of commercially available antibodies against rabbit products appropriate for these studies. For cyclooxygenase-1 (COX-1) and COX-2 determinations, human SF were homogenised with ice cold lysis buffer (1% Nonidet P-40 (Sigma); 0.5% sodium dodecyl sulphate, 0.1 M EDTA, 1 M dithiothreitol, and 1 M phenylmethylsulphonylfluoride in phosphate buffered saline). The lysates were transferred to Eppendorf tubes and centrifuged at 12 000 g for 10 minutes.
Inhibition of monocyte chemoattractant protein-1

**Electrophoretic mobility shift assay (EMSA)**

Nuclear extracts were obtained from rabbit SF as previously described.11 Briefly, cellular nuclei were isolated by precipitation and dissolved in buffer. Total nuclear protein concentration was measured by the BCA method (Pierce). Transcription factor activity was determined by EMSA employing an end labelled [32P]ATP-NF-kB consensus oligonucleotide. Nuclear extracts (5 μg) were equilibrated for 10 minutes in the appropriate binding buffer, and then the labelled probe (0.35 pmol) was added and incubated for 20 minutes at room temperature. To establish the specificity of the reaction, negative controls without cell extracts, and competition assays with a 100-fold excess of unlabelled oligonucleotide were done. DNA–protein complexes were run on a non-denaturing 4% acrylamide gel in Tris-borate. The gel was dried and exposed to an x ray film.

**Statistical analysis**

Densitometric data are shown as arbitrary units (AU) as a percentage of control values. Results are expressed as the mean (SEM). Comparisons between groups were carried out with the Mann Whitney U test. Values of p < 0.05 were considered significant.

**RESULTS**

**Effect of PGE2 on IL1β induced MCP-1 expression and synthesis**

MCP-1 mRNA was studied in rabbit SF by RT-PCR techniques; in human SF northern blot assays were performed, in order to obtain quantitative data. In time curve experiments, the gene expression of MCP-1 was up regulated by 10 U/ml IL1β in both cell populations, reaching a peak at 4 hours of incubation. For rabbit SF, mRNA levels increased by 910 (230)% at 2 hours; 1620 (330)% at 4 hours; 190 (30)% at 9 hours, and by 120 (20)% at 24 hours (n = 4, *p < 0.05 v unstimulated cells). Four hours were then established as the optimal period of incubation for the next experiments, in which human or rabbit SF were exposed to 10 U/ml IL1β in the presence of increasing concentrations of PGE2. Figure 1 shows that similar results for MCP-1 expression were found in human and rabbit cells after incubation with these molecules. Exposure to 10^-6 M PGE2 alone did not modify MCP-1 expression in SF. However, addition of PGE2 to 10 U/ml IL1β incubated SF resulted in a dose dependent inhibition of MCP-1 expression in comparison with IL1β stimulated human (fig 1A and B) or rabbit (fig 1C) SF.

To study whether the inhibition of MCP-1 expression was associated with a decrease in the protein production, MCP-1 synthesis was determined by indirect immunofluorescence in human SF using a monoclonal antibody to MCP-1. Starved SF showed a minimal cytoplasmic immunoreactivity to anti-MCP-1 that was not significantly altered by IL1β or PGE2 (fig 2A). After 4 hours of stimulation with 10 U/ml IL1β, enhanced cytoplasmic staining was seen, indicating an increase in MCP-1 expression (fig 2B). When SF were co-incubated with 10 U/ml IL1β and 10^-6 M PGE2, a marked diminution in MCP-1 staining was seen as compared with IL1β stimulated cells (fig 2C). Figure 2D shows that incubation with 10^-6 M PGE2 alone did not significantly alter MCP-1 staining in comparison with unstimulated cells. In negative control experiments using unrelated IgG, no staining was detected (data not shown).

**Effect of IL1β on PGE2 production in SF**

The negative regulation exerted by PGE2 on IL1β induction of MCP-1 was particularly remarkable, because PGE2 is quickly synthesised in response to IL1β, and acknowledged as a key mediator of its actions in different conditions. We therefore studied whether at this period of incubation 10 U/ml IL1β could increase PGE2 levels in SF culture supernatants and if the synthesis of new COX might participate in this reaction. At 4 hours of incubation, IL1β caused a 6.5-fold increase in PGE2 release by rabbit SF (fig 3A). When cells were incubated with 10^-6 M XC or 10^-6 DCF for 1 hour before the addition of IL1β, PGE2 fell under basal levels, while PGE2 was also almost undetectable in supernatants of cells exposed to either of the NSAIDs alone (fig 3A). In the same way, COX-1 and COX-2 synthesis were studied by western blot analysis in human SF stimulated with IL1β for 4 hours. At this time, COX-1 protein levels remained unmodified by IL1β or by the combination of IL1β plus PGE2, in comparison with vehicle (fig 3B). In contrast, COX-2 concentration significantly rose in IL1β treated SF (fig 3B). Unlike MCP-1 gene
Effect of PGE2 receptor subtype-specific agonists on IL1β induced MCP-1 expression

To establish which of the PGE2 receptors played a part in the inhibition of MCP-1 expression shown by PGE2, rabbit SF were incubated with 10 U/ml IL1β together with EP receptor subtype-specific agonists. 11-Deoxy-PGE1, 10^{-6} M, a specific EP2/EP4 agonist, suppressed MCP-1 expression evoked by IL1β similarly to PGE2 (fig 5). Butaprost, 10^{-6} M, a specific EP1/EP3 agonist, was less potent than PGE2 and 11-deoxy-PGE1 in inhibiting IL1β induced MCP-1 expression. When incubated alone at the same concentrations, 11-deoxy-PGE1 and butaprost had no effect on MCP-1 expression. In contrast, co-incubation with IL1β and 10^{-6} M sulprostone, a selective EP2/EP4 agonist, did not have any significant effect on IL1β induced MCP-1 expression (fig 5).

EP2/EP4 are G-protein coupled receptors which activate AC and subsequently increase cAMP levels.7 An inhibitor of AC, MDL-12,330A, was used to study the role of cAMP as a mediator of PGE2 in the regulation of MCP-1 expression. MDL-12,330A was added to rabbit SF cultures at 10^{-5} M, 30 minutes before incubation with 10 U/ml IL1β and 10^{-6} M PGE2. This compound completely abolished the down regulation exerted by PGE2 over IL1β induced MCP-1 gene expression, confirming that an AC dependent pathway was involved in this PGE2 action (fig 5). However, incubation of cells with 10^{-5} M MDL-12,330A and 10 U/ml IL1β did not result in a superinduction of MCP-1 expression in comparison with IL1β alone.

Role of nuclear factor κB (NF-κB) activation on MCP-1 gene control by PGE2

The MCP-1 promoter region contains binding sites for several transcription factors including NF-κB.25 Because IL1β is a potent activator of NF-κB translocation, we tested whether the inhibition of MCP-1 expression exerted by PGE2 was associated with interception of the NF-κB pathway. Figure 6 shows the effect of addition of PGE2 to IL1β on NF-κB activation in cultured rabbit SF. At 1 hour of incubation, 10 U/ml IL1β provoked a strong activation of NF-κB in comparison with vehicle, as shown by EMSA (lanes 1 and 2). The addition of 10^{-6} M PGE2 to 10 U/ml IL1β significantly reduced the NF-κB binding (lane 3). Furthermore, simultaneous incubation of SF with 10 U/ml IL1β and the EP2/EP4 agonist 11-deoxy-PGE1 at 10^{-6} M, reproduced PGE2 inhibition of IL1β induced NF-κB translocation (lanes 3 and 4). Neither the incubation of SF with PGE2 nor with 11-deoxy-PGE1 induced a significant modification of NF-κB activity in comparison with unstimulated SF (lanes 5 and 6).

DISCUSSION

Migration of circulating leucocytes to the joint is a central process in the development and progression of inflammatory
Figure 4  Effect of PGE 2 synthesis inhibition mediated by NSAIDs on MCP-1 expression. Rabbit SF were pre-incubated for 1 hour with $10^{-6}$ M MXC or $10^{-6}$ M DCF, and then 10 U/ml IL1β and/or $10^{-6}$ M PGE2 were added for 4 hours. Upper panel shows a representative RT-PCR autoradiograph of MCP-1 and GAPDH. Lower panel shows the analysis of MCP-1 gene expression expressed in densitometric arbitrary units (AU) after normalisation by GAPDH levels ($n=4$). *$p<0.05$ v vehicle; †$p<0.05$ v IL1β alone; ‡$p<0.05$ v IL1β+PGE2; **$p<0.05$ v the NSAID+IL1β.

Figure 5  Effect of specific EP receptor-subtype agonists on MCP-1 expression induced by IL1β. The role of EP receptors in MCP-1 regulation was studied in rabbit SF by RT-PCR, at 4 hours of incubation with 10 U/ml IL1β and/or the following molecules: the EP2/EP4 agonist 11-deoxy-PGE1 (11-D; $10^{-6}$ M), the EP2 agonist butaprost (BT; $10^{-6}$ M), the EP1/EP3 agonist sulprostone (SP; $10^{-6}$ M), PGE2 ($10^{-6}$ M), and the AC inhibitor MDL-12,330A (MDL, $10^{-6}$ M, 30 minutes preincubation). Upper panel shows a representative autoradiograph of MCP-1 and the housekeeping gene GAPDH. Lower panel shows the analysis for MCP-1 expression in densitometric arbitrary units (AU) relative to that of GAPDH ($n=4$). *$p<0.05$ v vehicle; †$p<0.05$ v IL1β alone.
Joint diseases. MCP-1 promotes recruitment of mononuclear cells and their activation in the inflamed synovium. It also induces cytokine production by SF, therefore displaying a major role in the interactions between resident and incoming cells which participate in the inflammatory reaction. Proinflammatory mediators locally increased in the rheumatoid synovium, such as IL1, interferon γ, and tumour necrosis factor α, induce MCP-1 expression in both cell populations.

PGE₂ is the eicosanoid achieving higher concentrations in inflamed joints. A complicated network of interactions between PGE₂ and some cytokines has been described. Although the lipid mediator regulates production of these cytokines, the latter can, in turn, stimulate PGE₂ synthesis in most cells.

This work underlines the possibility that despite being considered a key proinflammatory mediator which contributes to joint injury, PGE₂ has an anti-inflammatory role. We have demonstrated that PGE₂ efficiently and dose dependently inhibits IL1β induced MCP-1 production in SF. Increasing evidence supports the statement that the diverse and specific effects of PGE₂ rely on the cell expression of different EP receptor subtypes. Among these, EP₂, EP₃, and EP₄ have been localised in human SF. We have shown that incubation of IL1β stimulated SF with an EP₂/EP₄ agonist evokes PGE₂ effects on MCP-1 expression. No significant effect was noted for an EP₁/EP₃ agonist, while the effect of a specific EP₂ agonist was less potent than that shown by the EP₂/EP₄ agonist. Activation of EP₂/EP₄ receptors has been associated with cAMP generation. In our experimental conditions, AC inhibition completely abolished the effect of

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**Figure 6** Effect of PGE₂ or the EP₂/EP₄ specific agonist 11-deoxy-PGE₁ (11-D) on NF-κB DNA binding induced by IL1β. Human SF were incubated with 10 U/ml IL1β and/or 10⁻⁶ M PGE₂ or 10⁻⁶ M 11-deoxy-PGE₁ for 60 minutes, and NF-κB activity was measured by EMSA. A representative autoradiograph of four different experiments with similar results is shown.

**Figure 7** Signalling pathways controlling MCP-1 expression in SF, in which IL1β and PGE₂ are involved. Mechanisms triggered by IL1β (pink arrows); PGE₂ dependent signals (blue track); effects of NSAIDs (orange); action of MDL-12,330A, an AC inhibitor (green). Crossed bars: blockade of pathways; continuous lines: mechanisms explored in our study; broken lines: data from published reports. PGE₂ receptors (EP₁ to EP₄) are shown in connection with each specific agonist employed in this study and with their second messengers. IL1β is one of the strongest activators of SF in inflammation. Many of its actions are mediated by PGE₂ prompt synthesis. This is warranted by (a) activation of phospholipase A₂ (PLA₂) with generation of arachidonic acid (AA), which is the substrate for the action of COX and (b) increased availability of COX-2, whose synthesis is activated by the cytokine. IL1β promotes recruitment of mononuclear cells to the inflamed joint by the induction of MCP-1 gene expression in SF. IL1β is an activator of NF-κB, which controls transcription of MCP-1. At the same time, levels of PGE₂ increase in response to IL1β. When targeting EP₂, PGE₂ could act by tempering inflammation. Addition of PGE₂ or EP₂ agonists leads to a down regulation of MCP-1 expression induced by IL1β in SF. Thus, IL1β could initiate lesion producing mechanism as well as restoring mechanisms in the target cell. It may even increase cell sensitivity to PGE₂ by up regulating the expression of EP₂ receptors. EP₂ is coupled with cAMP generation, being the second messenger able to block translocation to the nucleus of NF-κB active components, where they trigger transcription of inducible genes, such as MCP-1. Thus, addition of MDL-12,330A, an inhibitor of AC, to IL1β plus PGE₂, impairs PGE₂ regulation of MCP-1 gene transcription. Finally, the regulating circuit is intercepted by the employment of NSAIDs owing to the dramatic reduction of PGE₂ levels that these molecules provoke. Furthermore, NSAID blockade of COX may account for deviation of AA metabolism to the production of proinflammatory mediators generated by lipoxygenases (LO), some of which can activate NF-κB.
PGE₂ on MCP-1 expression. Our results are in agreement with recent data supporting the statement that EP₂ and EP₄ transduce anti-inflammatory actions of PGE₂. In brief, it has been demonstrated that activation of these receptors inhibits expression of integrins and synthesis of IL6 in stimulated fibroblasts and in mononuclear cells.¹⁰ A recent report suggests that EP₄ activation would also down regulate chemokine expression in tissue infiltrated macrophages.¹¹ In vivo, EP₄ activation has been shown to improve clinical signs of inflammation in an experimental model of colitis.¹² Interestingly, we have recently observed that IL₁β induces EP₂ gene expression in SF (data not shown), an effect also found by other authors in cervical fibroblasts.¹³ The hypothesis is therefore proposed that EP₂ gene expression and responses drawn by EP₄ activation are favoured in the inflamed joint owing to up regulation of the expression of these receptors by IL₁β.

Our data provide new evidence suggesting that a complete counter regulating circuit is started in response to IL₁β generation in the inflammatory environment, directed towards tempering the inflammatory reaction. Figure 7 shows this circuit. Briefly, in our experimental conditions IL₁β was used to reproduce an inflammatory status in SF cultures. The cytokine activated PGE₂ production by SF and also potentially provided a further source of prostandyn synthesis by increasing COX-2 protein levels. In turn, PGE₂, acting through its EP₂/EP₄ receptors, could regulate migration of mononuclear cells to the joint, as suggested by its pronounced down regulation of MCP-1 production by SF. Finally, IL₁β would increase the responsiveness of SF to this PGE₂ anti-inflammatory pathway, through a selective up regulation of EP₂ receptors.

In this work we have also shown that PGE₂ depletion, induced by MXC or DFC, on IL₁β stimulated SF further increased MCP-1 expression in comparison with SF stimulated with IL₁β alone. Although addition of exogenous PGE₂ reversed this NSAID effect, other intercellular pathways should be examined to find out the precise mechanism of action of the drugs, because in this case, inhibition of AC did not result in a similar superinduction of MCP-1 mRNA expression in cells exposed to IL₁β. One interesting possibility might be deviation of arachidonate metabolic production after COX blockade (fig 7); in fact, both accumulation of arachidonic acid and its oxidation by lipoxigenases might result in up regulation of proinflammatory gene products through an NF-kB dependent pathway. Whatever the mechanisms involved, this effect of NSAIDs on SF might explain some inflammatory flares seen during NSAID treatment in arthritic patients.

We must be cautious in the extrapolation of these in vitro results obtained with short term incubations to the clinical setting. Kinetics of both the EP receptor and cAMP mediated signalling pathways are processes tightly regulated. For instance, there seems to be a concentration dependent biphasic curve for cAMP generation yielded by PGE₂ and also a deactivation phenomenon induced by prolonged exposure to the stimulating eicosanoid.¹⁴ None the less, our present work has shown similar results to those of our previous in vivo study, which found that NSAID mediated PGE₂ inhibition increased synovial mononuclear cell concentration and MCP-1 expression in arthritic joints,¹⁵ resulting in the suggestion that total inhibition of PGE₂ might be non-desirable in chronic inflammation.

One of the possible cellular mechanisms involved in the regulating action of PGE₂ has also been studied in the present work. We have shown that EP₂/EP₄ activation inhibits NF-kB binding induced by IL₁β. Because MCP-1 is an NF-kB dependent gene, this action might account for the PGE₂ observed regulation of MCP-1 gene expression (fig 7). Previous studies have found that cAMP generation inhibits NF-kB dependent transcription of inflammatory genes in monocyte and endothelial cells.¹⁶

In summary, our results show that PGE₂ mediated EP₂/EP₄ activation inhibits MCP-1 expression and synthesis in IL₁β stimulated SF. Blockage of pathways elicited by EP₂/EP₄ by inhibition of PGE₂ synthesis significantly superinduces MCP-1 expression in a proinflammatory setting. Our results suggest that endogenous PGE₂ may control the propagation of inflammation in the inflamed synovium. Thus, chronic administration of NSAIDs might impair the beneficial effects of this autoregulatory circuit.

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