LETTERS

Benefit of anti-TNFα treatment for nephrotic syndrome in a patient with juvenile inflammatory bowel disease associated spondyloarthropathy complicated with amyloidosis and glomerulonephritis

P Verschueren, F Lensen, E Lerut, K Claes, R De Vos, B Van Damme, R Westhovens

Historically, AA amyloidosis accounts for almost half of the deaths among patients with juvenile chronic arthritis, mainly due to complications of end stage renal failure. Improved survival has been reported in patients whose underlying inflammatory disorder was brought to remission. Tumour necrosis factor (TNFα) blocking agents have been used successfully in the treatment of inflammatory disorders complicated with AA amyloidosis. We report the effect of TNFα in a case of AA amyloidosis secondary to juvenile spondyloarthropathy.

CASE REPORT
A 26 year old man with juvenile, inflammatory bowel disease associated spondyloarthropathy (HLA-B27+) was admitted to our hospital with proteinuria and ankle oedema. He received combination therapy with methotrexate, sulphasalazine, methylprednisolone, and naproxen. His blood pressure was 130/80 mmHg. Table 1 shows the results of laboratory tests.

Ultrasound examination showed an increased bipolar size (130 mm) of both kidneys. A chest x ray examination was normal. His blood pressure was 130/80 mmHg. Table 1 shows the results of laboratory tests.

Immunofluorescence showed mild positivity for IgA in the amyloid deposits. A renal biopsy confirmed the diagnosis and showed no active inflammatory bowel disease.

Treatment with sulphasalazine was discontinued, the dose of methylprednisolone increased (32 mg/day), and treatment with lisinopril started. Incomplete regression of proteinuria occurred after one month (2.5 g/24 h).

Three months after diagnosis, treatment with anti-TNFα (Remicade, infliximab, Centocor, USA; 3 mg/kg; weeks 0, 2, 6, 14 and every eight weeks following) was started because of persistent arthritis. At that time the dose of methylprednisolone was 16 mg/day. With this treatment there was an improvement of arthritis and normalisation of blood pressure.

Table 1  Laboratory results at the time of admission

<table>
<thead>
<tr>
<th>Test</th>
<th>Result</th>
<th>Normal range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Haemoglobin (g/l)</td>
<td>73</td>
<td>130–180</td>
</tr>
<tr>
<td>ESR (mm/1st h)</td>
<td>82</td>
<td>0</td>
</tr>
<tr>
<td>CRP (mg/l)</td>
<td>125</td>
<td>0.8–8</td>
</tr>
<tr>
<td>Serum albumin (g/l)</td>
<td>16.9</td>
<td>37–53</td>
</tr>
<tr>
<td>Creatinine clearance (ml/min)</td>
<td>68.5</td>
<td>75.0–125.0</td>
</tr>
<tr>
<td>C3 (g/l)</td>
<td>0.77</td>
<td>0.50–0.90</td>
</tr>
<tr>
<td>C4 (g/l)</td>
<td>0.10</td>
<td>0.10–0.40</td>
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<tr>
<td>C1q BA</td>
<td>Positive</td>
<td></td>
</tr>
<tr>
<td>Protein G BA</td>
<td>Positive</td>
<td></td>
</tr>
<tr>
<td>HAV</td>
<td>Negative</td>
<td></td>
</tr>
<tr>
<td>HBV</td>
<td>Negative</td>
<td></td>
</tr>
<tr>
<td>HCV</td>
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<td></td>
</tr>
<tr>
<td>ANF</td>
<td>Negative</td>
<td></td>
</tr>
<tr>
<td>Rheumatoid factor</td>
<td>Negative</td>
<td></td>
</tr>
<tr>
<td>Serum protein electrophoresis</td>
<td>No paraproteins</td>
<td></td>
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<tr>
<td>Urinary protein excretion (g/24 h)</td>
<td>8.78</td>
<td>0.00–0.15</td>
</tr>
<tr>
<td>Urine sediment</td>
<td>Dysmorphic erythrocytes</td>
<td></td>
</tr>
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</table>

Figure 1  Renal biopsy specimen [A] at baseline and [B] after seven months of treatment. After seven months no decrease in the amount of amyloid is seen despite continuous infliximab treatment. AA stain, ×20.
immediate clinical improvement (reduction of pain and disease activity on a visual analogue scale). After six months serum haemoglobin, C reactive protein (CRP), albumin, and the erythrocyte sedimentation rate (ESR) returned to normal with further reduction of proteinuria. After nine months urine analysis was normal and protein excretion reduced to 0.24 g/24 h.

A renal biopsy was repeated after seven months of treatment. An equal amount of amyloid fibrils was present in the mesangium, the subendothelial, and subepithelial space. A newly formed basal membrane partly covered these deposits (figs 1 and 2). Immunofluorescence did not differ from the first biopsy, but there were no more signs of intra- or extracapillary proliferation.

DISCUSSION

Our patient presented with a nephrotic syndrome and dysmorphic haematuria. Renal biopsy showed amyloidosis and extracapillary proliferative glomerulonephritis. This association has been reported previously. Although it remains unclear whether there is a causal relationship between these renal conditions, crescent formation is a possible explanation for the rapid decline in renal function sometimes seen in amyloidosis.

In this case IgA staining was only mildly positive in the amyloid deposits and not in the glomerular mesangium, excluding IgA nephritis, known for its association with spondyloarthropathy.

A possible explanation for the improvement of the proteinuria in our patient might be the direct effect of TNFα on the pathogenesis of the nephrotic syndrome. TNFα is known to play a part in glomerular inflammation and it can increase glomerular permeability for albumin. Both effects can be neutralised by anti-TNFα antibodies. The systemic administration of infliximab might well have resulted in an immediate suppression of local TNFα effects in the kidney, explaining the last improvement of the proteinuria.

Another explanation might be the profound effect of TNFα blocking agents on the production of serum amyloid A protein. A reduction in the systemic amyloid load might result in decreased amyloid deposition and structural healing mechanisms at the level of amyloidotic organs. Like others we found no decrease of amyloid deposits. The new formation of glomerular basement membrane in our view is a secondary process not explaining decreased proteinuria, in contrast with reports by other authors. In amyloidosis, proteinuria results from defects in the slit membrane caused by continuous deposition of amyloid fibrils in the lamina rara externa. When amyloid deposition is discontinued, the precipitated amyloid becomes “encapsulated” in the basement membrane by new formation of the latter, preventing further damage to the slit membrane.

REFERENCES


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Figure 2. Amyloid deposits in glomeruli partly covered by newly formed glomerular basement membrane (×11 500). Inset: amyloid fibrils (×72 500). Arrowhead indicates newly formed basement membrane. E, endothelium; P, podocytes; A, amyloid fibrils.
The presence of autoantibodies against tRNA synthetases is a specific serological feature of a clinically distinct entity of autoimmune myositis. This syndrome is characterised by an association of non-erosive arthritis, Raynaud's phenomenon, and alveolitis. The most common autoimmune response of this disease is directed against the histidyl-tRNA synthetase Jo-1 and therefore also called the anti-Jo-1 syndrome. In this report we describe a patient with a unique coincidence of anti-Jo-1 antibodies with other myositis related autoantibodies directed to U1RNP typical for mixed connective tissue disease (MCTD) and proteasome.

CASE REPORT
In a 36 year old female patient, arthralgia, joint swelling, and fever led to the diagnosis of rheumatoid arthritis in 1998. Initial treatment comprised sulfasalazine and prednisolone. In February 2000, she was admitted to our department with a four month history of myalgia and weakness. Physical examination showed a tetraparesis affecting the proximal and peripheral muscles with an apparent areflexia. Gottron's sign was positive, while arthritis was not evident. A marked pathological spontaneous activity of all muscle groups was found on electrophysiological examination. Pulmonary function tests and thoracic x-ray results were normal. Autoantibody analysis showed an antinuclear antibody titre of 1/2560 with a pattern suspicious for a coincidence of anti-U1RNP- and anti-Jo-1 antibodies (fig 1A). Enzyme linked immunosorbent assay (ELISA) and immunoblotting confirmed the reactivity against Jo-1 (fig 1B). Moreover, antiproteasomal autoantibodies were detectable in ELISA, while other autoantibodies were negative. The antiproteasome antibodies were affinity purified by means of 20S proteasome bound to BrCN-sepharose and subsequently tested in immunofluorescence (fig 1C). Circulating immune complexes were found to be raised and complement components C3 and C4 were decreased. Creatinine kinase (2579 U/l, normal 0–80), myoglobin (1942 µg/l, normal 0–70), lactate dehydrogenase, and transaminases were strongly enhanced. Other laboratory data were normal, including peripheral blood count, C reactive protein, renal and thyroid function tests. A muscle biopsy from the right quadriceps showed a strong perivascular and endomysial infiltration, predominantly by cytotoxic T lymphocytes (CD8+) and B lymphocytes (CD20+).

The overall findings were consistent with a severe autoimmune myositis without any evidence of an infectious, malignant, or endocrine cause. The likelihood of sulfasalazine induced autoantibodies and disease was low, because the autoantibody response was specific and the disease continued after withdrawal of the drug. Therefore, treatment was started with steroids (initially 750 mg methylprednisolone), leading to a rapid clinical improvement. Furthermore, monthly infusions of immunoglobulins (25 g over five days) were given. Because after a period of six months (prednisolone 12 mg/day) a flare recurred, another steroid bolus of 750 mg methylprednisolone in combination with intravenous cyclophosphamide was given, leading to an improvement of all clinical symptoms. In the follow up, the course of the disease remains stable.

DISCUSSION
During the past decades, detection of autoantibodies has improved remarkably the diagnosis of connective tissue diseases and provided new insights into their pathogenesis. In

Figure 1  (A) Indirect immunofluorescence of the patient’s serum showed a coarse granular nucleoplasmic pattern as well as fine speckled cytoplasmic staining in interphase HEp-2 cells. (B) Reactivity towards U1RNP antigens (A and B/B’) and histidyl-tRNA synthetase (Jo-1) was confirmed by immunoblot (lane 2), which was performed as described previously using a MOLT-4 cell extract. Lanes 1 and 3 represent control sera recognising Jo-1 and Sm/U1RNP antigens, respectively. (C) Affinity purified antiproteasome antibodies showed a fine speckled cytoplasmic and nucleoplasmic staining on HEp-2 cells, which was not clearly distinguishable from the immunofluorescence pattern of anti-Jo-1 antibodies.
this case, the simultaneous occurrence of anti-Jo-1 and anti-U1RNP autoantibodies is a difficult diagnostic problem. Autoantibodies against Jo-1 are usually highly specific for the anti-synthetase syndrome. However, in this case, the manifestation was incomplete, lacking pulmonary and peripheral vascular involvement. On the other hand, anti-U1RNP antibodies are a serological marker for MCTD, in which myositis is not an essential part but a typical symptom. However, the titre of the anti-U1RNP antibodies was not as high as it is typically for MCTD. The finding of low complement levels is not typical for myositis and might have been due to overlap of myositis with MCTD as complement factors can be decreased, especially in MCTD. Although an association between anti-Jo-1 and anti-Ro/SSA 52 kDa responses is relatively common, as reported by former studies, the coincidence of anti-Jo-1 and anti-U1RNP antibodies appears to be less common. Autoantibodies against proteasome were recently found in association with autoimmune myositis and other connective tissue diseases. In this case, the unique autoantibody pattern detected impressively reflects the variability of these myositis related markers and emphasises that they belong to the common immune repertoire seen in autoimmune myositis.

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**Degenerative disc disease and pre-existing spinal pain**

C J Centeno, J Fleishman

**REFERENCES**

Tuberculous tonsillitis in a patient receiving etanercept treatment

C T Derk, R J DeHoratius

Since the approval by the Food and Drug Administration (FDA) of tumour necrosis factor α antagonists, infections have accounted for 21% of the adverse events reported to the FDA for etanercept and 20% of those reported for infliximab.

As of May 2001, from approximately 147,000 subjects receiving infliximab treatment, 70 patients have been reported to have developed active tuberculosis. Of these, 52% presented with extrapulmonary tuberculosis while 24% presented with disseminated disease. As of April 2001, from approximately 102,000 subjects receiving etanercept treatment, nine patients have been reported to have developed active tuberculosis. With the case report presented herein we want to add evidence to suggest that atypical presentation of active tuberculosis may also be seen in patients receiving etanercept treatment.

CASE REPORT

The patient, a 56-year-old Filipino man with no significant past medical history other than receiving BCG immunisation at age 23 before he emigrated to the United States, presented to our clinic for a third opinion for his polyarthritis symptoms. He had initially been seen two years previously by a rheumatologist for left knee swelling and diffuse asymmetric arthralgias. A raised erythrocyte sedimentation rate and a raised rheumatoid factor prompted a diagnosis of rheumatoid arthritis. Treatment was started with a tapering dose of prednisone and weekly oral methotrexate. The patient discontinued both drugs about two months later and sought the advice of another rheumatologist about a year later. At that time it was noted that the patient had swelling of his wrists, ankles, and knees, and etanercept was started for a presumptive diagnosis of rheumatoid arthritis. No radiological studies were performed.

About a week before our evaluation the patient had developed a swollen left tonsil and was evaluated by an otorhinolaryngologist, who performed a resection of his left tonsil to rule out a possible malignancy or infection.

On physical examination there was evidence of small bilateral knee effusions as well as an erythematous rash over his upper arms. There were no palpable nodules and he complained of morning stiffness that lasted for about 10 minutes. He had no respiratory complaints and his lung fields were clear to auscultation. Radiographic studies of his hands, wrists, and knees showed osteoarthritic changes without erosions or periarticular osteopenia. A diagnosis of inflammatory osteoarthritis was made, and the patient was treated with hydroxychloroquine 200 mg twice daily, while etanercept was discontinued because of the new diagnosis, and also because stains of the left tonsil had shown acid-fast bacilli. Antituberculosis treatment was initiated by a consulting infectious disease specialist once disseminated disease was ruled out.

DISCUSSION

Two issues come to the forefront with this case. Even though biological agents are new treatments for rheumatoid arthritis, the increased incidence of infectious adverse events, should make us reserve these treatments for patients who meet the clinical criteria for a diagnosis of rheumatoid arthritis. Also of importance, and as described in this case report, is the fact that not only patients receiving infliximab but also patients receiving etanercept can have atypical presentations of Mycobacterium tuberculosis infections.

REFERENCES


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REFERENCES


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Successful treatment of resistant giant cell arteritis with etanercept

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Giant cell arteritis (GCA) is a systemic medium to large cell vasculitis that predominantly affects the elderly population. Initial high dose corticosteroids are the cornerstone of treatment, which is subsequently tapered. However, disease flares are not uncommon and corticosteroid related side effects are frequent.

The limitations of corticosteroids in the treatment of some cases of GCA have led to the evaluation of other strategies using steroid sparing agents. In two previous studies patients with resistant GCA were treated with infliximab, a monoclonal chimeric antibody directed against tumour necrosis factor α (TNFα) that binds circulating and membrane bound TNF, with promising results. The rationale for this approach was that the vasculitic lesions in GCA had prominent macrophage infiltration where excess TNFα production had been demonstrated by immunohistochemistry.

We report the case of a patient who was treated with the anti-TNFα agent etanercept, which is the fusion protein of the extracellular ligand binding portion of the p75 TNF receptor and the Fc portion of IgG1, on the basis that the GCA could not be controlled and that complications of high dose corticosteroid treatment appeared imminent.

CASE REPORT

The patient was an 80 year old man whose initial symptoms in March 2001 were diffuse aching of the shoulders, arms, and legs, profound morning stiffness with no headaches but a high C reactive protein (CRP) of 77 mg/l. Treatment was started with prednisolone 15 mg daily with a moderate clinical improvement in the following months, but his inflammatory markers remained high. He subsequently developed headaches and was referred to the rheumatology department in May 2001. He had temporal tenderness in addition to his original symptoms; a temporal artery biopsy was therefore performed. The biopsy failed to confirm arteritis and a diagnosis of GCA was hence made based on the clinical findings. His steroids were increased to 60 mg daily with improvement of his headaches and inflammatory markers (erythrocyte sedimentation rate (ESR) 21 mm/1st h, CRP 12 mg/l) (fig 1). Treatment was also started with prophylactic alendronate 70 mg weekly together with calcium and vitamin D. Over the following six months his prednisolone could not be tapered below 20 mg daily.

In November 2001 he had a transient ischaemic attack with sudden onset weakness in the left arm which occurred when his ESR was 84 mm/1st h. His blood pressure, pulse, lipids, and

Figure 1  The effect of etanercept on C reactive protein (CRP) and erythrocyte sedimentation rate (ESR) of the patient. Etanercept treatment was started at point A, when symptoms were uncontrolled with prednisolone 20 mg daily, at a stage when the patient had visual symptoms. The patient improved and was able to reduce the dose of the steroid. He discontinued the etanercept in May 2002 and consequently his disease flared (shown by the asterisk). The recurrence of his initial GCA symptoms coupled with an increase of his inflammatory markers prompted us to restart the etanercept treatment (point B). He responded well, the inflammatory markers fell and the dose of prednisolone was quickly tapered to 7.5 mg/day.
he had a genital ulcer and positive pathergy test. Thus, he fulfilled the international criteria for the diagnosis of Behçet’s disease. He had two cycles of steroid pulse therapy, and his symptoms including headache subsided. In 1995 an episodic exacerbation of the neuro-Behçet’s disease occurred, accompanied by parkinsonism and abnormal cerebral spinal fluid (CSF) findings (cell 5/3, protein 0.97 g/l, IgG 0.07 g/l). The symptoms improved after treatment with prednisolone 40 mg/day + colchicine. On 4 January 2001 he was admitted to our hospital because of fever (38–39°C), steppage gait, and folliculitis, even though he had been taking low doses of steroid + colchicine. On 4 January 2001 he was admitted to our hospital because of fever (38–39°C), steppage gait, and folliculitis, even though he had been taking low doses of steroid + colchicine. On 4 January 2001 he was admitted to our hospital because of fever (38–39°C), steppage gait, and folliculitis, even though he had been taking low doses of steroid + colchicine. On 4 January 2001 he was admitted to our hospital because of fever (38–39°C), steppage gait, and folliculitis, even though he had been taking low doses of steroid + colchicine. On 4 January 2001 he was admitted to our hospital because of fever (38–39°C), steppage gait, and folliculitis, even though he had been taking low doses of steroid + colchicine. On 4 January 2001 he was admitted to our hospital because of fever (38–39°C), steppage gait, and folliculitis, even though he had been taking low doses of steroid + colchicine. On 4 January 2001 he was admitted to our hospital because of fever (38–39°C), steppage gait, and folliculitis, even though he had been taking low doses of steroid + colchicine. On 4 January 2001 he was admitted to our hospital because of fever (38–39°C), steppage gait, and folliculitis, even though he had been taking low doses of steroid + colchicine. On 4 January 2001 he was admitted to our hospital because of fever (38–39°C), steppage gait, and folliculitis, even though he had been taking low doses of steroid + colchicine. On 4 January 2001 he was admitted to our hospital because of fever (38–39°C), steppage gait, and folliculitis, even though he had been taking low doses of steroid + colchicine.
headache, and intentional tremor. Physical examination also disclosed mild rigidity (bilateral), dysarthria, poor finger-nose-finger test, poor heel-knee test, Kernig sign (−), and nuchal rigidity (−). No focal sign was evident. On admission, his white blood cell count was 8.8×10^9/l, erythrocyte sedimentation rate 22 mm/1st h, C reactive protein 81 mg/l, and serum IgD 21 mg/l. Other laboratory examinations of blood and urine, including antivirus antibodies were normal. The CSF showed: cell 18/3 (mononuclear cells 14, polymorphonuclear cells 4), protein 430 mg/l, glucose 3.1 mmol/l, Cl 105 mEq/l. An electroencephalogram was almost normal. Magnetic resonance imaging (MRI) at 010104 disclosed no interval change as compared with MRI at 971208 (mild brain atrophy only) (fig 1).

We first suspected infection as the origin of his symptoms, but he did not respond to antibiotics. MRI at 010110 showed the sudden appearance of bilateral subdural effusion. The effusion was iso-intensity at T, weighted image and high intensity at T, weighted image, suggesting exudate or transudate. We made a diagnosis of exacerbation of neuro-Behçet’s disease, and gave methylprednisolone 250 mg/day for three days followed by oral prednisolone 40 mg/day. Thereafter, the subdural effusion disappeared (MRI at 010222 and 010418). His neurological symptoms, including ataxia and dysarthria, gradually improved. His condition is being managed in the outpatient clinic and he has improved and his neurological symptoms have remained stable until now.

**DISCUSSION**

Bacterial meningitis of childhood sometimes accompanies subdural effusion.2 Because no direct infectious cause was shown by the laboratory tests, and steroid pulse therapy was effective, we suggest that the finding was due to neuro-Behçet’s disease. Previous studies have shown both a lymphocytic or neutrophilic meningoencephalitis and multifocal necrotic foci, predominantly in the brainstem and basal ganglion region, as the pathology of the central nervous system involvement.1 3 4 Bilateral subdural effusion in patients with neuro-Behçet’s disease is a rare complication of this disease.5 6 7 8 It is not always easy to distinguish exacerbation of the inflammatory disease from infection. However, the pathology of Behçet’s disease is generally considered to be vasculitis of small vessels, and differences in the symptoms may reflect the differences of the affected vessels.5 7 8 Thus, possibly, transient subdural venulitis led to the appearance of subdural effusion in this patient, and steroid pulse therapy brought about improvement of the subdural effusion. This case further emphasises the wide spectrum of neurological manifestations of Behçet’s disease.

**REFERENCES**


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A case of multiple sclerosis associated with rheumatoid arthritis and positive anticardiolipin antibodies

S Mpofu, R J Moots

We describe the case of a 59 year old man with long-standing multiple sclerosis (MS) since his early fifties, who after many years developed the clinical and serological manifestations of erosive rheumatoid arthritis (RA). This rare association is interesting owing to the overlapping pathophysiological similarities of T cell and tumour necrosis factor α (TNFα) in both diseases.1 2 The MS musculoskeletal complaints masked proper assessment of his RA, resulting in a delayed diagnosis. As far as we know, this is the first case in which MS, RA, and serum anticardiolipin antibodies (aCL) have been found to be present simultaneously.

CASE REPORT

A 48 year old man presented to the orthopaedic clinic with left knee and foot pain and an associated mild weakness on the left side. Examination confirmed patellofemoral crepitus, and spastic paraparesis. A diagnosis of MS was made, supported by oligoclonal bands in cerebral spinal fluid, delayed visual evoked responses, and magnetic resonance imaging studies which showed high intensity areas in the brainstem tegmentum and periventricular white matter. His main deficit was spasticity of the legs and intermittent pains in hands and feet. He was mobile with crutches. Baclofen or dantrolene in therapeutic doses did not improve his spasticity.

Eight years later, aged 56, he developed a flitting symmetrical polyarthritis that was relieved by ibuprofen. There were no extra-articular manifestations of RA; he had two hours of early morning stiffness. There was no active synovitis on musculoskeletal examination. Acute phase proteins, full blood count, biochemistry, rheumatoid factor, antinuclear antibody, and extranuclear antibodies were all normal. IgG aCL was 30.3 against phospholipid and 17.9 against cardiolipin. This report highlights the interesting association between MS and RA. It emphasises the need to consider this potential rare association to avoid delayed diagnosis of RA in patients with MS.

In conclusion, our report highlights the interesting association between MS and RA. It emphasises the need to consider this potential rare association to avoid delayed diagnosis of RA in patients with MS.

REFERENCES:

Observation on serum anti-double stranded DNA antibodies of tripterine in systemic lupus erythematosus of (NZBxW)F1 mice

X Xu, Z Wu, C Xu, Y Ren, Y Ge

**Table 1** Serum level of anti-dsDNA antibodies at different stages in groups given different doses of tripterine in comparison with the control group (OD, mean (SD))

<table>
<thead>
<tr>
<th>Weeks</th>
<th>A group (mean (SD))</th>
<th>B group (mean (SD))</th>
<th>C group (mean (SD))</th>
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</thead>
<tbody>
<tr>
<td>0</td>
<td>0.30 (0.07)</td>
<td>0.22 (0.15)</td>
<td>0.14 (0.09)</td>
</tr>
<tr>
<td>2</td>
<td>0.60 (0.17)</td>
<td>0.18 (0.14)**</td>
<td>0.18 (0.12)**</td>
</tr>
<tr>
<td>4</td>
<td>0.43 (0.05)</td>
<td>0.37 (0.26)</td>
<td>0.25 (0.09)</td>
</tr>
<tr>
<td>6</td>
<td>0.99 (0.28)</td>
<td>0.48 (0.16)**</td>
<td>0.31 (0.18)**</td>
</tr>
<tr>
<td>8</td>
<td>0.87 (0.17)</td>
<td>0.42 (0.22)**</td>
<td>0.23 (0.11)**</td>
</tr>
<tr>
<td>10</td>
<td>0.82 (0.42)</td>
<td>0.24 (0.16)**</td>
<td>0.33 (0.24)**</td>
</tr>
<tr>
<td>12</td>
<td>0.74 (0.41)</td>
<td>0.32 (0.15)**</td>
<td>0.28 (0.12)**</td>
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<tr>
<td>14</td>
<td>1.18 (0.48)</td>
<td>0.32 (0.13)**</td>
<td>0.38 (0.16)**</td>
</tr>
<tr>
<td>16</td>
<td>0.89 (0.16)</td>
<td>0.33 (0.10)**</td>
<td>0.22 (0.09)**</td>
</tr>
<tr>
<td>18</td>
<td>1.58 (0.35)</td>
<td>0.31 (0.11)**</td>
<td>0.23 (0.10)**</td>
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<tr>
<td>20</td>
<td>0.30 (0.07)</td>
<td>0.25 (0.09)</td>
<td></td>
</tr>
</tbody>
</table>

Note: In the groups treated with tripterine (B and C groups) in comparison with the control group (A). **p<0.01; ***p<0.001

REFERENCES

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Clodronate induced uveitis

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We are reporting on a 68 year old woman, treated for postmenopausal osteoporosis with clodronate, a non-nitrogen, halogen containing bisphosphonate (BP), who developed a bilateral, drug related, anterior acute uveitis. BPs are generally well tolerated. Uveitis is an ocular adverse effect hitherto described only for nitrogen containing bisphosphonates (N-BPs). To our knowledge, this is the first report of uveitis induced by a non-N-BP

CASE REPORT

In April 2001 the patient presented with a three month history of spinal pain, following an accidental fall. Spine and pelvis x-ray examination showed osteoporotic fractures in T12, L1, and L2 vertebral bodies. Bone densitometry dual energy x-ray absorptiometry evaluation showed remarkably reduced mineral density in both vertebral and femoral neck sites (T score -4.3 and -4.08, respectively). Because the patient had had reflux oesophagitis, we treated her with 100 mg once a week of intramuscular (IM) clodronate, the only parenteral BP available for outpatients in our country. The treatment progressively reduced the spinal pain.

In August 2001 the patient started to have the first mild symptoms of a bilateral iritis, such as transient tearing, photophobia, and ocular redness, attributed by her ophthalmologist to viral infection. Thus, the clodronate treatment was continued. The patient was treated with topical corticosteroids, and the ocular problems promptly resolved. However, thereafter they regularly recurred in the 24–72 hours after each IM clodronate administration. Because the intensity and persistence of her ocular symptoms from time to time progressively worsened, in September 2001 the patient returned for our consultation. Ocular examination disclosed marked bilateral perikeratic hyperaemia, and anterior uveitis was diagnosed. Routine biochemical and inflammatory measurements were normal. Autoantibodies were negative, as well as HLA typing for the B27 antigen. The patient was treated for seven days with topical corticosteroids and cycloplegic drugs, and recovered completely. The clodronate treatment was discontinued and the ocular symptoms did not recur.

In January 2002, we rechallenged with the drug, because the patient asked for another course of treatment, but after the first IM clodronate administration, the ocular complaints started again. The patient was not taking any other drug. Thus, a bilateral anterior uveitis related to clodronate was diagnosed and the drug was permanently suspended. Thereafter, the patient was consistently symptom-free.

DISCUSSION

Ocular adverse effects have been hitherto reported only for the N-BPs risedronate, pamidronate, and alendronate. Interestingly, a patient previously tolerant to the non-nitrogen derivative etidronate shortly developed anterior uveitis after both oral risedronate and intravenous pamidronate, suggesting that the chemical structure may play a part in the pathogenesis of the eye disease. The ocular side effects have been interpreted as a consequence either of an allergic reaction or an acute inflammatory response. N-BPs are known to cause transient pyrexia, a flu-like syndrome, and serological changes resembling a typical acute phase response, and also to stimulate the release of proinflammatory cytokines, such as tumour necrosis factor α, interleukin 1, and interleukin 6. Thus, they may act as adjuvants in an immune reaction, which might have the uvea as a target organ. Instead, clodronate inhibits proinflammatory cytokine and nitric oxide secretion from activated macrophages, especially when delivered into cells by liposomes. In our case, the bilateral anterior uveitis, correlated well with the parenteral clodronate administration, and might be related to an idiosyncratic reaction rather than to a cytokine mediated process.

To our knowledge, ocular adverse manifestations have not hitherto been described for the non-N-BP clodronate. Because the BPs are successfully used in an increasingly broad range of diseases, we wish to report this observation, which suggests the need for a careful evaluation of ocular symptoms developing during treatment with any BP independently of its chemical structure.

REFERENCES

Aminotransferase levels during treatment of rheumatoid arthritis with leflunomide in clinical practice

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Leflunomide is a disease modifying drug with proven efficacy in the treatment of rheumatoid arthritis (RA).\(^1\) Clinical trials have indicated that low level, reversible, asymptomatic increases in serum transaminases may occur, although serious hepatotoxicity is uncommon.\(^2\) It remains unclear as to whether the characteristics of leflunomide transaminisitis, reported in clinical trials, occur in a less vigorously monitored and clinically heterogeneous normal care RA population.

METHODS AND RESULTS

Between November 1999 and September 2001 we audited all non-hospital clinic patients with RA, privately managed with leflunomide by one physician (GOL), for the frequency and severity of transaminisitis. These patients received usual care and were felt to be more likely to have other comorbidities, polypharmacy, and poorer review compliance than clinical trial patients.

Serum alanine aminotransferase (ALT) levels are reported, as they were the only transaminase determined by the each of the four regional laboratories which took part in monitoring the geographically widespread patients as part of their liver function test panel. One hundred consecutive patients were followed up prospectively for a mean of nine months. The mean number of previous disease modifying antirheumatic drugs (DMARDs) was 3.65, the patients’ mean age was 56 years and mean disease duration was 14 years. Thirty six per cent of patients received leflunomide added to methotrexate. Blood tests were usually performed monthly to three monthly. When ALT levels were significantly abnormal, management depended on which combination of DMARDs the patient was taking, the timing of the abnormality, the pre-leflunomide ALT characteristics, and the clinical response to leflunomide.

Ninety five per cent of increases occurred in the first 270 days of observation. Thirty per cent of patients had at least one episode of a raised ALT level above the individual laboratory upper limit of normal (ULN). Of these, 21/30 (79%) had levels less than twice the ULN, while 4/30 (13%) had levels more than three times the ULN. Six patients had abnormal ALT levels on more than three occasions. All patients with severe or frequent ALT abnormality were receiving a methotrexate/leflunomide combination, with one discontinuing leflunomide. Of the rest, all ALT levels returned to normal with observation or reduction in the dose of methotrexate (if used in combination) or leflunomide. No patient had symptoms of liver toxicity or required a washout procedure.

The mean level of serum ALT over the next three months did not vary significantly whether a leflunomide loading dose was used or not. The mean ALT level in 35 randomly selected patients receiving a methotrexate/leflunomide combination was 78.6% of the ULN compared with 51.2% when receiving methotrexate monotherapy in the two previous years (p<0.0001), although both were still within the normal range.

DISCUSSION

This group of patients had severe recalcitrant RA as shown by the long duration of the disease and the high number of previous DMARDs. In this study we report ALT levels, which are generally more sensitive to change than aspartate aminotransferase (AST), to show minor changes in these patients with RA treated with leflunomide in routine clinical practice similar to those seen under more rigorous clinical trial conditions.\(^3\) The combination of leflunomide and methotrexate led to all of the significant rises in ALT. However, the low level of the highest increases and the return to normal with observation or dose modification, particularly of methotrexate if used in combination, is reassuring to the clinician, who is used to minor fluctuations in ALT/AST in methotrexate monitoring programmes. Currently in patients with RA taking methotrexate, serum transaminase levels, particularly AST, are the best surrogate marker and predictor of clinically significant liver disease.\(^4\) Although this study reflects “real world” rather than rigid clinical trial patient characteristics and monitoring, it is short term and further observation over time is required to evaluate clinically significant liver disease in this setting.

REFERENCES

Mixed connective tissue disease (MCTD) is a systemic disease identified by Sharp and coworkers in 1972, which shows some of the clinical and pathological features of other connective tissue diseases such as systemic lupus erythematosus (SLE), systemic sclerosis (SS), and polymyositis. Although it is characterised by high concentrations of anti-U1RNP antibodies, the very definition of MCTD as a distinct entity is still under debate despite the number of immunogenetic, immunological, and clinical studies that have been carried out.

Imaging of the joints in MCTD is based on traditional radiology. Features characteristic of SS (soft tissue atrophy, calcifications, tuftal resorption, distal interphalangeal joint erosions), of rheumatoid arthritis (RA) (juxta-articular osteoporosis, joint space narrowing, marginal erosions), and of SLE (joint deformities without erosions, osteonecrosis) have been described. Magnetic resonance imaging (MRI) is better than conventional radiology in many instances because of its multiplanar capacity and higher sensitivity. We describe here the MRI appearance of the hands in two patients with MCTD.

CASE REPORTS

Two women, aged 32 and 25 years, were diagnosed with MCTD according to the criteria of Alarcon-Segovia and Villareal. Disease duration was six and 24 months, respectively. Both patients showed arthritis of the wrist and of several metacarpophalangeal (MCP) and interphalangeal joints, as well as dorsal oedema of the hands, Raynaud’s phenomenon, and xerophthalmia. Swelling of the parotid gland, myositis, and photosensitivity were present in one patient. MRI was performed using a 0.2 T dedicated MRI system (Artoscan, ESAOTE, Genova, Italy). The technical details of the sequences are given in the legend to fig 1.
Both patients with MCTD had a positive antinuclear antibody assay (titre >1/2560) and negative anti-dsDNA assay. Anti-RNP antibodies with titre >200 U/ml were found by enzyme linked immunosorbent assay (ELISA; ORGentec Diagnostica Kit, Mainz, Germany). Anti-70 kDa, -A, and -C specificity was seen by immunoblotting. Patient 1 also showed high titre anti-SSA(Ro) antibodies against 52 kDa Ro protein. Antibodies to Sm, SSB(La), topoisomerase I, and Ku were absent.

Synovitis/effusion of the wrist, MCP and proximal interphalangeal (PIP) joints without erosions (fig 1) were seen in both patients with MCTD. It seemed confined to the intracapsular area in the MCP joints of patient 2 (fig 1D) but was also extracapsular in the PIP joint of patient 1 (fig 1C). In addition, tenosynovitis of the extensor and flexor tendons, and oedema of the dorsum of the hand were seen. Bone oedema, which was seen in the capitae of patient 1 (not shown) disappeared after two years’ treatment with steroids and azathioprine.

DISCUSSION
Although a few papers cite MCTD in passing among the inflammatory conditions studied by MRI,⁷ the MRI features of this disease have not been described. The most evident MRI finding in our patients with MCTD was tenosynovitis and arthritis. There were no erosions in our patients, a finding that differs from those of several radiographic studies.⁴ We postulate that this discrepancy may depend on the relatively early stage of MCTD in our patients. Bone oedema, an inflammatory lesion of the subchondral bone which can precede erosions in RA, was seen but reverted to normal after successful treatment. In MCTD, both intracapsular and extracapsular inflammation was observed. Oedema and inflammation of the pericapsular area is a feature which, according to a recent study, may be seen in seronegative spondyloarthopathies. On the contrary, it is rare in RA, a condition in which inflammation is usually confined to the articular capsule.

In conclusion, the MRI features of the hand in these two patients were not typical for MCTD alone, for they are also present in other connective tissue diseases considered in the differential diagnosis. If these findings were confirmed on a larger number of cases, however, a characteristic MRI pattern of MCTD might be identified that could prove helpful in the differential diagnosis of early patients with connective tissue diseases affecting the hand.

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