Detection of *Borrelia burgdorferi* by polymerase chain reaction in synovial membrane, but not in synovial fluid from patients with persisting Lyme arthritis after antibiotic therapy

Susanne Priem, Gerd R Burmester, Thomas Kamradt, Karsten Wollbart, Michael G Rittig, Andreas Krause

Abstract

**Objectives**—To identify possible sites of bacterial persistence in patients with treatment resistant Lyme arthritis. It was determined whether *Borrelia burgdorferi* DNA may be detectable by polymerase chain reaction (PCR) in synovial membrane (SM) when PCR results from synovial fluid (SF) had become negative after antibiotic therapy.

**Methods**—Paired SF and SM specimens and urine samples from four patients with ongoing or recurring Lyme arthritis despite previous antibiotic therapy were investigated. A PCR for the detection of *B. burgdorferi* DNA was carried out using primer sets specific for the *ospA* gene and a p66 gene of *B. burgdorferi*.

**Results**—In all four cases, PCR with either primer set was negative in SF and urine, but was positive with at least one primer pair in the SM specimens. In all patients arthritis completely resolved after additional antibiotic treatment.

**Conclusions**—These data suggest that in patients with treatment resistant Lyme arthritis negative PCR results in SF after antibiotic therapy do not rule out the intraarticular persistence of *B. burgdorferi* DNA. Therefore, in these patients both SF and SM should be analysed for *borrelial DNA by PCR as positive results in SM are strongly suggestive of ongoing infection.* (Ann Rheum Dis 1998;57:118–121)

*Borrelia burgdorferi*, the causative agent of Lyme borreliosis, is difficult to detect microscopically or by culture because of the paucity of spirochetes at lesional sites and the long generation period of the borreliae. Therefore, the diagnosis of Lyme disease is usually made clinically and supported by the results of serological tests.1–3

In Lyme arthritis, only about one third of European patients remember having had a tick bite or typical clinical features of early Lyme disease like erythema migrans.1 Moreover, Lyme arthritis frequently mimics other rheumatoid diseases including rheumatoid arthritis, reactive arthritis or collagen vascular disease could be found, and all patients had a positive serological test for Lyme arthritis according to the CDC criteria.4 Table 1 gives the patients’ characteristics.

Patient 1, a 50 year old male patient had first been seen by an orthopaedic specialist because of an acute onset arthritis of the left knee. Serological tests had revealed a high IgG antibody titre against *B. burgdorferi* and the diagnosis of Lyme arthritis was made. Doxycycline, 200 mg/day, and diclofenac were prescribed and an intraarticular injection of dexamethasone had been performed. Arthritis persisted with rapidly recurring joint effusions and the
Table 1 Clinical, demographic, and serological characteristics of the patients studied

<table>
<thead>
<tr>
<th>Patient</th>
<th>Age (y)/sex</th>
<th>Duration of arthritis (months)</th>
<th>ELISA</th>
<th>Immunoblot (kDa)</th>
<th>Previous antibiotic treatment*</th>
<th>Previous corticoid treatment</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>50/male</td>
<td>3</td>
<td>IgM neg</td>
<td>IgM: ND</td>
<td>ceftriaxone, 2 g for 28 days</td>
<td>intraarticular</td>
</tr>
<tr>
<td>2</td>
<td>51/female</td>
<td>2</td>
<td>IgM neg</td>
<td>IgM: ND</td>
<td>doxycycline, 200 mg for 30 days</td>
<td>none</td>
</tr>
<tr>
<td>3</td>
<td>28/female</td>
<td>9</td>
<td>IgM pos</td>
<td>IgM: 66, 41, 39, 31, 25</td>
<td>ceftriaxone, 2 g for 14 days</td>
<td>intraarticular</td>
</tr>
<tr>
<td>4</td>
<td>43/female</td>
<td>7</td>
<td>IgM neg</td>
<td>IgM: ND</td>
<td>doxycycline, 200 mg for 30 days</td>
<td>systemic</td>
</tr>
</tbody>
</table>

*Antibiotic treatment given before analysis of synovial tissue. †ND: not done.

Patient was referred to our clinic. Here the patient presented with a moderate left gonarthritis and pronounced synovial proliferation. Serological examination for Lyme arthritis was positive for IgG antibodies in both ELISA and immunoblot. *B. burgdorferi* DNA was detected in SF by PCR. The patient was treated with ceftriaxone, 2 g daily for two weeks. The arthritis improved significantly, but then recurred after about six weeks. The patient was treated with ceftriaxone again. Although PCR in synovial fluid became negative, gonarthrosis persisted. A popliteal cyst developed and a bursitis of the left elbow occurred. An arthroscopic synovectomy of the left knee and a bursectomy were performed.

The second patient, a 51 year old woman, presented to our outpatient clinic with a two month history of an acute onset bilateral gonarthrosis. The patient remembered having had a tick bite and an erythema migrans-like lesion at the right thigh eight years ago. Clinical and ultrasound examinations revealed an active arthritis of the left knee with synovial thickening, a pronounced synovial effusion, and a popliteal cyst. The right knee was only slightly swollen with a pasty thickening of the joint capsule. IgG antibodies against *B. burgdorferi* were detectable by ELISA and immunoblot, and *B. burgdorferi* PCR in SF was positive. The patient was treated with doxycycline 200 mg/day for four weeks without any effect. Ceftriaxone, 2 g/day, was given for three weeks with only moderate success. Two months after the antibiotic treatment had been completed the gonarthrosis persisted. An arthrocentesis of the left knee with aspiration synovial biopsy was performed.

In patient 3, a 28 year old female patient, a subtotal arthroscopic synovectomy of the right knee had been performed elsewhere because of a gonarthrosis with pronounced synovial proliferation that had persisted for nine months. Upon subsequent diagnostic procedures, a positive Lyme serology was observed. Lyme arthritis was diagnosed and treated with ceftriaxone. Treatment had to be discontinued at day 11 because of an allergic rash. Gonarthrosis persisted and the patient was seen by a rheumatologist. PCR for *B. burgdorferi* DNA was positive in SF, and doxycycline, 200 mg/day, was given for 30 days. In addition, corticosteroids were injected intraarticularly. However, only a temporary improvement of the arthritis was seen and the patient was referred to our clinic. Here, the patient presented with a severe arthritis of the right knee joint with a synovial effusion and a popliteal cyst. Lyme serology was positive for both IgG and IgM antibodies in ELISA and immunoblot. Arthroscopy was performed again showing a pronounced proliferation of the newly formed synovial membrane. SF samples and SM biopsy samples were obtained and subjected to PCR.

A 43 year old woman, patient 4, presented in our outpatient clinic complaining of a bilateral gonarthrosis of seven months duration. ELISA and immunoblot showed a high IgG antibody titre against *B. burgdorferi* with several specific bands, and the *B. burgdorferi* PCR in urine and SF gave positive results. The patient was treated with ceftriaxone, 2 g daily for two weeks without any improvement. A few weeks later the patient was seen in another hospital with an acute polyarthritis involving both wrists and several metacarpophalangeal joints and a deterioration of the right gonarthrosis. Treatment with doxycycline, 200 mg daily for 30 days, and prednisolone 10–20 mg per day was started. Again, there was no sufficient response and the patient was referred to our clinic. A closed needle arthrocentesis with synovial biopsy of the right knee was performed.

PCR

PCR was performed as described previously.\(^4\) In brief, 1–10 ml of SF or urine were centrifuged at 350 \(g\) for 20 minutes at 10\(^{\circ}\)C. The pellet obtained was washed with 0.9% saline, cells were pelleted again, and DNA was extracted from the pellet by alkaline lysis. SM samples were disrupted mechanically, followed by a freeze and thaw procedure. The pieces obtained were subjected to alkaline lysis. Boiled *B. burgdorferi* sensu stricto (strain LW2)\(^9\) were used as positive control (external amplification control). Negative controls with water and SF were also run in every determination.

Nested PCR was performed with two primer sets (TIB Molbiol, Berlin, Germany) targeting *B. burgdorferi* specific gene sequences. One primer set (ospA primer) was specific for a portion of the plasmid located *ospA* gene (5' outer primer GGG AAT AGG TCT AAT ATT AGC C; 3' outer primer CAC TAA TTG TTA AAG TGG AAG T; 3' nested primer GCA AAA TGT TAG CAG CCT TGA T; 3' nested primer CTG TGT ATT CAA GTG TGG C; length of amplicons: 665 and 392 bp; EMBL accession number X66065).\(^10\) The second primer set (p66 primer) targeted a sequence of...
a chromosomal gene encoding a 66 kDa protein (5' outer primer CGA AGA TAC TAA ATC TGT; 3' outer primer GAT CA A TTA TTT CAG CTT; 5' nested primer TGC AGA AAC ACC TTT TGA AT; 3' nested primer AAT CAG TTC CCA TTT GCA; length of amplicons 371 and 236 bp; EMBL accession number M58429).

As an internal amplification control, a primer pair specific for the pyruvate dehydrogenase gene (PDH primer) was used (5' GGT ATG GAT GAG GAG CTG GA; 3' CAG CCC TCG ACT AAC CTT GT; length of the amplicon 185 bp; EMBL accession number J03576).

The PCR reaction mixture (total volume 25 µl) contained 2.5 µl of the isolated DNA, 2.5 µl 10-fold PCR buffer (Perkin Elmer Cetus, Norwalk, CT; final concentration 10 mM TRIS-HCl, 50 mM KCl, 1.5 mM MgCl2, 0.001% (w/v) gelatine), 0.3 µM of each primer, 200 µM of each nucleotide (Boehringer Mannheim, Mannheim, Germany), and 0.8 U of Taq polymerase (Ampli Taq, Perkin Elmer Cetus). The outer PCR was carried out with a total of 40 cycles: DNA was denatured at 94°C for one minute, primers annealed at 42°C for one minute, and extended at 72°C for one minute. Nested PCR was performed with 2.5 µl of the outer amplicons as template. Twenty five cycles were carried out with the temperature profile described above. Amplicons were visualised on a 3% agarose gel stained with ethidium bromide and photodocumented using a gel documentation system (Appligene imager, Appligene Oncor, Heidelberg, Germany).

**Results**

Patients were evaluated 8 to 10 weeks after antibiotic treatment had been completed. At the time of investigation, all four patients were still seropositive and had an active arthritis despite previous antibiotic therapies (table 1). Urine samples were collected and within one week SF and SM specimens were obtained in parallel by arthrocentesis with needle biopsy, arthroscopic biopsy or arthroscopic synovec-tomy, respectively. In none of the SF and urine samples could *B burgdorferi* DNA be detected by PCR. In contrast, in SM samples *B burgdorferi* PCR was positive (fig 1). SM samples of patient 1 and 2 showed positive PCR results with the ospA primer while the SM specimen of patient 3 was PCR positive with the p66 primer only. SM samples from patient 4 were PCR positive with both primer sets (table 2). Additionally, in the material obtained by bursectomy from patient 1 *B burgdorferi* could be detected by PCR with the ospA primer.

![Detection of (A) ospA and (B) p66 gene sequences of *B burgdorferi* by PCR in SF and SM from patient 4. Nested PCR products were visualised on a 3% agarose gel stained with ethidium bromide. At presentation in our clinic, PCR was positive in SF (lane 3). After antibiotic therapy, PCR became negative in SF (lane 5) but was positive in SM (lane 7). Lane M: molecular weight markers, lane 1: positive control (*B burgdorferi* sensu stricto, strain LW2), lanes 3, 4, 6: negative control (water lane).](https://group.bmj.com/group.bmj.com/)

Because of the persisting arthritis and these PCR findings, all patients were treated again with antibiotics. Patients 1, 2, and 4 received cefotaxime, 2 g three times per day, for three weeks, followed by a six week course with oral doxycycline or minocycline (200 mg/daily), respectively. Patient 3 was treated with imipenem, 1.0 g three times per day, for two weeks and, subsequently, with 200 mg doxycycline per day for six weeks. In all four patients arthritis completely subsided within four to six months and did not recur after a median observation period of 18 months.

<table>
<thead>
<tr>
<th>Patient</th>
<th>PCR in synovial before antibiotic treatment</th>
<th>PCR after antibiotic treatment</th>
<th>PCR in urine</th>
<th>PCR in SF</th>
<th>PCR in SM</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>ospA primer</td>
<td>p66 primer</td>
<td>ospA primer</td>
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<td>ospA primer</td>
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<tr>
<td>1</td>
<td>positive</td>
<td>negative</td>
<td>negative</td>
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Detection of Borrelia burgdorferi by PCR in synovial membrane

Discussion

Previous studies have demonstrated that PCR is a valuable tool in supporting the diagnosis of Lyme borreliosis. However, only little is known about the value of PCR analysis in monitoring the disease course and in evaluating the efficacy of treatment. Further treatment decisions are easily made in patients with ongoing arthritis and positive PCR or patients with good clinical reponse to antibiotic therapy and negative PCR results. The situation is much more complicated, however, if PCR in SF has become negative after antibiotic treatment despite persistence of arthritis. While on the other hand does not necessarily rule out the intraarticular persistence of spirochetes, for example, in SM.

In this study we describe four patients with gonarthritides who were PCR positive for B burgdorferi DNA in SF at presentation in our clinic. After repeated oral and parenteral antibiotic therapy PCR became negative in both SF and urine although arthritides were resistant to treatment in these patients. However, in all four patients borrelial DNA could readily be detected in SM specimens indicating persistence of bacterial DNA. As in all patients arthritis resolved after additional antibiotic treatment PCR results were suggestive of microbial persistence.

These results extend those of a recent study by Jaulhac et al who were the first ones to detect the presence of B. burgdorferi DNA in SF of patients with Lyme arthritis. The mechanisms by which B. burgdorferi escapes into specific sites that are only incompletely accessible to antibiotics and the immune system remains to be elucidated. It has been shown previously that B. burgdorferi may have escaped the antibiotic episode remains to be elucidated. This has been shown previously by us and others that B. burgdorferi may have escaped the antibiotic episode remains to be elucidated. It has been shown previously by us and others that B. burgdorferi may have escaped the antibiotic episode.

Although positive PCR results do not prove infection by living bacteria, persistence of DNA raises the possibility of persisting active infection. The mechanisms by which B. burgdorferi may have escaped the antibiotic episode remains to be elucidated. It has been shown previously that B. burgdorferi may have escaped the antibiotic episode remains to be elucidated. It has been shown previously by us and others that B. burgdorferi may have escaped the antibiotic episode remains to be elucidated. It has been shown previously by us and others that B. burgdorferi may have escaped the antibiotic episode remains to be elucidated. It has been shown previously by us and others that B. burgdorferi may have escaped the antibiotic episode remains to be elucidated. It has been shown previously by us and others that B. burgdorferi may have escaped the antibiotic episode.

This prompted us to treat our patients with parenteral cephalosporins to achieve high tissue concentrations, followed by treatment with doxycycline or minocycline that acts on intracellular microorganisms. In all four patients this regimen was able to cure the arthritis. Controlled studies will be necessary to further evaluate this therapeutic approach in otherwise treatment resistant infections.

Taken together, this study shows that in patients with ongoing or recurring Lyme arthritis after antibiotic therapy a negative B burgdorferi PCR in SF or urine does not necessarily exclude a persisting infection. In these patients, SM biopsy specimens should be obtained for PCR analysis, which is much more sensitive than SF-PCR to detect intraarticular persistence of the bacterial DNA. This is important because PCR positive patients are likely to suffer from ongoing infection and therefore may benefit from additional antibiotic therapy.

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