Ankylosing spondylitis in West Africans—evidence for a non-HLA-B*27 protective effect

Dr Brown and his colleagues are to be congratulated for performing a logistically formidable, but necessary, epidemiological study testing the currently in vogue hypothesis that the B*2703 subtype of HLA-B27 is not related to ankylosing spondylitis (AS). They conclude that the B*2705 subtype, as well as B*2703, possesses a lower risk for developing AS in a group of B27 positive West Africans, the Fula from Gambia, when compared to HLA-B*27 positive white subjects, indicating the potential protective role of an environmental factor(s). This conclusion is based on an assumed risk of developing AS in B27 positive persons of 11.1% for men and 1.5% for women. Two Gran J, Husby G, Hordvik M. Prevalence of ankylosing spondylitis in males and females in a young middle aged population in Tromso, Northern Norway. Ann Rheum Dis 1985;44:559-67.


Authors’ reply

We would like to thank Dr Maksymowych for his interest in our study. We agree with his conclusion that our study shows that B27 is not associated with ankylosing spondylitis (AS) in the Gambian population. The risk of AS in B27 positive men is greater than 2.7% and women is greater than 1% (which we believe to be the case). We feel that most of his criticisms can be satisfactorily addressed.

The risk of developing AS in B27 positive subjects is uncertain. The studies mentioned by Dr Maksymowych are among the lowest estimates that have been reported for white populations. Other studies have reported that as many as 20% of B27 positive subjects may develop the disease. The survey by Gran et al is by far the largest reported: 21 329 subjects were invited to participate in a study of cardiovascular disease, of whom 16 621 attended screening sessions. Of these, 14 539 (87%) completed questionnaires including questions about back problems; 2907 reported a history of pain or stiffness in the back—these were found to be asymptomatic. From this group a random sample of 806 were invited to attend for clinical screening, of which 449 did. 573 of these had sacroiliac radiographs. Comparisons at each step demonstrated that selection bias was minimal. We believe therefore that not only is this study significantly larger than either of the studies mentioned by Dr Maksymowych, but is also reliable. It is also the only study of sufficient size to determine the risk for AS among men and women with B27 separately, which was a requirement for our analysis.

The risk for AS among B27 positive men is significantly greater than B27 positive women. In our study 1008 participants were male and 107 female. Therefore it was important to use sex-specific risk estimates, which Dr Maksymowych has not used in his calculations. Also, the study examined 214 relatives of 48 B27 positive subjects in addition to the 900 adult Fula men used in Dr Maksymowych’s calculations. Analysing the total study population (n=1155), we showed that the risk associated with B27 in the Gambia (p<0.05), assuming that the risk of AS was ≥1.85% in B27 positive subjects, and that men were 2 times more likely to develop disease than women (both of these assumptions are conservative). Using a higher male/female ratio would allow us to exclude even lower degrees of association of B27 with AS.

Our study confirmed the previous finding that AS is extremely rare in West Africa—indeed no case has yet been reported from the Gambia.1 This is despite the prevalence of B27 being as high as 7.8% in some ethnic groups. The fact that 68% of B27 positive subjects in this area carry B*2705 indicates that it is not a difference in B27 subtypes that explains the rarity of the disease. Furthermore, two separate groups have now reported cases of AS in B*2703 subjects.1 4

It remains possible that B*2703 has a lower risk for AS than other disease development markers. However AS is not associated with either B*2703 or B*2705 in the Gambia. Future comparisons of the strength of association of B27 subtypes with AS need to consider differences between the populations studied.

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LETTERS

Serum uric acid in acute gout

The relation between gout and uric acid is such that in general clinical practice there is a tendency (diminishing) to misdiagnose gout in the presence of hyperuricaemia. Conversely the diagnosis of gout may be rejected when a normal serum uric acid (SUA) value is found. Given that a high proportion of estimations are made at the time of the acute episode a correct diagnosis may depend on a practitioner’s knowledge of the fact that the SUA may be within the ‘normal range’ at this time. Most, if not all rheumatologists, are
Figure 1 Urate values in acute and interval gout.

**Figure 1** Urate values in acute and interval gout.

 consciously aware of this fact, although the emphasis in current general and rheumatological publications and textbooks is that this is an unusual occurrence. We have conducted a prospective study to determine the frequency of normal SUA values in acute gout and also to compare acute and intercritical values.

Over a period of three years we observed 38 consecutive patients during 42 episodes of acute gout and who had the following characteristics: 34 men, four women, age 40–80 years mean 54; inpatients 16, domiciliary visits 9, Accident and Emergency 7, and clinic 10. Chronic diuretic drug use was implicated in eight and excessive alcohol in 10 patients. The diagnosis of acute gout was made on clinical grounds. In 15 patients joint aspirate was positive for urate crystals. All had SUA measured during the acute attack. Patients taking allopurinol, uricosurics, aspirin (other than low dose) or azapropasone were excluded. Except for two patients from Accident and Emergency and four GP home visits all patients were seen by one of us during the acute bout.

Urate estimations after the episode were made either before commencement of allopurinol or within three months. Values before the episode (within six months) were available from the files of 20 patients. The upper limit of the normal range of SUA in our laboratory is 0.45 mmol/l in men and 0.38 in women. Figure 1 shows the SUA values for the acute and intercritical phases. The respective median values were 0.44 and 0.56 mmol/l for the whole group and 0.42 and 0.54 mmol/l for crystal verified cases (p = 0.004; Mann-Whitney). During the acute episode a normal SUA value was found in 43% as follows: 16 men and two women; 11 of 22 monoarticular, five of 12 polyarticular, and two of four chronic tophaceous gout; four of 10 excessive alcohol, three of eight diuretic use. In 14 men the value was below the saturation value of urate in serum (0.4 mmol/l). Five patients had one normal intercritical value and higher values at other times. In 30 of 42 (70%) the SUA during the acute episode was lower (that is, by <0.05 mmol/l), in seven it was unchanged, and in five it was higher than the intercritical value. These findings indicate that the SUA value usually falls during an acute episode and sometimes to within the normal range in all clinical varieties of gout and including those in whom excess alcohol and diuretic use is implicated. Snaith and Coomes found a normal SUA in 17% of acute episodes of gout of unspecified type and Hadler et al in 39% of polyarticular episodes. Both were retrospective case record studies, which may yield inaccurate prevalence data. In our prospective study a normal SUA occurred more often than is generally appreciated during the acute episode and occasionally at other times. We believe that highlighting the differences in the range of values in acute and intercritical gout in medical textbooks and laboratory reports will increase diagnostic accuracy and improve patient management.

**Giant cell arteritis of the leg in a patient with hepatitis C virus infection**

The potential association of chronic hepatitis C virus (HCV) infection with a variety of dermatological features has been reported. In particular, it has been observed that different types of cutaneous vasculitis may develop during the course of HCV infection, such as mixed cryoglobulinaemia related leucocytoclastic vasculitis and polyarteritis nodosa.

We report a case of giant cell arteritis (GCA) involving the medium sized dermal arteries of the right leg, which appeared after a long history of HCV infection.

A 44 year old man with an eight year history of chronic hepatitis was admitted to the Rheumatology/Clinical Immunology Units of the University of Pisa in July 1995 because of erythematosus cutaneous nodules on the legs. Chronic hepatitis had been suspected since 1987 because of raised, fluctuating values of hepatic enzymes. In 1993 the diagnosis was confirmed by liver biopsy. In June 1995 the presence of anti-HCV antibodies was demonstrated by an ELISA test. From the time of the histopathological assessment of chronic hepatitis to that of the appearance of the cutaneous nodules the patient was not receiving any medical treatment.

At the time of his stay in hospital the patient underwent a complete physical examination, which showed no abnormalities except for the cutaneous lesions. These were tender, red, and painful nodules situated on the medial side of the right leg, which appeared to be confluent in some areas.

Routine laboratory investigation showed only a moderate increase of the acute phase reactants (erythrocyte sedimentation rate 20 mm 1st h, C reactive protein 2.9 mg/dl, fibrinogen 600 mg/dl).

Antineutrophil cytoplasmatic antibodies (ANCA), antinuclear antibodies, immune complexes, and cryoglobulins were absent. Hepatitis B virus markers (antibodies to hepatitis B, anti-Hbc, and anti-HBe, and the HBs and HBe antigens) were not detected in the serum, nor were the antibodies anti-HIV1 and -HIV2.

On the contrary, anti-HCV antibodies were found using a third generation ELISA test (Abbott HCV EIA 3.0, Abbott Diagnostics, Wiesbaden-Dielenkheim, Germany). A qualitative ‘dot’ assay (Abbott HCV MA-TRIX, Abbott Diagnostics, Wiesbaden-Dielenkheim, Germany) showed that these antibodies were directed to the HC-34 core and HC-29 NS3 recombinant proteins, while there was no serological reactivity against the c-100-3 NS4, HC-23 NS4 viral recombinant antigens.

The presence of viral RNA (indicative of active HCV replication) in the serum was demonstrated by a polymerase chain reaction...
(PCR Primer 5’ UTR, Roche Diagnostic Systems, Branchburg, NJ, USA). The viral genotype was 2a (Inno-LIPA HCV, Nuclear Laser Medicine, Milan, Italy). Liver biopsy showed a mild, chronic hepatitis that was classified as grade 2, stage 2 according to a recently proposed scoring system. A skin biopsy specimen taken from a nodular lesion on the right leg showed inflammation and thrombosis of a medium sized dermal artery with presence of a number of Langhans type multinucleate giant cells (fig 1). An immunohistochemical procedure, using an anti-CD68-FITC monoclonal antibody (DAKO, Glostrup, Denmark) showed a specific staining of the multinucleate giant cells, this confirming that those cells were monocytic/macrophagic elements in origin. On the way to recovery, this feature could be considered suggestive of a giant cells arteritis. An angioogram of the coeliac axis and the superior mesenteric artery did not show any aneurysmal dilations in the small and medium sized arteries suggestive of polyarteritis nodosa. A clinical examination was completed that excluded any other infectious, immunemediated or neoplastic disorders, which could potentially be linked to the presence of granulomatous lesions of the medium sized arteries.

Corticosteroid therapy (6-methylprednisolone 16 mg per day) was started and was progressively tapered to a low dose maintenance regimen of 4 mg. The cutaneous lesions completely disappeared within four weeks after beginning this treatment.

In the patient described here GCA developed in limited areas in the skin of the right leg during the course of a chronic HCV infection. The persistence of HCV infection was demonstrated by the presence of anti-HCV antibodies, and of viral RNA in the serum whose genotype was compatible with the mild form of chronic hepatitis that had been reported by the liver histopathology. The diagnosis of GCA was confirmed by histopathological and immunohistochemical studies, which showed an inflammatory infiltrate in the walls of the medium sized arteries composed of numerous mononuclear cells and scattered Langhans-type giant cells. To our knowledge, this association has never been reported before in the medical literature.

Multiple giant cells are a common feature of the granulomas that may develop during various inflammatory reactions. These elements originate from the fusion of monocytes or macrophages, with the cooperation of adhesion molecules. Giant cell granulomas are the characteristic feature of the granulomatous vasculitides, including Wegener granulomatosis. However, giant cell granulomas are the histopathological hallmark of two clinical entities, Takayasu’s arteritis and Horton’s arteritis. In the first the aorta and its branches (including the proximal coronary and renal arteries) are generally involved; in the second the temporal artery is classically affected and, more rarely, the other extracranial or intracranial branches of the carotid.

The typically sudden onset of GCA, accompanied by fever and other generalised complaints, has raised the possibility that the disorder may be triggered by an infection although a convincing experimental support is lacking. However, a retrospective epidemiological study has shown that Horton’s arteritis exhibits a regular, cyclic pattern of incidence, thus indirectly supporting the hypothesis of an infectious cause.

It is known that different vasculitides may occur in HCV infected patients. Leucocytoclastic small vessel vasculitis has been widely reported in patients with chronic HCV infection and circulating mixed cryoglobulins. At the same time, conflicting data exist on the possible association between HCV infection and paraproteinaemia. This case adds yet another to the list of the different vasculitides that may be associated with HCV infection, and in addition provides support for the interesting, but as yet unproven hypothesis that granulomatous vasculitides of the medium sized vessels, including giant cell arteritis, may be an antigen driven process, possibly triggered by an infectious agent.

Long term follow up of von Willebrand factor and plasminogen activator inhibitor-1 in patients with polymyalgia rheumatica

In polymyalgia rheumatica (PMR) subclinical vasculitis is suggested in the pathogenesis of the disease. In healthy people with ABO blood group O, WVF values are lower than people with a blood group other than O. Increased plasma concentrations of WVF indicate endothelial damage and are found in diseases that involve blood vessels including vasculitis. In PMR and patients with high WVF concentrations persist after acute phase proteins are normalised, but a gradual decline over time is also reported. Plasma activator inhibitor-1 (PAI-1) is an inhibitor of tissue plasminogen activator and is released from endothelial cells. Decreased fibrinolysis because of increased plasma concentrations of PAI-1 indicate endothelial damage and are found in diseases that involve blood vessels including vasculitis. In PMR and patients with high WVF concentrations persist after acute phase proteins are normalised, but a gradual decline over time is also reported. A decreased fibrinolysis because of increased plasma concentrations of PAI-1 is associated with vasculitis in rheumatoid arthritis. Glucocorticoids induce PAI-1 synthesis and genetic variation affects individual concentrations.

We studied the plasma concentrations of WVF and of PAI-1 in PMR patients over time as the inflammation receded. The potentially confounding impact of ABO blood group and
Table 1 Laboratory data in 31 patients with PMR at diagnosis and at follow up after a median time of 5.8 years. Data are presented as medians and (interquartile range) and were analysed using Wilcoxon signed rank test

<table>
<thead>
<tr>
<th>Variables</th>
<th>At diagnosis</th>
<th>At follow up</th>
</tr>
</thead>
<tbody>
<tr>
<td>ESR (mm 1st h)</td>
<td>72 (49–84)</td>
<td>18** (13–29)</td>
</tr>
<tr>
<td>CRP (mg/l)</td>
<td>34 (13–76)</td>
<td>10** (5–17)</td>
</tr>
<tr>
<td>Platelets (× 10^9/l)</td>
<td>5.6 (4.6–6.2)</td>
<td>5.2** (4.3–6.4)</td>
</tr>
<tr>
<td>vWF (%)</td>
<td>393 (314–482)</td>
<td>275** (235–319)</td>
</tr>
<tr>
<td>PAI-1 activity (IU/l)</td>
<td>175 (137–223)</td>
<td>109** (162–246)</td>
</tr>
</tbody>
</table>

*p < 0.05, **p < 0.0001. vWF = von Willebrand factor, PAI-1 = plasminogen activator inhibitor.

Figure 1 Plasma concentrations of vWF in 25 patients with PMR at diagnosis and at follow up subgrouped according to ABO blood group O (open circles) and non-O (filled circles). Data are presented with 10th, 25th, 50th, 75th, and 90th percentiles. Wilcoxon signed rank test was used for paired data and Mann-Whitney U test for unpaired data.

of corticosteroid treatment on these values were also evaluated.

Thirty seven patients (25 women, 12 men), mean (SD) age 70 (8) years, with PMR (criteria of Bird et al.) were prospectively followed up until 1996. Follow up blood samples were collected from 31 of the original 37 patients at a median time of 5.8 years (range 3.0–8.8). Five patients died during the observation period and no blood sample was available from one patient. For analysis of vWF and PAI-1, blood was collected in the morning. vWF and PAI-1 were measured as previously described.

The plasma concentrations of vWF and PAI-1 increased significantly (p<0.05), while erythrocyte sedimentation rate (ESR), C reactive protein (CRP), fibrinogen and platelets decreased (p<0.0001) (table 1). From the patients with paired samples (n=31) two patients with clinical and laboratory relapse of PMR and three who had developed diabete mellitus were excluded. In one patient information of the blood group was not available. Among the remaining patients, those with blood group non-O (n=16) showed high vWF values, median 190% (137–238). PAI-1 increased significantly in patients taking prednisolone, from median 8 IU/ml (6.7–11.6) at diagnosis to 11.6 IU/ml (9.4–25.3) at follow up (p<0.05), but in patients who had completed their treatment, median 11.2 IU/ ml (6.4–17.0) to 11.8 IU/ml (8.6–13.8) at follow up.

In patients with non-O blood groups there was a correlation (Spearman rank test) between vWF and ESR, CRP, fibrinogen, and age at disease onset (r=0.61, r=0.62, r=0.79, p<0.01, p<0.05, p<0.01, p<0.001 respectively), but in patients with blood group O, PAI-1 correlated with CRP (r=0.39, p<0.05) in all patients at diagnosis. There were no differences in ESR, CRP, fibrinogen and platelet count between patients with and without blood group O.

From these results we conclude that even in an inflammatory disease such as PMR, the ABO blood group and age influence the magnitude of the vWF concentrations and may explain the contradictions pertaining to vWF values reported in inflammatory diseases. In agreement with our earlier study PAI-1 values are not significantly different in PMR patients after several years of prednisolone treatment. Persistently high concentrations of vWF about six years after PMR diagnosis, suggest a continuous vascular dysfunction despite clinical and laboratory determined remission.

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Septic arthritis by Mycoplasma hominis: a case report and review of the medical literature

Septic arthritis caused by Mycoplasma hominis is rarely diagnosed. We present a case of M hominis septic arthritis in a renal transplant recipient.

A 36 years old white man receiving haemodialysis was admitted to hospital for renal transplantation. Two weeks later, while taking cyclosporin A, azathioprine, prednisolone, vancomycin, aztreonam, amoxicillin, he developed inflammation of the right knee. Serological examinations for cytomegalovirus (Ig G and M), hepatitis B and C, HIV, and Epstein-Barr virus were negative. A Mantoux test was positive. On physical examination he was not febrile and had arthritis of the right knee. Laboratory findings included a whole blood cell count of 9570/mm³, packed cell volume 22%, platelet count 224 000/mm³, creatinine 5 mg/dl, and uric acid 9 mg/dl. A chest radiograph was normal. A right knee roentgenogram showed soft tissue swelling without erosions or bone lesions. Arthrocentesis yielded 60 cc of cloudy yellow synovial fluid containing white blood cells 18000/mm³, red blood cells 50 000/mm³ (80% polymorphonuclear neutrophils), glucose 114 mg/dl, and lactate dehydrogenase 341 IU/l; no crystals were seen. A direct Gram stain of the aspirate showed no microorganisms. There was no bacterial, fungal, and mycobacterial growth on cultures. Arthritis recurred and two further arthrocenteses were performed. The last aspiration revealed 120 cc of cloudy yellow low synovial fluid containing white blood cell count 68 000/mm³ (82% polymorphonuclear neutrophils), glucose 30 mg/dl, and lactate dehydrogenase 728 IU/l. Deep venous thrombosis in the right leg was diagnosed and antiocoagulant treatment was started. Twenty four hours later he developed a spontaneous haemarthrosis in the knee. Because there was no improvement of the haemarthrosis and the suspicion of septic arthritis by M tuberculosis was high, open synovial biopsy with synovectomy was performed. Histological examination showed synovial hyperplasia and infiltration with polymorphonuclear cells. No granulomatous reaction nor amyloid were seen. Direct Gram and Ziehl-Nielsen stains were negative.
were negative. Normal aerobic and anaerobic cultures were also negative. Urethra, pharynx, and rectal cultures were negative. Serological tests for Salmonella, Brucella, Lyme, Q fever, Rubella, cytomegalovirus, and Epstein-Barr virus were negative. C reactive protein, rheumatoid factor, antinuclear antibody, complement, and immunoglobulin values were normal. After 48 hours incubation, the microbiology laboratory reported a growth in blood culture bottles (Bactec Plus, BACTEC 9240, BBL) from the second and third synovial fluid culture. The isolate grew as minute colonies on anaerobic agar medium and was Gram stain negative. On A7 agar (bioMérieux), it showed a typical ‘fried egg’ appearance and hydrolysed arginine and egg yolk and was identified as M hominis. On A7 agar, it showed a typical ‘fried egg’ appearance and hydrolysed arginine and was identified as M hominis. Treatment with doxycycline 100 mg orally twice daily was initiated and with septic arthritis. Doxycycline apparently only sup- pressed the synovium contributed to the persistence of arthritis, it is possible that the removal of the synovium contributed to the resolution of the arthritis. We illustrate the importance of considering infection with unusual organisms in immunocompromised hosts. Correct diagnosis will be made only if mycoplasma infection is considered, and appropriate investigations performed.

### Table 1 Summary data from reported cases of immunocompromised patients with M hominis septic arthritis

<table>
<thead>
<tr>
<th>Reference</th>
<th>Age/sex</th>
<th>Site of infection</th>
<th>Predisposing factor(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>32/M</td>
<td>Knee and shoulder</td>
<td>Immunosuppressive drugs</td>
</tr>
<tr>
<td>1</td>
<td>25/F</td>
<td>Hip and knees</td>
<td>Immunosuppressive drugs</td>
</tr>
<tr>
<td>1</td>
<td>54/F</td>
<td>Hip and wrist</td>
<td>Immunosuppressive drugs</td>
</tr>
<tr>
<td>1</td>
<td>66/F</td>
<td>Knee and wrist</td>
<td>Immunosuppressive drugs</td>
</tr>
<tr>
<td>1</td>
<td>39/F</td>
<td>Shoulders, knees, thoracic and lumbar spine, toes, blood</td>
<td>Immunosuppressive drugs</td>
</tr>
<tr>
<td>1</td>
<td>63/M</td>
<td>Knee</td>
<td>Immunosuppressive drugs</td>
</tr>
<tr>
<td>1</td>
<td>NS</td>
<td>Knee</td>
<td>Hypogammaglobulinaemia</td>
</tr>
<tr>
<td>6</td>
<td>42/F</td>
<td>Knee</td>
<td>Hypogammaglobulinaemia</td>
</tr>
<tr>
<td>This paper</td>
<td>36/M</td>
<td>Knee</td>
<td>Immunosuppressive drugs</td>
</tr>
</tbody>
</table>

NS = not stated.

M. hominis have been associated with other bacterial joint infections. Synovial fluid leucocyte counts were high with a low glucose concentration. Only 17 cases of M hominis septic arthritis have been reported in the medical literature. There are no unifying predisposing factors of these cases, although a review of the medical literature shows that eight of these patients were immunocompromised (47%) (table 1), and only one case after renal transplantation. With only one exception, all the reported cases presented with monarticular or oligarticular arthritis involving large joints. Our case occurred in a renal transplant recipient and although, antibody deficiency is particularly prone to chronic mycoplasmal infections, serum immunoglobulin concentrations were normal. We only performed one measurement and we do not exclude transient hypogammaglobulinaemia. Optimal treatment for M hominis joints infections is unknown. Doxycycline apparently only suppresses and does not eradicate the infection. However, our patient had a good clinical response without recurrent arthritis. If bacterial antigens in the joint are critical in the persistence of arthritis, it is possible that the removal of the synovium contributed to the resolution of the arthritis.

We illustrate the importance of considering infection with unusual organisms in immunocompromised hosts. Correct diagnosis will be made only if mycoplasma infection is considered, and appropriate investigations performed.

Serum uric acid in acute gout

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