It is concluded that osteoporosis is a generalized phenomenon in rheumatoid arthritis, relating more to the duration of the arthritis than to the presence of treatment with corticosteroid therapy.

The most striking results from this study which has not to our knowledge been reported previously is the relationship between serum uric acid and plasma urea. A result which invites a great deal of interesting speculation.

### References


**Smith, D. A. (1971) Osteoporosis. Thesis for M.D., University of Glasgow.**


A.C. Kennedy, J. Brennan, J. Anderson, P. Brooks, W. W. Buchanan, and W. C. Dick (The Centre for Rheumatic Diseases, the University Department of Medicine, Royal Infirmary, Glasgow, and the Department of Biomathematics, Oxford)

Fifty-seven normal healthy subjects were studied of whom 30 were female (mean age 27.6 years ± 1.8 SEM, range 18–52 years) and 27 were male (mean age 29.7 years ± 1.9 SEM, range 21–57 years). Each subject was receiving a normal solid and fluid diet and none had taken alcohol or any drug within 24 hours of this study. Height, (cm) and weight (kg) were measured and a sample of serum obtained for uric acid estimation. Total body potassium (TBK) was measured in each subject using a mobile whole body monitor with a sodium iodide detector and shadow shield protection (Boddy and others, 1971). Lean body mass (LBM) was derived from the formula of Hume and Weyers (1971) and also from the TBK content (Boddy, and others, 1972).

In 14 male and 11 female subjects a further sample of venous blood was obtained for the determination of plasma potassium, intracellular potassium, packed cell volume, and urea. A regression analysis (Table) of Serum uric acid upon each of these parameters showed no relationship to plasma or intracellular potassium or to packed cell volume but a significant (*P < 0.001*) relationship to height, weight (whether derived from TBK or Hume-Weyer formula), and plasma urea. The most marked relationship, however, was to sex and the results of a further regression analysis with adjustment for sex gave evidence that the concentration of serum uric acid is influenced predominantly by the sex of the subject but that a series of secondary factors contribute and summate within either the female or male group.

<table>
<thead>
<tr>
<th>Table</th>
<th>Separate regressions of uric acid</th>
</tr>
</thead>
<tbody>
<tr>
<td>Independent variable</td>
<td>Slope β</td>
</tr>
<tr>
<td>Height (cm)</td>
<td>0.064</td>
</tr>
<tr>
<td>Weight (kg)</td>
<td>0.047</td>
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<tr>
<td>Sex</td>
<td>1:898</td>
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<tr>
<td>LBM</td>
<td>0.113</td>
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<tr>
<td>TBK</td>
<td>0.027</td>
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<tr>
<td>Ht, wt, age K (predicted)</td>
<td>0.029</td>
</tr>
<tr>
<td>Ht, age K (predicted)</td>
<td>0.028</td>
</tr>
<tr>
<td>Urea T, wt, LBM (Hume-Weyer formula)</td>
<td>0.095</td>
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<tr>
<td>Plasma K</td>
<td>0.372</td>
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<tr>
<td>Intracellular K (male)</td>
<td>0.068</td>
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<tr>
<td>Intracellular K (female)</td>
<td>0.002</td>
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<tr>
<td>Packed cell vol (male)</td>
<td>0.227</td>
</tr>
<tr>
<td>Packed cell vol (female)</td>
<td>0.054</td>
</tr>
</tbody>
</table>

### Assessment of Activity in SLE: A Clinical and Serological Study.

J. P. Edmunds, C. Brunel, and G. R. V. Hughes (Department of Medicine, Royal Postgraduate Medical School, London W12)

The entity of SLE may consist of groups of patients with distinct disease patterns in which involvement is limited to certain systems. To investigate this possibility, 20 patients were admitted for a 48-hour period for full clinical and laboratory assessment, including renal and respiratory function, EEG, and fluorescein retinal angiography. 19 patients were female and the average age was 33 years. Four patients did not fulfill the ARA criteria for the diagnosis of SLE.

The frequency of disease manifestations was similar to that reported by Dubois with the exception of renal involvement which occurred in only 25% of our group. While only one of the 20 patients had over 3.5 g proteinuria, 6 had proteinuria of >0.5 g daily, urinary red cells or a creatinine clearance of <60 ml/min. Five of the 6 patients on whom a renal biopsy was performed showed changes on light microscopy. Nine patients had respiratory symptoms at the time of the study but respiratory function tests were abnormal in 16, the most common abnormality being diffusion and restrictive defects. Three patients had central nervous system symptoms when studied and a further 5 had previously been symptomatic: of these 8 patients, 6 had severe headaches, 5 had an abnormal EEG, and 6 showed leakage of dye on fluorescein angiography; none had an abnormal brain scan. Of 11 patients without apparent CNS involvement, one had headache and 2 had an abnormal EEG and leakage of dye on fluorescein angiography. Twelve patients were considered to have active lupus: their mean DNA binding capacity was 70% (normal 0–30%) with a mean serum C3 level of 67% (normal >70%); of the 8 patients with inactive disease the mean DNA binding capacity was 67% and the mean...
serum C3 level was 83%. All 4 patients who failed to fulfil the A.R.A. criteria but had a positive ANF and raised DNA binding capacity were found to have clinically unsuspected abnormalities on investigation.

It is concluded that respiratory function tests and the EEG and retinal fluorescein angiography are valuable laboratory aids in assessing the extent of disease involvement in SLE. These tests, taken together with serological markers, may help to detect a more benign group of SLE patients. In the 20 patients studied no clear disease patterns of lupus were shown.

**Penicillamine Nephropathy.** D. R. Swinson, E. B. D. Hamilton, and F. E. Dische (Department of Rheumatology and Pathology, King's College Hospital, London)

Penicillamine produces benefit in rheumatoid arthritis and is being increasingly used for this condition. A proportion of patients develop side effects including proteinuria. In a series of 106 patients so far treated, nine patients have developed proteinuria. Four developed proteinuria in excess of 6 g/day, one with the nephrotic syndrome, and these patients were biopsied. Duration of treatment was 5 months in one patient and 9-13 months in the other eight. Creatinine clearance values were normal. The proteinuria has taken up 10 months to disappear in two of the patients. By light microscopy, the glomeruli showed minimal capillary thickening and a slight mesangial matrix increase, or were indistinguishable from normal. Immunofluorescent examination showed granular deposits of IgG and C3 component of complement in the glomerular capillary walls in all four cases but failed to show the presence of C1q, in contrast to the presence of this component in four out of six patients with idiopathic membranous glomerular nephropathy and one patient with SLE membranous glomerular nephropathy. Electron microscopy showed subepithelial electron dense deposits and fusion of epithelial foot cell processes. The findings, therefore, are similar to those of early idiopathic and SLE membranous glomerulonephritis except for the relative absence of C1q and C4. The lesions are presumed to be due to immune complex localization (Germuth and Rodriguez, 1973) and the absence of C1q may indicate that complement activation by the classical sequence has declined in the interval between the end of treatment with penicillamine and biopsy.

Reference


**Antibody-Mediated Leucocyte Cytotoxicity to Chang Human Liver Cells in Rheumatoid Arthritis and Other Diseases.** G. S. Panayi (Guy's Arthritis Research Unit and Department of Medicine, Guy's Hospital, London)

To be published in full in the *Annals.*

**Notes**

**Robecchi Prize, 1975**

The Robecchi Prize for 1975, founded to commemorate the late Professor Alessandro Robecchi, an outstanding rheumatologist, has this year been awarded equally to a group of research workers at the Westminster Hospital led by Dr. D. A. Brewerton and Dr. D. C. O. James, and to a group in Los Angeles represented by Dr. R. Bluestone. The prize is for the original and simultaneous discovery of the association of the histocompatibility antigen HL-A 27 and ankylosing spondylitis and the subsequent discoveries which have flowed from this. The value of the prize is 1500000 lire.

**Royal Microscopical Society International Symposia and Exhibition (Micro '76)**

The symposia and exhibition will be held from 13-17 September 1976 at the Wembley Conference Centre, Wembley, London, and will include a one-day Symposium on 'Microscopy in Arthritis'. The emphasis in this Symposium will be placed both on the technology of microscopy and upon the nature of the pathological problems studied.

Further information may be obtained from the Secretary, Royal Microscopical Society, 37/38 St. Clements, Oxford OX4 1AJ, or from Professor D. L. Gardner, Institute of Pathology, The Queen's University of Belfast, Grosvenor Road, Belfast BT12 6BA.
Assessment of activity in SLE: a clinical and serological study.
J P Edmonds, C Bruneau and G R Hughes

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