and CRP scores (p=0.005, p=0.003) were significantly lower respectively. No statistical significance was found in terms of NLR and PLR (p>0.05).Significant positive correlation was found in RA patients with high disease activity between ESR, CRP, NLR and PLR. In AS patients with high disease activity significant positive correlation was found between ESR, NLR and PLR. No correlation was found between disease activity indices, NLR and PLR.

Conclusions: With the advantage of cost effectiveness and easy calculation NLR and PLR in RA patients, and NLR in AS patients might be used as indicators of inflammation together with ESR and CRP or instances when they are not applicable.Although NLR and PLR are useful in the discrimination of healthy and diseased subjects, they are not sufficient to determine disease activity because not only laboratory parameters but clinical findings and self assessment of the patient are also included in activity measurement.

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AB0035 ANGIOPOIETINS: THE MISSING LINK IN POEMS SYNDROME?

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Background: POEMS syndrome (Polyneuropathy, Organomegaly, Endocrinopathy, Monoclonal gammopathy and Skin changes) is a rare multiorgan disease related to plasma cell dyscrasia. The pathogenesis of the POEMS syndrome is currently unknown, but microangiopathy involving neoangiogenesis and increased vascular permeability may explain some of the features of the disorder. Although vascular endothelial growth factor (VEGF) is constantly highly abundant in the serum of patients with POEMS syndrome, therapeutic approaches targeting the VEGF have led to conflicting results, suggesting that other mediators sharing functional similarities with the VEGF contribute to the pathogenesis. Angiopoietins are known to be involved in the development, remodeling and stability of blood vessels. It is thus tempting to speculate that altered expression of angiopoietins might contribute to the pathogenesis.

Objectives: The aim of this study was to evaluate the circulating levels of three major angiogenic cytokines in patients before and after treatment: VEGF, angiopoietin-1, which plays an essential role in the stabilization and the maturation of blood vessels, and angiopoietin-2 that facilitates angiogenesis in the presence of VEGF.

Methods: Circulating levels of VEGF, Angiopoietin-1 and angiopoietin-2 were determined by ELISA in the serum of 3 patients with POEMS syndrome, before and after therapy. All patients had polyneuropathy, organomegaly, a monoclonal gammopathy (2 IgAl, 1 IgGk) and osteosclerotic lesions. Two patients had typical skin lesions, oedema and one patient had a Castleman disease.

Results: As expected, the serum of patients before treatment exhibited high levels of VEGF (2901±920 pg/mL). Strikingly, angiopoietin-1 levels were highly abundant before treatment (67286±20395 pg/mL) and successful treatment led to a strong reduction in both VEGF and angiopoietin-1. Angiopoietin-1 levels strongly correlated with levels of VEGF (r=0.83). By contrast, angiopoietin-2 levels did not differ significantly before and after treatment.

Conclusions: Thus, angiopoietin-1 seems to be a crucial proangiogenic cytokine overproduced in patients with POEMS syndrome that might explain some of the features of the pathology. The overproduction of VEGF and angiopoietin-1 is likely to promote manifestations encountered in POEMS syndrome such as organomegaly, osteosclerotic lesions or glomeruloid hemangioma. Restoring the balance between angiopoitein-1, angiopoietin-2 and VEGF could constitute a very promising therapeutic strategy in this disease.

Disclosure of Interest: None declared

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AB0036 ASSOCIATION BETWEEN SYNOVITIS AND INFLAMMATORY CITOKINES SERUM LEVELS IN A COHORT OF PATIENTS AFFECTED BY PRIMARY KNEE OSTEOARTHRITIS

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Background: Osteoarthritis (OA) is characterized by progressive loss of cartilage, deterioration of subchondral bone and mild synovial inflammation. Classified for a long time as a non-inflammatory arthropathy, a growing number of evidences has suggested that OA course could be driven by systemic and localized inflammation. In particular, serum levels of Interleukin (IL)-6 have been associated with higher prevalence of osteophytes in older adults with knee OA. Furthermore, high levels of other inflammatory cytokines have been identified in serum and synovial fluid of OA patients.

Objectives: In the present cross-sectional study, we aimed at analyzing the correlation between articular inflammatory state, reflected by ultrasonographically-detected synovitis, and the serum levels of 27 cytokines, chemokines and growth factors in a cohort of primary knee OA.

Methods: We consecutively enrolled 47 patients (M/F 16/31, mean age ±SD 63.8±7.8 years, mean onset interval ±SD 70.0±78.6 months) affected by knees OA according to clinical and radiographic ACR criteria. Patients were excluded if they had received non-steroidal anti-inflammatory drugs or other analgesics within the 2 days before enrollment. Pain was assessed with a 100-mm visual analogue scale (VAS), and the Lequesne algo-functional index was used to measure the OA severity. BMI was registered. Each patient underwent ultrasonographic (US) assessment of both knees performed by a single operator. According with OMERACT definitions, we assessed the presence of synovial effusion, synovial hypertrophy and power Doppler. These elementary lesions were scored according to a semi-quantitative scale (0 = absent, 1 = mild, 2 = moderate and 3 = severe), the sum of them allows obtaining a total score of the patient's inflammatory state (0–18). Finally, blood samples for laboratory assays were obtained and commercially available multiplex bead based immunoassay kits (Human 27-plex, Bio-Rad laboratories, Hercules, CA) were used to measure concentrations of IL-1β, IL-1RA, IL-2, IL-4, IL-5, IL-6, IL-7, IL-8, IL-9, IL-10, IL-12, IL-13, IL-15, IL-17, FGF-Basic, G-CSF, GM-CSF, interferon-γ, IP-10, MCP-1, MIP-1α, MIP-1β, PDGF, RANTES, TNF, VEGF.

Results: At the study enrollment, OA patients showed a mean±SD US synovitis score of 4.4±2.7, a mean±SD VAS pain rating of 53.3±16.6 mm (range 18–90 mm), a mean±SD Lequesne index of 10.2±4.2 (range 1.5–19), a mean±SD BMI of 26.8±4.2 (range 20–34.7). Positive correlations among US synovitis score and serum levels of IL-6 (r=0.3, p=0.01), IL-2 (r=0.3, p=0.01), IL-5 (r=0.3, p=0.01), IL-7 (r=0.3, p=0.03), MIP-1b (r=0.3, p=0.01), VEGF (r=0.3, p=0.02) were found. Moreover, US synovitis score positively correlated with Lequesne index (r=0.4, p=0.004) and BMI (r=0.4, p=0.04).

Conclusions: The results of the present study confirmed that OA may be associated with systemic inflammatory changes, as demonstrated by the positive correlation between US synovitis and several inflammatory cytokines serum levels.

Disclosure of Interest: None declared

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AB0037 SERUM CYTOKINE SIGNATURE IN MUCOCUTANEOUS AND OCULAR BEHÇET'S DISEASE

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Background: Behçet's disease (BD) is a multi-systemic inflammatory disorder consisting of recurrent oral aphthosis, genital ulcers, and chronic relapsing bilateral uveitis. However, many other organs including the vascular, gastrointestinal, neurological, and musculoskeletal systems can be affected. Pathogenetically, both innate and adaptive immunity have shown to play a pivotal role, and several proinflammatory cytokines derived from Th1 and Th17 lymphocytes seem to be involved in different pathogenic pathways leading to development of the clinical manifestations.

Objectives: The primary aim of our study was to compare a core set of proinflammatory cytokines between patients with BD and healthy control (HC). The secondary aim was to evaluate potential correlations between these putative circulating biomarkers, the status of disease activity, and the specific organ involvement at the time of sample collection.

Methods: Fifty-four serum samples were collected from 46 BD patients (17 males, 29 females, mean age 45,5±11,3 years), and 19 HC (10 males, 9 females, mean age 43±8.3 years). Twenty-five serum cytokines (APRIL/TNFS13, BAFF/TNFSF13B, sCD30/TNFRSF8, sCD163, Chitinase3-like1, gp130/sIL-6Rb, IFNb, sIL-6Ra, IL-10, IL-11, IL-19, IL-20, IL-26, IL-27 (p28), IL-28A/IFN-lambda2, IL-29/IFN-lambda1, IL-32, IL-34, IL-35, LIGHT/TNFSF-14, Pentraxin-3, sTNF-R1, sTNF-R2, TSLP and TWEAK/TNFSF-12) were simultaneously quantified using a Bio-Rad cytokine bead arrays.

Results: Serum levels of Chitinase3-like1, gp130/sIL-6Rb, IL-11, IL-26, sTNF-R1, sTNF-R2 were significantly higher in BD patients than in HC. Specifically, serum concentration of sTNF-R1 (p<0.01) and sTNF-R2 (p<0.01) resulted higher in both active- and inactive-BD than HC, whilst Chi-tinase3-like1 (p<0.05) and gp130/sIL-6Rb (p<0.01) serum levels were significantly higher in in-active-BD, and IL-26 (p<0.01) in active-BD than HC. No differences were observed between inactive- and active- BD group. In addition, comparing cytokines levels in patients affected by mucocutenous manifestations with (MO-BD) or without (M-BD) ocular